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I. Introduction
A. Overview of EMS

Emergency Medical Services is a system of services organized to provide rapid response to serious medical emergencies, including immediate medical care and patient transport to definitive care in an appropriate medical setting. An effective EMS system involves a variety of agencies and organizations working together to accomplish the goal of providing rapid emergency medical response and treatment. While most EMS responses are day-to-day emergencies, EMS agencies also plan and prepare for disaster medical response.

The EMS system includes:

- Public safety dispatch centers
- Fire services
- Ground and air ambulance services
- Law enforcement agencies
- Hospitals and specialty care centers
- Training institutions and organizations
- Citizen, professional, and technical advisory groups
- Local and State EMS Agencies
- Other governmental and voluntary organizations

In California, EMS systems are organized on a county or regional basis. Local EMS Agencies (LEMSA's) are designated by county boards of supervisors as the lead agencies responsible for coordinating EMS services at the county or regional level consistent with State law and regulations.

The California Emergency Medical Services Authority (EMSA) approves local EMS system plans, provides guidance to local EMS agencies, develops EMS regulations, administers the Regional Poison Control Center program, and carries out other EMS activities. The State EMS Commission, with members appointed by the Governor and certain other State officials, is advisory to the EMSA and reviews and approves all EMS regulations.

In Contra Costa County, the Board of Supervisors has designated County Health Services as its Local EMS Agency. The EMS Director, EMS Medical Director, and staff carry out the EMS functions of Health Services. The EMS Medical Director has statutory responsibilities to oversee medical aspects of the EMS program. An Emergency Medical Care Committee (EMCC) provides advice regarding EMS matters to the Board of Supervisors and to the EMS Agency.
B. Local EMS Agency Functions.

Principal functions of a local EMS agency as specified in the Health & Safety Code include:

- Planning, implementing, and evaluating emergency medical services.
- Monitoring and approving EMT-I, paramedic, and Mobile Intensive Care Nurse (MICN) training programs.
- Conducting credentialing programs for EMT-I’s, paramedics and MICN's.
- Authorizing advanced life support (ALS) programs.
- Establishing policies and procedures for EMS system medical control, including those for dispatch, patient destination, patient care, and quality improvement.
- Establishing ordinances and/or exclusive operating areas for the regulation of ambulance services.
- Approving and monitoring Prehospital Continuing Education Providers.
- Developing and implementing a trauma system plan.
- Conducting an impact evaluation when notified that an acute care hospital plans to downgrade or cease providing emergency medical services.

The County Board of Supervisors has further charged the Health Services Department as the local EMS Agency with the following responsibilities:

- Monitoring interfacility patient transfers.
- Implementing EMS program enhancements funded under County Service Area EM-1 (Measure H).
- Tracking and monitoring hospital emergency and critical care capacity.

Additionally, the EMS Agency is the lead agency responsible for:

- Procuring and monitoring emergency ambulance services countywide.
- Implementing and monitoring an Emergency Medical Services for Children Program countywide.
- Planning for and coordinating disaster medical response at local and regional levels.

To accomplish these functions, the EMS Agency employees a staff of 11, including the EMS director, part-time EMS medical director, program coordinator, Health Services disaster preparedness manager, two prehospital care coordinators, trauma coordinator, training coordinator, half-time contract RN, and two clerks.
C. **Emergency Medical Care Committee.**

Each county may, under the Health & Safety Code, establish an Emergency Medical Care Committee (EMCC) with membership prescribed and appointed by the county board of supervisors. A County EMCC acts as an advisory body to its board of supervisors and to its local EMS agency on all matters relating to EMS.

The Contra Costa EMCC consists of five consumer representatives and five consumer alternate representatives, one representative and alternate representative from each of the five supervisorial districts, and representatives and alternate representatives of the following groups and organizations:

- Alameda-Contra Costa Medical Association
- American Heart Association
- American Red Cross
- California Highway Patrol
- Contra Costa Contract Ambulance Provider
- Air Medical Transportation Provider
- Emergency Department Physicians
- Emergency Nurses Association
- Contra Costa Fire Chiefs' Association
- Field Paramedic (1 private/1public)
- County Health Services
- Hospital Council – Bay Area Division
- Contra Costa EMS Training Institution
- Contra Costa Police Chiefs' Association
- Contra Costa Public Managers' Association
- Contra Costa Sheriff-Coroner
- Base Hospital
- Trauma Center
- Community Awareness and Emergency Response (CAER)
- Communications Center Managers Association
- EMS Director

The EMCC meets quarterly and all meetings of the EMCC and its subcommittees are open to the public. The Emergency Medical Care Committee will provide reasonable accommodations for persons with disabilities planning to attend Emergency Medical Care Committee meetings who contact Lauren Kovaleff, EMS Program Coordinator at least 24 hours before the meeting, at (925) 646-4690.
D. Delivery of EMS Services.

EMS services are typically provided in response to a medical emergency reported through the 9-1-1 emergency telephone system. A 9-1-1 call placed from any telephone is automatically routed to the appropriate designated Public Safety Answering Point (PSAP). Calls from cellular phones are routed to the California Highway Patrol dispatch center in Vallejo. A dispatcher or complaint operator at the PSAP determines the nature of the emergency and, if the PSAP is part of a fire/medical dispatch center, obtains information necessary to dispatch appropriate response units. If the PSAP is not part of a fire/medical dispatch center, the call is transferred to a "secondary PSAP" where a dispatcher then obtains information necessary to dispatch appropriate fire/medical units.

The initial response to a potentially life threatening incident generally includes both a fire first responder unit and a paramedic staffed ambulance. The location of fire stations throughout the county enables firefighters to make a rapid initial response to a medical emergency. All fire fighters are trained in first aid, CPR and defibrillation. Most are trained and certified as Emergency Medical Technicians, which provide basic life support. In situations involving patient problems such as obstructed airway, severe bleeding, or cardiac arrest, fire fighters arriving early on scene may be able to initiate lifesaving measures and achieve some patient stabilization before the ambulance arrives. In many areas of the county, fire agencies staff first responder units with paramedics who are able to initiate advanced life support services prior to ambulance arrival.

A private company, American Medical Response, under contract with the County, provides emergency ambulance services in most areas of the County. In the San Ramon Valley and Moraga-Orinda areas, emergency ambulance service is provided by the fire service. Depending upon the nature of the incident, an ambulance may be dispatched Code 3 (red lights and siren) or Code 2 (immediate response, but following normal traffic regulations). Ambulances may be staffed with either paramedic-trained or EMT-I trained personnel.

The staffing standard for response to potentially life threatening incidents is an advanced life support (ALS) ambulance staffed with paramedics. Paramedics are able to administer lifesaving drugs and perform other lifesaving procedures. Basic life support (BLS) ambulances are staffed with two EMT-I’s and may be used for non-emergency response or to provide additional support at an emergency incident.

