

Healthy Families America (HFA)

Family, Maternal & Child Health Programs



Mission & Vision

- * **Vision:** All children receive nurturing care from their family essential to leading a healthy and productive life.
- * **Mission:** To promote child well-being and prevent the abuse and neglect of our nation's children through home visiting services.



Core Values

Valuing
Children



Strengthening
Families



Engaging
Communities

Program Goals

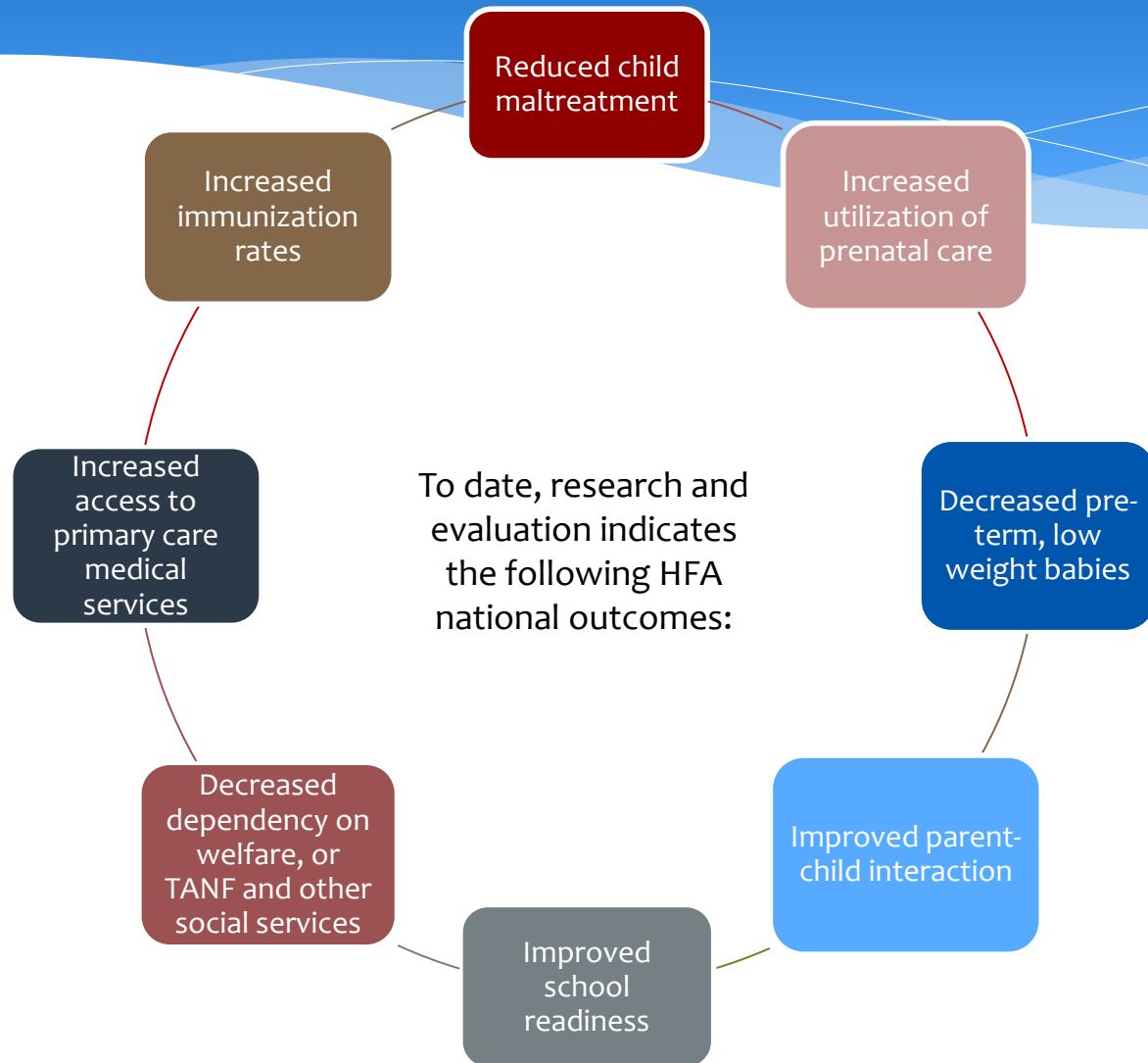
1. Build and sustain community partnerships

2. Promote healthy childhood growth & development

3. Cultivate & strengthen nurturing parent-child relationships

4. Enhance family functioning

Program Outcomes



12 Critical Elements

1. Services initiated prenatally or at birth
2. Standardized assessment tools
3. Voluntary services and positive outreach efforts
4. Intensive services
5. Culturally competent services
6. Focus on supporting the parent, parent-child interaction and child development

12 Critical Elements

7. Link to medical provider and other community resources
8. Limited caseloads of ≤ 25
9. Staff selected based on personal characteristics
10. Staff have a framework for handling a variety of experiences
11. Intensive training
12. Ongoing and effective supervision



HFA Philosophy

- * **Infant Mental Health:** HFA embraces the Infant Mental Health approach, knowing that babies and young children thrive when they are properly cared for and nurtured by adults.
- * **Family-Centered:** HFA's central principle is one of family-centeredness. HFA focuses on the needs and welfare of children within the context of their families and communities.



HFA Philosophy

- * **Culturally Sensitive:** HFA services should be culturally sensitive such that staff understands, acknowledges and respects cultural difference among families.
- * **Strength-based:** HFA is grounded in a strength-based philosophy believing that all parents have strengths and resources for their own empowerment.



HFA Philosophy

- * **Parallel Process:** A key component to delivering HFA services is the home visitor's ability to develop a nurturing relationship with the family.
- * **Reflective Practice:** HFA believes in the necessity of reflective practice as a continuous process that involves attention to all relationships, including the relationship between the infant and the parent, the parent and the home visitor, and the home visitor with the supervisor.

HFA in Contra Costa County

- * **Received Affiliation with National Office 11/12/13**
- * **HFA Community Advisory Board:** NFP Community Advisory Board expanded to include HFA
- * **Target Population:** Pregnant women receiving prenatal care at Healthy Start Clinics in Pittsburg, San Pablo and Martinez
- * Families will be served until babies reach 2 years.
- * **HFA Staff:**
 - * 1 Program Manager/Supervisor
 - * 4 Community Health Worker Specialists
 - * 1 Senior Health Education Specialist
 - * 1 Senior Level Clerk

Training

- * HOME Assessement
- * ASQ-3 and ASQ-SE
- * Core Training
- * 35-hour On-line Training
- * Family Assessment
- * Partners for a Healthy Baby Curriculum

Contact Information

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