Healthy Families America (HFA)

Family, Maternal & Child Health Programs
**Mission & Vision**

* **Vision:** All children receive nurturing care from their family essential to leading a healthy and productive life.

* **Mission:** To promote child well-being and prevent the abuse and neglect of our nation’s children through home visiting services.
Core Values

- Valuing Children
- Strengthening Families
- Engaging Communities
1. Build and sustain community partnerships
2. Promote healthy childhood growth & development
3. Cultivate & strengthen nurturing parent-child relationships
4. Enhance family functioning
Program Outcomes

To date, research and evaluation indicates the following HFA national outcomes:

- Reduced child maltreatment
- Increased utilization of prenatal care
- Decreased pre-term, low weight babies
- Improved parent-child interaction
- Decreased dependency on welfare, or TANF and other social services
- Increased access to primary care medical services
- Increased immunization rates
- Improved school readiness
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12 Critical Elements

1. Services initiated prenatally or at birth
2. Standardized assessment tools
3. Voluntary services and positive outreach efforts
4. Intensive services
5. Culturally competent services
6. Focus on supporting the parent, parent-child interaction and child development
12 Critical Elements

7. Link to medical provider and other community resources
8. Limited caseloads of $\leq 25$
9. Staff selected based on personal characteristics
10. Staff have a framework for handling a variety of experiences
11. Intensive training
12. Ongoing and effective supervision
**Infant Mental Health:** HFA embraces the Infant Mental Health approach, knowing that babies and young children thrive when they are properly cared for and nurtured by adults.

**Family-Centered:** HFA's central principle is one of family-centeredness. HFA focuses on the needs and welfare of children within the context of their families and communities.
Culturally Sensitive: HFA services should be culturally sensitive such that staff understands, acknowledges and respects cultural difference among families.

Strength-based: HFA is grounded in a strength-based philosophy believing that all parents have strengths and resources for their own empowerment.
**Parallel Process:** A key component to delivering HFA services is the home visitor's ability to develop a nurturing relationship with the family.

**Reflective Practice:** HFA believes in the necessity of reflective practice as a continuous process that involves attention to all relationships, including the relationship between the infant and the parent, the parent and the home visitor, and the home visitor with the supervisor.
* Received Affiliation with National Office 11/12/13

* **HFA Community Advisory Board:** NFP Community Advisory Board expanded to include HFA

* **Target Population:** Pregnant women receiving prenatal care at Healthy Start Clinics in Pittsburg, San Pablo and Martinez

* Families will be served until babies reach 2 years.

* **HFA Staff:**
  * 1 Program Manager/Supervisor
  * 4 Community Health Worker Specialists
  * 1 Senior Health Education Specialist
  * 1 Senior Level Clerk
Training

- HOME Assessment
- ASQ-3 and ASQ-SE
- Core Training
- 35-hour On-line Training
- Family Assessment
- Partners for a Healthy Baby Curriculum
Contact Information

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