Patient treatment and transport are carried out under State and local EMS agency policies and procedures. These policies include, in the case of paramedics, making contact with a mobile intensive care nurse (MICN) or physician at the designated base hospital for medical consultation in patient management according to County EMS treatment guidelines.

Patients are transported to hospitals able to provide needed services. Hospital destination is determined based upon patient preference and County EMS protocols.
Critical patients may be directed to the nearest emergency department or to the trauma center. Non-critical patients may be transported to hospitals of choice within reasonable travel time.

Medical helicopter service is available to transport critical patients when ground ambulance transport time would be excessive. Two medical helicopter services, CALSTAR and REACH, are authorized to respond to local EMS calls on a daily rotation schedule. Both agencies provide advanced life support services and maintain 24-hour helicopter unit availability based at Buchanan Field in Concord. Other helicopter services are available to respond from neighboring counties if both CALSTAR and REACH are unavailable.
E. County Service Area EM-1 (Measure H) Funding.

In 1988 Contra Costa voters countywide passed ballot “Measure H” which provides for enhancements to the EMS system including increased paramedic ambulance service, additional medical training and equipment for firefighter first responders, and an improved EMS communications system. Following a 71.6% affirmative vote, the Board of Supervisors, with the support of the 18 city councils, formed County Service Area EM-1 to levy charges on real property as specified in Measure H. Assessments are limited to $10.00 annually for a single-family residence. Commercial and industrial properties are generally assessed at $30.00 or higher, depending upon the use code classification of the parcel.

Measure H assessments have been used to finance the following:

- Increased paramedic ambulance units available to respond to 9-1-1 calls,
- A countywide firefighter first responder defibrillation program including automated external defibrillators purchased and maintained for all fire response units,
- Medical supply caches purchased and maintained for multicasualty/disaster response,
- An upgrade to the MEDARS radio system used for ambulance-to-hospital communications,
- Radios for ambulances to communicate with fire first responders,
- An upgraded ambulance dispatch system and dispatcher preparedness and,
II. List of Major Accomplishments – 2002
EMS Major Accomplishments – 2002

- Provided ongoing oversight to the countywide emergency medical services and trauma system, which included some 65,459 responses to emergency medical calls made by County-contracted ambulance services, 368 medical helicopter transports by County-designated air ambulance services, and 773 serious trauma patients treated at John Muir Medical Center, the County-designated trauma center.

- Assisted with ongoing development and expansion of fire first responder paramedic services now provided by Moraga-Orinda Fire and San Ramon Valley Fire and, on a partial coverage basis, by Bethel Island Fire, Contra Costa County Fire, and El Cerrito Fire; provided ongoing oversight to the countywide fire first responder defibrillation program.

- Continued sponsorship of the Bay Area Disaster Medical Assistance Team (DMAT CA-6).

- Initiated a fingerprint background check process for EMT-I applicants through the California Department of Justice.

- Developed and implemented a Paramedic Interfacility Transfer (CCT-P) Program, which allows specially trained paramedics to transport critical, but stable patients from hospital to hospital for specialized procedures or higher level of care.

- Implemented a countywide post market evaluation of the Medtronic-Physio-Control CR Plus defibrillator.

- Participated along with hospitals and ambulance providers in Annual Statewide Disaster Exercise

- Participated on Health Services Bioterrorism Response Planning Committee to provide education and training on biological threats for emergency responders, clinicians, and the public.

- Facilitated a hazardous materials First Responder Operations Course with a medical emphasis.

- Revised EMS Aircraft policies and procedures for classification, authorization, request for, transport criteria and field operations.
III. Issues in the Forefront
A. Preparation for Biological and other Terrorist Threats

Health departments throughout the nation continue to prepare for the potential of a bioterrorist attack. In Contra Costa, the Health Services Public Health Division has added a fulltime bioterrorism coordinator and has established a Bioterrorism Advisory Committee with representation from fire, law enforcement, Red Cross, EMS, and other Health Services divisions. The Bioterrorism Advisory Committee is currently working on plans for receiving and distributing medical equipment and supplies that may be received from state and federal stockpiles in the event of a disaster and on plans to establish mass inoculation sites in communities throughout the county.

County and other organizations have been involved in the preparation of several grant applications related to bioterrorism and homeland security. Under the public health grant program administered by the federal Centers for Disease Control and Prevention (CDC) through the State Department of Health Services, Contra Costa will receive approximately $1 million for enhancements to the public health infrastructure. Hospitals in the county will receive a total of approximately $140,000 to purchase personal protective equipment for treatment teams and decontamination units through a grant administered by the federal Health Resources and Services Administration (HRSA) through the State EMS Authority. A federal Homeland Security grant administered through State OES will provide some $953,000 to Contra Costa fire, law enforcement, and health services for equipment purchases, planning, and exercises. Much of this money will be used for personal protective equipment for responders, but funds will also be used for medical supply trailers to treat mass casualty victims and to enhance the capabilities of hazardous materials response teams and the Public Health Laboratory.

B. Paramedic First Responder Services

To continue the Board of Supervisors’ direction to identify methods of implementing paramedic first responder services without incurring additional County costs, the EMS Agency issued an RFP in May 2002 for consultant services to assist in designing a plan for integrating fire paramedic first responder service with paramedic ambulance service in those areas of the county where emergency ambulance service is currently provided by private ambulance. Fitch and Associates was selected as the consultant, and began work on this project in September 2002.
C. Hospital Overcrowding and ED Diversion

After taking steps to limit diversion during the influenza epidemic of 1997-98, emergency department ambulance diversion fell dramatically within the county. However, in 2000 and 2001 diversion began trending upward reaching a new high point in 2002.

![Emergency Department Diversion Hours (ED Saturation)](chart.png)

The following is a breakdown of the number of hours of emergency department diversion in 2002 by hospital:

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sutter Delta</td>
<td>178 hours</td>
</tr>
<tr>
<td>San Ramon</td>
<td>137</td>
</tr>
<tr>
<td>John Muir</td>
<td>41</td>
</tr>
<tr>
<td>Contra Costa</td>
<td>35</td>
</tr>
<tr>
<td>Kaiser/WC</td>
<td>5</td>
</tr>
<tr>
<td>Mt. Diablo</td>
<td>2</td>
</tr>
<tr>
<td>Doctors</td>
<td>2</td>
</tr>
<tr>
<td>Kaiser/Richmond</td>
<td>-</td>
</tr>
</tbody>
</table>

Because of the potential for delaying patient care and the adverse impact diversion may have on ambulance resource availability, EMS has sought to keep emergency department diversion to a minimum. Diversion, however, is only one aspect of hospital overcrowding, and reducing or eliminating diversion may not lessen overcrowding. In some cases, reducing diversion may result in increased overcrowding.

