Chair Leng, called the meeting to order at 4:15 p.m.

I. Chair Leng welcomed everyone. Due to the large number of people in attendance for the presentation portion of Item IV, Chair Leng moved the item to the top of the agenda.

IX. HeartSafe Community
Staff member Dodson recognized Sara Broski, a 15-year-old girl who saved the life of a fellow BART passenger by performing CPR after the woman suffered cardiac arrest (SCA) while aboard a train on May 13th. Also honored were personnel from AMR and Contra Costa County Fire Protection District who responded to the call.

Anita Grogan, chapter leader of The San Francisco Bay Area Chapter of the Sudden Cardiac Arrest Association, and her husband, SCA survivor Jack Grogan, also presented Ms. Broski with an award.

Ms. Grogan noted that it would be wonderful if enough citizens were trained in CPR so that Ms. Broski’s heroic actions would be the norm in cases of people witnessing SCA. She and her husband then outlined the work of their organization, which is to promote awareness of SCA and the importance of knowing CPR and how to use an AED. They then expressed their support of the County’s HeartSafe Community initiative.
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**Staff member Dodson** then reported on the launch of the *HeartSafe Community* initiative. The program was developed to strengthen a community’s “chain of survival” by ensuring early access to care, early CPR, early defibrillation, and early advanced care. Cities, as well as unincorporated areas throughout the county, are being invited to participate in this program. The program establishes a point system and awards “heartbeats” for having automated external defibrillators in place, encouraging citizens to learn CPR, and other things which ensure cardiac safety. Once a community reaches a pre-determined amount of heartbeats it will earn a *HeartSafe Community* designation. The criteria for the initiative has been sent out to cities, towns and municipal advisory groups within the county. Information will also be available on the EMS website at cccems.org.

**Member Swartzell** commended **Staff member Dodson** and Contra Costa EMS for stepping forward as lead agency on this initiative.

I. **Introduction of Members and Guests**  
Chair Leng asked for self introductions.

II. **Approval of March 11, 2009 Minutes**  
M/S/C (Speakman/Juster) to approve minutes of the March 11, 2009 meeting.

III. **Comments from the Public**  
There were no comments.

IV. **Chair’s Report**  
Chair Leng had no report.

V. **Members Reports**  
There were no reports.

VI. **State Pandemic Flu Exercise/H1N1 Update**  
**Member Lathrop** reported that due to the H1N1 outbreak the State decided to do a debriefing rather than an exercise. Any one interested in attending can contact the EMS office for more information.

**Member Lathrop** briefed the group on the timeline of events concerning the H1N1 outbreak. He noted that Health Services successfully activated its DOC through virtual activation, which allowed participating staff to continue to work from their own work locations. Contra Costa County Public Health immediately opened up a website devoted to H1N1 with guidelines from the County and informative links (www.cchealth.org/). He noted that one of the things to consider will be how to better handle the phenomenal amount of conference calls which took place the first few weeks of the outbreak.

**Member Lathrop** stated that though tragically there have been deaths associated with the flu, a lot of valuable lessons have been learned. Three issues concerning local EMS are: 1) hospitals and first responders did not have sufficient personal protective equipment (PPE), and there were no masks available for purchase. **Member Lathrop** stated that each agency should be prepared with what its PPE need is for an outbreak lasting at least 30 days. 2) It was apparent that surveillance through Reddinet in hospital emergency departments (EDs) is difficult for ED staff when there is a lot of activity. EMS will work with EDs to see how this might be managed better. 3) There were some breakdowns in communications and facilities such as convalescent homes were out of the information loop.

**Member Lathrop** also briefed the group on the antiviral distribution from the State stockpile. He stated that we received conflicting information from the Feds and the State regarding the supply, and that there were some issues around stockpile requests that need to be worked out. **Member Tobias** asked what the antiviral allotment was for Contra Costa County (CCC). [ED: Per Public Health - Tamiflu Receipt: 18 whole pallets and one partial pallet = 81,312 five-day courses (43% of CCC’s allocation) / Relenza Receipt: 10 whole pallets and one partial pallet = 10,192 five-day courses (25% of CCC’s allocation).]
VII. **EMS System Plan Progress to Date for Approval**

*Staff Frost* presented the Specific Objectives and Timeline/Actions to be Addressed from the EMS System Plan Update 2007/08. She noted that Contra Costa County has a very large number of projects and programs which have successfully met the State Standard.

*M/S/C (Tobias/Freitas)* to approve the EMS System Plan Progress to Date.

VIII. **Infection Control Information**

*Member Swartzell* shared that community-acquired MRSA is on the rise and that first responders are at great risk. Traditional disinfection methods are not effective against MRSA. *Member Swartzell* has been researching a decontamination system (Zimek) which can kill 99% of bacteria on an ambulance in seven minutes, and results last 30 days. He reported that agencies who are using the system have reported a 40% decrease in absenteeism due to illness. The cost is $52,000 per unit. San Ramon Valley Fire will be hosting a demonstration of the system and is currently looking at possible funding for the system.

X. **Contra Costa Medical Reserve Corps (MRC)**

*Member Lathrop* gave an update on the progress of the MRC formation. He said that the County's application successfully went through the official federal registration process. There was a good turnout at the April orientation and that many volunteers have a lot of experience in disaster medicine. *Member Lathrop* stated that *Member Tobias*, who was instrumental in the initiation of the MRC, will be stepping down from his leadership role, due to other obligations. *Neil Jayasekera*, MD, (Contra Costa Regional Medical Center) has accepted the role of MRC Volunteer Director. In addition, EMS has contracted *Sam Bradley* to provide consultation and training services for the MRC.

XI. **EMCC Officer Nominating Committee Presentation of Slate of Proposed Officers for 11/09 to 11/11 Term**

*Member Juster*, on behalf of the EMCC Officer Nominating Committee, put forward the following nominations:

Chair – Kacey Hansen, RN  
1st Vice Chair – Paul Freitas, MD  
2nd Vice Chair – Leslie Mueller  
Executive Committee – Ross Fay, and Andy Swartzell

There being no additional nominations, *M/S/C (Speakman/Barger)* to accept these nominations of officers for the period of November 1, 2009 through November 30, 2011.

*Chair Leng* thanked *Members Juster, Ibrahim* and *Lee* for staffing the EMCC Officer Nominating Committee.

XII. **EMS Director’s Report**

*Member Lathrop* gave a brief update on the County budget. He then addressed a proposal to move the functions of the State’s Emergency Medical Services Authority (EMSA), which is currently an independent department, to the State Department of Public Health. *Member Lathrop* indicated that the EMSA Administrators Association wants to see EMSA continue as an independent department.
XIII. EMS Medical Director’s Report

Member Barger reported that he and EMS staff are currently working to renew treatment guidelines and are putting together a pocket-sized field treatment guide. He also shared that the STEMI system statistics are excellent, thanks to great coordination between hospitals, first responders and transport providers.

XIV. Agenda Items for Next Meeting – September 9, 2009

- Contra Costa County Medical Reserve Corps (MRC)
- Doctors Medical Center

XV. Adjournment

The meeting adjourned at 5:37 p.m.

Respectfully submitted,
EMCC Secretary