Despite the increase in diversion in 2002, Contra Costa County remains a low diversion county. Statewide, EMS systems are beginning to take steps to significantly lower or eliminate ED diversion.
IV. EMS System Participants
A. Advisory Committees

**Emergency Medical Care Committee (EMCC):**

The EMCC is a multidisciplinary committee appointed by and advisory to the County Board of Supervisors, to the Health Services Director and its EMS Agency. Membership consists of representatives of EMS related organizations and consumers. From 1968 until 1994 the Contra Costa EMCC was appointed by and provided advice to the County Board of Supervisors. At that time the Health Services Department assumed the EMCC as an advisory body. In 1997, the Board of Supervisors re-established the EMCC as advisory to the Board. The EMCC meets quarterly (March, June, September, December), and meetings are open to the public. Specific meeting information is available through the EMS Agency.

**Medical Advisory Committee (MAC):**

The Medical Advisory Committee provides advice and recommendations to the EMS Agency and EMS Medical Director on medically related topics. Examples include ALS and BLS medical treatment guidelines; new prehospital skills and/or medications; prehospital policies and procedures related to patient medical management; and review of medical quality issues. Membership consists of base hospital coordinator/liaison physician, ALS provider agency representatives, and receiving hospital emergency physician representatives.

**Trauma Audit/Pre-Trauma Audit Committees (TAC/Pre-TAC):**

These committees evaluate trauma system care and monitor compliance to the trauma system standards established in the County Trauma System Plan according to provisions of State trauma regulations. Both TAC and Pre-TAC are held jointly with Alameda County and provide monitoring for two separate trauma systems. County EMS Medical Directors appoint members of these confidential quality improvement committees. Pre-TAC, which meets monthly, is responsible for initial committee review of all trauma related system issues, including select trauma center cases. Cases identified by Pre-TAC are referred to the Bi-County Trauma Audit Committee (TAC).

Co-chaired by the county EMS Medical Directors, TAC meets bimonthly and includes multidisciplinary representation from the four Alameda/Contra Costa County trauma centers, as well as representatives of non-trauma center receiving hospitals, prehospital care providers, ACCMA, coroner's offices, and EMS agency staff. Trauma surgeons from trauma centers outside of Contra Costa and Alameda County also participate in case review activities. Cases referred from Pre-TAC are reviewed along with cases identified as having teaching value. This committee presents observations and makes recommendations to respective EMS agencies regarding identified trauma system or trauma center issues.
**Multicasualty Advisory Committee (MCAC):**

This ad hoc multidisciplinary committee was originally organized by the EMS Agency in 1978 to develop an integrated emergency response plan for multicasualty incidents. The committee has also developed additional procedures for emergency response to varying magnitudes of emergency medical incidents. Representatives from police, fire, EMS, ambulance providers (both ground and air) and receiving hospitals participate. The Multicasualty Incident Plan was last revised in 1998.

**First Responder Defibrillation Operations Committee:**

This committee is charged with reviewing and evaluating operational matters related to the first responder defibrillation program. Membership consists of training representatives from each fire first-responder agencies. This group meets quarterly.

**EMCC Facilities/Critical Care Committee:**

This committee evaluates and makes recommendations to the EMCC with respect to issues that impact hospitals and their interface with the EMS system.

**Hospital Disaster Forum (HDF):**

This is an EMS facilitated quarterly meeting of the disaster coordinators from hospitals, cities that contain hospitals, ambulance, fire, OES, and EMS. HDF provides for discussion of issues of mutual concern regarding hospital disaster preparedness.

**B. PSAP’s and Dispatch Centers**

**Public Safety Answering Points:**

- Antioch Police Department
- California Highway Patrol
- Concord Police Department
- East Bay Regional Park Police
- Martinez Police Department
- Pinole Police Department
- Pleasant Hill Police Department
- Richmond Police Department
- Sheriff's Communications
- Walnut Creek Police Department

**Fire/Medical Dispatch Centers:**

- Contra Costa County Fire Dispatch
- West County Consolidated Communications Operations (Richmond Police)
- San Ramon Valley Fire Dispatch
- Sheriff's Dispatch (multicasualty coordination)
Ambulance Dispatch Centers:
- American Medical Response
- San Ramon Valley Fire
- Contra Costa County Fire (Moraga-Orinda only)

C. First Responders

County Fire Protection Districts:
- Contra Costa County Fire Protection District - 30 stations
- Crockett-Carquinez Fire Protection District - 2 stations
- East Contra Costa County Fire Protection District - 8 Stations
- Pinole Fire Protection District (served by Pinole Fire Department)

Municipal Fire Departments:
- El Cerrito Fire Department - 3 stations
- Pinole Fire Department - 2 stations
- Richmond Fire Department - 7 stations

Independent Fire Protection Districts:
- San Ramon Valley Fire Protection District (10 stations)
- Rodeo-Hercules Fire Protection District (2 stations)
- Moraga-Orinda Fire Protection District (5 stations)
- Kensington Fire Protection District (served by El Cerrito Fire Department)

Other First Responders:
- East Bay Regional Parks
- California Division of Forestry
- Private & military fire services

Paramedic First Responder Programs:
- Moraga-Orinda Fire - Paramedic Engine (3 units)
- American Medical Response - Byron/Discovery Bay area and Bethel Island area – Medic Unit (2 units)
- Contra Costa Fire - Paramedic Engine (17 full time units and 3 part time units)
- San Ramon Valley Fire – Paramedic Engine/Ambulance (8 units)
- El Cerrito Fire Department – Paramedic Engine (2 units)
- California Highway Patrol - Helicopter Unit
- East Bay Regional Park - Helicopter Unit
D. Emergency Ambulance Providers

- American Medical Response (16 – 33 ambulances)
- San Ramon Valley Fire (5 ambulances)
- Moraga-Orinda Fire (2 ambulances)

E. EMS Helicopters

Air Ambulances:

- CALSTAR (1) Buchanan Field; (additional helicopters in Gilroy, Salinas, Auburn and Roseville and other areas of northern California).
- REACH (1) Buchanan Field; (additional helicopters in Santa Rosa and Sacramento.
- Helicopter services available in surrounding counties include Stanford Life Flight, Palo Alto; Davis Life Flight, Sacramento; Medi-Flight, Modesto; Air Med Team, Stanislaus County

Rescue Aircraft:

- California Highway Patrol (ALS helicopter)
- East Bay Regional Parks (ALS helicopter)
- U.S. Coast Guard (BLS rescue capabilities, including hoist ability)

F. Hospitals

Receiving Hospitals:

- Contra Costa Regional Medical Center, Martinez
- Doctors' Hospital, San Pablo Campus
- John Muir Medical Center, Walnut Creek
- Kaiser Medical Center, Walnut Creek
- Mt. Diablo Hospital Medical Center, Concord
- San Ramon Regional Medical Center
- Sutter Delta Medical Center, Antioch
- Kaiser Medical Center, Richmond

Base Hospital:

- John Muir Medical Center

Trauma Centers:

- John Muir Medical Center
- Children’s Hospital and Research Center (regional trauma center for pediatric patients)
V. EMS Program Activities
A. Emergency Ambulance Services

Emergency ambulance services are provided countywide under performance based contracts in each of three exclusive operating areas. The County currently contracts with American Medical Response, San Ramon Valley Fire Protection District and Moraga-Orinda Fire Protection District. Contracts are awarded on a competitive basis, as required by law, except for Moraga-Orinda Fire, which is exempt from the competitive bid requirement under of the Health & Safety Code.

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Coverage Area</th>
<th>Ambulances</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Medical Response</td>
<td>All of west, east county and north/central county. Includes cities of Richmond, San Pablo, El Cerrito, Hercules, Pinole, Pittsburg, Antioch, Oakley, Brentwood, Martinez, Pleasant Hill, Lafayette, Walnut Creek, Concord, and Clayton.</td>
<td>16 – 33 ALS/BLS ambulances</td>
</tr>
<tr>
<td>Moraga-Orinda Fire</td>
<td>Area of Moraga-Orinda Fire Protection District including town of Moraga and city of Orinda.</td>
<td>2 ALS ambulances</td>
</tr>
<tr>
<td>San Ramon Valley Fire</td>
<td>Area of San Ramon Valley Fire Protection District including cities of Danville and San Ramon.</td>
<td>5 ALS ambulances (3 reserve)</td>
</tr>
</tbody>
</table>

Contracts with all three providers require ALS level response to all life threatening or potentially life threatening emergencies, and a 10-minute or shorter response time for at least 95 percent of all Code 3 calls within urban areas. An exception to the 10 minute/95% response standard is in the central county area of the Contra Costa Fire Protection District where a ten-minute/90% ambulance response standard has been set based on rapid paramedic first response by Contra Costa Fire paramedics.

During 2002, the EMS system received 65,459 requests for emergency ambulance response. Of these, 50,651 (77.4%) were considered to involve potentially life-threatening situations to which a Code 3 (red lights and siren) ambulance response was necessary. The remaining 14,808 (22.6%) ambulance responses were dispatched Code 2 (immediate response without lights and siren).

Of the total responses, 60,255 (92.0%) were handled by American Medical Response, 3,710 (5.7%) by San Ramon Valley Fire Protection District ambulance, and 1,494 (2.3%) by Moraga-Orinda Fire Protection District ambulance. Average Code 3 ambulance response time countywide was 7.15 minutes. Paramedic level staffing was provided on 98.5% of all Code 3 ambulance responses.

Not all ambulance responses result in patient transport. Of the 65,459 emergency ambulance responses during the year, 47,858 (73.1%) resulted in patient transport to an emergency receiving hospital. Ambulances responding to the remaining 17,601 (26.9%) requests were canceled either enroute or at the scene without the need for patient transport. Reasons for cancellation vary from poor information...
regarding patient severity, to the patient having been transported by other means such as private auto, to the patient refusing ambulance transport. In many instances a situation, which was initially perceived to be a medical emergency, had been resolved or stabilized by the time an ambulance unit arrived on the scene.

**Emergency Ambulance Dispatches**

<table>
<thead>
<tr>
<th>All EMS Ambulance Dispatches</th>
<th>1998</th>
<th>1999</th>
<th>2000</th>
<th>2001</th>
<th>2002</th>
<th>100%</th>
</tr>
</thead>
<tbody>
<tr>
<td>All EMS Ambulance Dispatches</td>
<td>53,490</td>
<td>100.0%</td>
<td>57,568</td>
<td>100.0%</td>
<td>61,531</td>
<td>100.0%</td>
</tr>
<tr>
<td>Code 3 (lights &amp; siren)</td>
<td>42,199</td>
<td>78.9%</td>
<td>44,851</td>
<td>77.9%</td>
<td>47,381</td>
<td>77.0%</td>
</tr>
<tr>
<td>Code 2</td>
<td>11,291</td>
<td>21.1%</td>
<td>12,717</td>
<td>22.1%</td>
<td>14,150</td>
<td>23.0%</td>
</tr>
<tr>
<td>American Medical Response</td>
<td>50,007</td>
<td>93.5%</td>
<td>52,169</td>
<td>90.7%</td>
<td>56,202</td>
<td>91.3%</td>
</tr>
<tr>
<td>San Ramon Fire</td>
<td>2,368</td>
<td>4.4%</td>
<td>3,825</td>
<td>6.6%</td>
<td>3,624</td>
<td>5.9%</td>
</tr>
<tr>
<td>Moraga-Orinda Fire</td>
<td>1,115</td>
<td>2.1%</td>
<td>1,574</td>
<td>2.7%</td>
<td>1,705</td>
<td>2.8%</td>
</tr>
<tr>
<td>Transport</td>
<td>38,510</td>
<td>72.0%</td>
<td>40,081</td>
<td>69.6%</td>
<td>44,931</td>
<td>73.0%</td>
</tr>
<tr>
<td>No Transport (Dry Run)</td>
<td>14,980</td>
<td>28.0%</td>
<td>17,487</td>
<td>30.4%</td>
<td>16,600</td>
<td>27.0%</td>
</tr>
<tr>
<td>Avg. Code 3 Response Time</td>
<td>7.22 minutes</td>
<td>7.10 minutes</td>
<td>7.07 minutes</td>
<td>7.18 minutes</td>
<td>7.15 minutes</td>
<td></td>
</tr>
<tr>
<td>Code 3 Responses Not Meeting Ambulance Staffing Standard</td>
<td>499</td>
<td>1.2%</td>
<td>914</td>
<td>2.0%</td>
<td>869</td>
<td>1.8%</td>
</tr>
</tbody>
</table>

**B. First Responder Services**

Most EMS responses involve dispatch of both fire and ambulance units. All firefighters are required by law to be trained in emergency first aid and most are certified as EMT-I’s. Several agencies have firefighters licensed as paramedics who respond on first responder units. Firefighters respond from the nearest fire station and are normally the first responder on the scene of a medical emergency. Eleven County-governed, independent district and municipal fire departments respond from a total of 69 fire stations within the county.

**First Responder Automated External Defibrillator (AED) Program:**

The first responder defibrillation program, established on a countywide basis in 1992, provides rapid access to life-saving care for patients with cardiac arrest. The survival rate since program implementation has remained steady over the past several years, but the number of patients shocked has decreased. In part, this is due to the increased presence of first responder paramedic units, which utilize manual defibrillators instead of AED’s. Data for first responder paramedic units is not included with AED program data.
First Responder Paramedic Programs:

First responder paramedics provide a method for combining early advanced life support care with the generally shorter response times provided by first responder units. Several models of paramedic first responder service are provided in Contra Costa County.

➤ Moraga-Orinda Fire Protection District: In 1988, the EMS Agency approved the use of a pilot program ALS Engine in Moraga Fire District, to provide back up ALS service to the Moraga paramedic ambulance. An ALS Engine, staffed with at least 1 (one) paramedic and 1 (one) EMT-1 and stocked with ALS equipment/supplies, was dispatched simultaneously with an ALS transport unit to emergency medical requests. This program received permanent approval in 1992.

In 1997, Moraga Fire Protection District merged with the Orinda Fire Protection District to form the Moraga-Orinda Fire Protection District. By 1999 all first responder units were staffed to provide paramedic advanced life support care.

➤ East Diablo Fire District: In 1992, American Medical Response, East Diablo Fire District and the EMS Agency entered into a formal cooperative effort to provide a timelier, cost effective method of delivering ALS in the Discovery Bay/Byron areas by implementing an ALS First Responder Paramedic Unit. This program, in which American Medical Response provides the first responder unit, has had a positive impact on the manner in which ALS care is delivered to this low call volume area.

➤ Bethel Island Fire Protection District: In 1996, the EMS Agency approved an ALS Engine pilot program in the Bethel Island Fire Protection District, to provide ALS service prior to the arrival of the AMR paramedic transport ambulance. In this largely volunteer district, experienced full-time paramedic employees of other ALS provider agencies were hired by Bethel Island on a part-time, on-call basis to staff its ALS Engine.

Bethel Island Fire Protection District, East Diablo Fire Protection District and Oakley Fire Protection District merged to become the East Contra Costa County Fire Protection District in 2002. The Bethel Island Fire’s First Responder Paramedic Program ended with the merger, and the EMS Agency added an American Medical Response first responder unit to cover the Bethel Island/Oakley area.

➤ San Ramon Valley Fire Protection District: In 1997, San Ramon Valley Fire Protection District implemented a program under which minimum ambulance staffing was dropped from two paramedics to one paramedic. This enabled the District to increase the number of stations with paramedic staffing and provided flexibility for responses of paramedic ambulances and paramedic engines for critical patients. A dispatch plan was developed based on Medical Priority’s Emergency Medical Dispatch System to assure two paramedics are on scene when needed for certain categories of patients.

➤ Contra Costa County Fire Protection District: In 1997, Contra Costa County Fire Protection District implemented a pilot first-responder paramedic program in the Walnut Creek area. Two engines staffed with a paramedic and 2 firefighters, and “Medic Unit”, a non-transporting unit staffed with one paramedic provides first responder services. In 1998 the program expanded to 3 (three) engines and a “Medic Unit”, the additional
engine having been added in the Martinez area. In 1999 the program expanded to seven engines and a “Medic Unit” extending coverage throughout Contra Costa Fire’s district in the central county area. In 2001 the program was expanded further to twelve units. In 2002 the program was expanded further to fifteen units. As of June 2003, there are seventeen full time units and 3 part time units.

**El Cerrito Fire Department:** In 2001, El Cerrito Fire Department implemented an ALS program by providing a paramedic engine to cover the Kensington and El Cerrito hills areas where long ambulance response times are typically over 10 minutes. El Cerrito currently has 2 paramedic engines in their district, which also covers the Kensington area.

All First Responder Paramedic programs operate under base hospital medical direction as well as EMS Agency policies and procedures.

**Emergency Medical Guidelines for Law Enforcement Agencies:**

Emergency Medical Guidelines For Law Enforcement Agencies were developed and implemented in 1992 following approval by the County Police Chiefs’ Association and the Emergency Medical Care Committee. These guidelines provide direction to law enforcement personnel when they are the first to arrive on the scene of a medical emergency. The guidelines, **newly revised in 2002**, address only the medical aspects of the officer’s responsibility. EMS staff periodically attends the Law Enforcement Training Advisory committee (LETAC) to address system changes/issues.

**C. Dispatch and Communications**

**MEDARS:**

The Medical Emergency & Disaster Ambulance Radio System is the County radio system used for ambulance-to-hospital and for Sheriff’s Dispatch-to-ambulance communications. This radio system includes four channels. Med-11 is used for communications between ambulances and Sheriff’s Dispatch. Med-12, Med-13, and Med 14 are for ambulance-to-hospital communications.

**Message Transmission Network (MTN):**

MTN is a computer network designed to interconnect the county’s four fire/medical dispatch centers, Sheriff’s dispatch, and American Medical Response (AMR) dispatch. Currently, the MTN system is in use at Contra Costa Fire Dispatch and AMR Dispatch and handles about 70% of all EMS dispatches countywide. By establishing a direct data link among the various computer-aided dispatch systems, MTN decreases dispatch time, reduces dispatch errors, and provides system response data.

MTN makes use of the All County Criminal Justice Information Network (ACCJIN), which provides an existing linkage among 9-1-1 answering points using similar protocols (TCP/IP) to those used on the Internet.

**Priority Dispatching:**

Emergency Medical Dispatch (EMD) is a process where EMS dispatchers screen calls to provide appropriate EMS first-responder/ambulance response, and provide simple emergency medical instructions for the caller to initiate prior to the arrival of EMS personnel. In 1993, Medical Priority's ProQA Dispatch System, the only available
computerized medical dispatch system at the time, was piloted in the San Ramon Valley Fire Protection District’s dispatch center. By 2000, all fire/medical dispatch centers provided fire/ambulance dispatch utilizing the Medical Priority Dispatch System.

**Fire Radios:**
Hi-band mobile radios, programmed with existing fire service radio channels, have been installed in all paramedic units, to facilitate communication among paramedics, fire dispatch centers, and fire first responders except Richmond, which has an 800-trunking radio system.

**ReddiNet:**
The ReddiNet system, implemented locally in 2001, was designed as a microwave communications link between hospitals. Hospitals and the EMS Agencies in Alameda and Contra Costa Counties are included in our local ReddiNet system. In Contra Costa, Sheriff’s Dispatch is the coordination point, and the dispatch centers for all three emergency ambulance providers are also included. On a day-to-day basis, hospitals can receive alert notices and timely incident updates from EMS and from Sheriff’s dispatch, post hospital diversion and “census alert” status, and send any important message to other hospitals individually or as a group. During multicasualty incidents, ReddiNet facilitates the reporting of hospital information and tracking ambulance assignments and patient information. During a major disaster, ReddiNet is designed to provide a reliable communication path between hospitals the counties’ disaster operations centers.

**D. Helicopter Transport**
The Operational Procedures for Patient Transport by Helicopter were originally developed during trauma system planning in 1985/1986. In 2002, policies addressing helicopter transport were implemented. Most helicopter transports are for trauma patients from distant areas of Contra Costa or from other counties to the John Muir Trauma Center in Walnut Creek. Doctors’ Hospital, San Pablo also has a helipad that may be used as an ambulance/helicopter rendezvous point, or to receive patients with major burns to its Burn Unit. The County’s current standard of care for emergency patients transport by air is by an "air ambulance" which is staffed with two ALS care providers. Rescue aircraft are also requested for their special resources. As an example, a U.S. Coast Guard helicopter has been used for its hoist capability. Additionally, a formal procedure for access of military aircraft has been adopted.

In 2002 there were 389 transports of local patients by helicopter, almost exclusively to trauma centers. Local authorized air ambulance helicopter providers, CALSTAR and REACH, are dispatched on a daily rotation schedule and performed nearly all helicopter transports in 2002. In addition to the 389 local helicopter transports, there were 164 patients transported by helicopter from out of county locations to the John Muir Trauma Center.

**E. Hospital Emergency Services**
The 8 California licensed acute care hospitals located in Contra Costa have emergency departments that provide service 24 hours/day, 7 days/week. The staff of
these emergency departments includes at least one physician, trained and experienced in emergency medicine, one or more specialized registered nurses, plus clinical and clerical support staff. Specialty physicians are generally available for consultation on patients in the emergency department “on-call”, from their offices or home.

Annually EMS Agency staff request that all 8 hospitals perform self-assessments to identify critical care capabilities and other hospital resources available to their patients. Hospital data collected includes information about:

- Special permit services such as emergency services burn unit, cardiovascular surgery service, and/or chronic dialysis unit.
- Intensive care units and surgical services.
- Hospital specialty services such as hemodialysis, trauma, specialized hand surgery and in-hospital pharmacy.
- Physician specialty availability such as orthopedics, neurology, internal medicine, surgery, and anesthesiology.
- Disaster and radiation/hazardous material exposure preparations.

The EMS Agency develops and distributes a resource document each year that includes information collected from all 8 hospitals. This document is available on request.

**Emergency Department Diversion of Ambulances:**

Diversion of ambulances by emergency departments of acute care receiving facilities in the County is permitted by EMS Policy, which was initially developed and implemented in 1985. Under ambulance diversion policy, hospitals whose emergency departments are temporarily overloaded, may direct certain ambulance patients to other nearby hospitals. The purpose of this policy is to assure that patients are transported to a hospital that is able to provide immediate emergency treatment. EMS staff reviews the documentation pertaining to all reported incidents of ED ambulance diversion. In 2001, the ED diversion policy was amended to allow diversion of certain types of patients when the hospital’s CAT scan machine was not functional.

At the end of 1997, and into the first quarter of 1998, Contra Costa experienced an acute shortage of ED and critical care resources. This phenomenon was felt in surrounding counties and throughout much of the State. As a result of this shortage, in 1998 the hospitals in Contra Costa worked in conjunction with the Hospital Council and EMS Agency to develop a framework for hospital response to scarcity in staffing, equipment, and/or bed capacity. Each hospital has developed and has internally integrated this Hospital Census Alert System for shortages in their facility. Starting in 2001, hospitals now report their census alert status on the ReddiNet system.

During **2002, there were 7 facilities that utilized full diversion for a total of 401 hours.** There were no reports of problems in patient care resulting from these diversion incidents. During that same period, **6 of 8 facilities utilized CAT Scan diversion a total of 836 hours.** CAT Scan diversion permits ambulances to divert patients who may require this procedure to another area hospital when the hospital’s CAT Scanner is down for repairs or maintenance.
F. Base Hospital and Paramedic Service Programs

Base Hospital Services:

John Muir Medical Center provides direct (on-line) and indirect (retrospective review) medical oversight services for ambulances countywide. In 2002 there were 5,380 base hospital contacts by field personnel.

Treatment Protocols:

First responders, paramedics, EMT's, MICN's, and base hospital physicians use EMS Field Treatment Guidelines to provide care to patients in the field. These guidelines are reviewed and endorsed by the Medical Advisory Committee based on current research and medical need in the county and are adopted by the EMS Medical Director. Field treatment protocols are reviewed and revised on an ongoing basis. Changes made in treatment protocols, implemented in December 2001, included addition of external cardiac pacing, and use of Combitube, also known as esophageal-tracheal double lumen airway, as a backup method for airway management. No major changes in treatment protocols were made in 2002.

Emergency ambulance personnel transport patients from the field to emergency departments in Contra Costa and in surrounding counties based on destination determination protocols.

G. Trauma System

In 1986, the Board of Supervisors approved a comprehensive Trauma System Plan for the County and designated John Muir Medical Center as the county's Level II Trauma Center, and in June of that year, ambulance personnel began transporting critical trauma patients directly to John Muir. Ambulance and base hospital personnel use triage protocols, which include evaluation of mechanisms of injury and anatomic factors as well as a physiologic trauma scoring system to identify critical trauma patients. In 2001, a revised trauma system plan was developed to meet new State trauma system planning requirements.

In 2002, 2,729 patients were identified as requiring trauma triage, 733 of which were transported directly to John Muir Trauma Center. One hundred forty-four patients were transported to Children's Hospital, Oakland, and 40 to out-of-county adult trauma centers, primarily Eden Hospital, Castro Valley and Highland Hospital, Oakland. Patients in traumatic full arrest or whose airway cannot be managed (total of 7 in 2002) are triaged to the closest basic emergency department for resuscitation. During the past 16.5 years of operation, a total of 49,109 patients have been triaged through the County trauma system.

Critically injured patients who arrive at a non-trauma center hospital may be transferred to a trauma center. Eighty-four of the 132 injured patients transferred to John Muir from within Contra Costa in 2002 were retrospective “major trauma victims”. John Muir Trauma Center also received 222 trauma patients from surrounding counties, generally by air transport.

If trauma center resources are temporarily overwhelmed the trauma center may consider "Trauma Center Bypass", directing any additional critical trauma patients to
out of county trauma centers until resources are again available. In 2002 John Muir Trauma Center bypass rate was 2.7% and was most often due to operating room overload. Seven critical trauma patients were triaged to out of county trauma centers during trauma center bypass periods. 2 critical trauma patients were triaged to non-trauma centers due to bypass periods, 1 of which was retrospectively identified as a major trauma victim.

**Trauma System Evaluation:**

A major aspect of the trauma system is an extensive trauma system and trauma center monitoring program. Included in the monitoring program is a unique, bi-county audit system held in conjunction with Alameda County EMS and Alameda County trauma centers. This joint county evaluation system has been in place since the inception of the county trauma system. Trauma surgeons from other California trauma systems also participate in our trauma system evaluation & monitoring process, bringing outside perspectives and the additional expertise from teaching facilities.

**Trauma Injury Prevention:**

The EMS Agency supported injury prevention activities in 2002, by participating in the Childhood Injury Prevention Coalition and on the County's Child Death Review Team. John Muir Trauma Center supports an active injury prevention program that includes car seat inspections, school based presentations, participation in health fairs, representation on a number of injury prevention organizations, target groups and committees. John Muir Injury Prevention has received National Awards of Recognition for their programs and service to the community including recognition for the development of “Nurses & Cops Caring for Contra Costa Children”, which provides free car seat inspections for all areas of Contra Costa County throughout the year.

In 2002 the EMS Agency obtained a state grant to fund “Medication Education for Drug Safety (MEDS), a project being undertaken by John Muir Medical Center to address the unique issues of older adults in an effort to reduce the number of preventable injuries to this population in the County. Through the project, medications taken by elderly adults will be evaluated on an individual basis, and education about medications being taken, including side effects, duplication and intended purpose of each medication, will be provided.

**H. Disaster/Multicasualty Planning and Response**

**Disaster Planning Grant:**

Since 1990, the EMS Agency has received a series of disaster planning grants through the State EMS Authority. California Health and Safety Code Division 2.5, Section 1797.152, provides for the designation of Regional Disaster Medical/Health Coordinators (RDMHC). The Contra Costa County Health Officer is the designated Region II RDMHC. The granted disaster planning process resulted in the assignment of a Regional Disaster Medical/Health Specialist (RDMHCS) as staff to the project for the northern California coastal area (OES Coastal Region). These grants have enabled the EMS Agency to enhance and support the Region’s disaster preparedness by facilitating coordination among cities, hospitals, county EMS agencies, health
agencies, State EMS Authority and State Department of Health Services in the event of a major disaster.

In 2002 the major objectives of the disaster planning grant were:

- To continue to develop and update the medical mutual aid system region-wide.
- To update Region II contact and resource information.
- To facilitate Region II participation in the annual Statewide Disaster Exercise,
- To act as a resource to operational area medical and health planners by providing assistance in regional medical/health disaster related grant projects including DMAT activities.
- To facilitate the National Disaster Medical System (NDMS) patient reception/distribution and hospital capacity process. Provide Regional input into Metropolitan Medical Response System (MMRS) development (City of Fremont).
- Facilitate education & disseminate information regarding mitigation and recovery planning, and sheltering of the medically fragile.
- Assist in Bioterrorism planning.
- Facilitate use of RIMS.
- Participate in the development of Ambulance Strike Team guidelines.

**Disaster Medical Assistance Team (DMAT):**

Contra Costa EMS is the sponsor of the Bay Area Disaster Medical Assistance Team - D-MAT CA6. Disaster Medical Assistance Teams are comprised of trained, and prepared volunteer physicians, nurses, paramedics, and other medical and support personnel organized to provide medical and health care to disaster victims including patient reception from overseas conflict. DMAT’s are established under the National Disaster Medical System (NDMS), through the U.S. Public Health Service to serve as the operational response to a disaster.

The Bay Area DMAT was formed in 1997 with the support of Contra Costa, San Mateo, Alameda and San Francisco Counties. Since then, over 100 individuals have volunteered. DMAT CA-6 is the only DMAT based in central California. There are 28 teams considered operational nationwide, with six in California plus a mental health specialty team. In 2001, an MOU with CDF was established to provide medical coverage for firefighters responding to wild land fires. CA-6 was the pilot DMAT team to undertake this type of response, and is the prototype for a nationwide collaborative between DMAT’s and U.S. Dept of Forestry.

In 2002, the California Division of Forestry (CDF) activated the team for the Mussolini Fire in Yreka, the Pines Fire in San Diego, the Squirrel Fire in Whitmore and the Croy Fire in Gilroy. Also in 2002, DMAT members were deployed to a number of additional events including the Olympics in Salt Lake City, and the World Series in San Francisco to be on hand should there be a mass casualty situation. These responses help to prepare the DMAT to respond to an actual disaster situation.
Multicasualty Incident Plan (MCI):
The Multicasualty Incident Plan (MCI) is a multi-agency plan setting forth the roles and responsibilities of response and support agencies in the event of a large scale incident involving a large number of casualties. Originally developed and approved by the Board of Supervisors following the 1976 Yuba City/Martinez school bus accident, the plan is updated periodically to incorporate the most current emergency medical response information. There were no activations of the MCI plan in 2002.

Medical Advisory Alert:
The Medical Advisory Alert is a notification procedure that is implemented when an incident has occurred or a condition exists which might tax the local medical resources. When an MAA is implemented, Sheriff’s Communications alerts those agencies with responsibilities in providing administrative or other support during a multicasualty incident that the potential for such a situation exists.

Community Warning System:
Refineries and other industrial sites which use or store potentially hazardous chemicals use the Community Warning System to issue alerts that incidents have occurred. These alerts range from Level 0 alerts at the low end to Level 3 alerts at the high end. EMS staff is alerted by pager to Level 2 (an incident has occurred resulting in minimal off-site impact) and Level 3 (an incident has occurred resulting in significant off-site impact) events. Both Levels 2 and 3 alerts normally result in Medical Advisory Alerts.

Expanded Medical Emergency:
Operational procedures activated under an Expanded Medical Emergency, provide an on-scene organizational structure for incidents requiring more than one ambulance, but not requiring the outside support services activated with the Multicasualty Plan.

Multi-Casualty Supply Caches:
First aid supplies purchased by the EMS Agency are organized into 25 multi-casualty supply caches that are stored and maintained in fire stations throughout the County. Fire agencies have agreed to rapidly transport caches to incidents if possible. Cache supplies include bandaging equipment, splinting supplies, oxygen administration supplies, and blood pressure equipment. A major upgrade of the supplies is planned in 2003 using Homeland Security Grant funds.

Health Services Emergency Preparedness Program:
Emphasis in 2002 was on critical incident stress management, emergency response to a radiological “dirty bomb” incident, and bioterrorism response. The Emergency Management Team (EMT) meets quarterly, and the Emergency Preparedness Work Group meets monthly. Contra Costa Public Health was the recipient of a $1,000,000 Centers for Disease Control Grant for the development of public health infrastructure and a capacity for bioterrorism response.

Department of Justice (DOJ) Programs State and Local Domestic Preparedness Equipment Support Program
Contra Costa EMS continued preparedness activities with various Fire, Law, OES and EMS agencies to implement the $292,000 Department of Justice Grant for the
purchase of communications equipment, radiological detection equipment, and personal protective equipment. The funds have been used to enhance the capabilities of first response agencies that may be called upon to respond to acts of terrorism. The equipment is supplementing the existing equipment currently staged in four caches maintained at designated fire stations throughout the county for rapid transport and deployment at any location. A previous DOJ Grant administered by Richmond Fire, has been processed for the purchase of additional preparedness equipment.

Beginning in 2003, this grant program was moved to the new Department of Homeland Security and a five-person County Approval Authority was established consisting of Sheriff, Health Services Director, the Contra Costa County Fire Chief, a municipal fire chief and a municipal police chief.

I. Certification Programs

Paramedics:

Paramedics are licensed by the State of California and are accredited by the local EMS Agency to practice in each county or EMS region in which they are employed. In 2002, 183 paramedics were either accredited or re-accredited by the Contra Costa County EMS Agency to practice as paramedics within the County.

EMT-I's:

Any local EMS Agency may certify EMT-I's within the State. Once certified, an EMT-I may function as such statewide. In 2002, 329 EMT-I's were either certified or recertified in Contra Costa County. In 2002, a background check by the Department of Justice (DOJ) was added to the EMT-I certification/recertification requirements.

MICN's:

In 2002, 30 RN's were either authorized or re-authorized in Contra Costa to practice in the expanded MICN role within the County.

J. Training Programs

Local EMS Agencies are required to review and approve training programs for prehospital personnel as meeting all requirements established by State regulations.

Paramedic Training Programs:

There are no paramedic program providers currently based within the county.

EMT Training Programs:

The EMS Agency has approved the local EMT courses offered by Los Medanos Community College, Contra Costa County Fire, Moraga-Orinda Fire Mt. Diablo Adult Education, Contra Costa College, West Contra Costa Adult Education and Safety Compliance Management.

- Los Medanos Community College offers EMT training each fall at its Pittsburg campus.
- Contra Costa College offers EMT training each year at its San Pablo campus.
- Mt. Diablo Adult Education offers EMT training at various times throughout the
year at its facility in Concord.

- Safety Compliance Management offers EMT training programs for contracted agencies at various times throughout the year.

- West Contra Costa Adult Education offers EMT training programs at various times throughout the year at its facility in Richmond.

Contra Costa Fire and Moraga-Orinda Fire Protection Districts offer training and continuing education to in-house personnel only.

**MICN Training Programs:**

No MICN training programs were offered during 2002.

### K. Public Information Education Programs

Emphasis is on EMS system access, recognition of life threatening situations, prevention of injuries, self-help techniques and first-aid skills that the public can utilize in emergency situations (CPR specifically).

- Local CPR class availability is accessible through the 1-800-GIVE-CPR number maintained by the Contra Costa EMS Agency. This number is advertised in the EMS 9-1-1 Brochure, local newspapers, telephone books and CCC Cable TV.

- EMS has continued to provide speakers for a number of community and wellness organizations such as Junior Chamber of Commerce, the Rotary Club, acute care receiving and skilled nursing facilities, and school districts.

- EMS 9-1-1 Brochure is available.

### L. Other Programs

**DNR Program:**

A Do-Not-Resuscitate (DNR) program for patients with terminal medical problems was implemented in 1993. This program evolved in response to concern from the public over the patient’s right to self-determination. The Do-Not-Resuscitate program allows patients, in conjunction with their physicians, to refuse resuscitative measures in the prehospital setting, even if the 9-1-1 system is inadvertently activated. The DNR form is signed by both the patient and the patient’s physician and is recognized by prehospital personnel statewide. The DNR form provides prehospital personnel with a physician order to not resuscitate the patient. Comfort measures and care other than resuscitative measures are still provided by first responders and ambulance personnel. The EMS Agency has distributed thousands of DNR forms to hospitals, nursing homes, hospices, home health agencies, and private physicians throughout the county.

**EMS for Children Program:**

In 1999, the EMS Agency obtained a two-year grant to develop and implement an EMS for Children (EMSC) program for Contra Costa. During 2001, an EMSC Plan was adopted which will be integrated into the County EMS System Plan. Hospital related EMSC issues and plan updates be addressed through EMS Facilities and Critical Care Committee.
VI. 2001 Statistical Report
A. Ambulance Dispatch Report
# Ambulance Dispatch Report

## Year 2002

Number of Dispatches, Response Code, and Response Level by Ambulance Provider

American Medical Response, San Ramon Valley Fire District, Moraga-Orinda Fire District

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## Ambulance Dispatch Report (cont.)

### Year 2002

**Patient Transport by Ambulance Provider**

American Medical Response, San Ramon Valley Fire District, Moraga-Orinda Fire District

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<td>On Scene</td>
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## Ambulance Dispatch Report (cont.)
### Year 2002

**Responses by Community, Response Code, Average Code 3 Response Time, and BLS Response on Code 3**

American Medical Response West, San Ramon Valley Fire District, and Moraga-Orinda Fire District

<table>
<thead>
<tr>
<th>Community</th>
<th>All Responses</th>
<th>Code Two</th>
<th>Code Three</th>
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<tr>
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<td>#</td>
<td>%</td>
<td>#</td>
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<tr>
<td>Totals</td>
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<td>10,625</td>
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<td>San Pablo</td>
<td>3,031</td>
<td>4.6</td>
<td>829</td>
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<tr>
<td>El Cerrito</td>
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<td>201</td>
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<tr>
<td>North Richmond</td>
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<td>1</td>
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<td>El Sobrante</td>
<td>576</td>
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<td>101</td>
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<td>Hercules</td>
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<td>Martinez</td>
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<tr>
<td>Clyde</td>
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<td>Moraga</td>
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<td>Blackhawk</td>
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<td>Brentwood*</td>
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<td>Discovery Bay*</td>
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<td>Byron*</td>
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<td>Out of County</td>
<td>10</td>
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<td>0</td>
</tr>
<tr>
<td>Other/Unknown</td>
<td>59</td>
<td>0.1</td>
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</tbody>
</table>

*Average response times do not include calls cancelled enroute or calls by Unit 75 (first responder)
## Ambulance Dispatch Report (cont.)

### Year 2002

#### Transports by Hospital Destination, Transport Code, and Major Trauma Victim Status

American Medical Response West, San Ramon Valley Fire District, and Moraga-Orinda Fire District

<table>
<thead>
<tr>
<th>Hospital</th>
<th>All Transports</th>
<th>Code Three Transports</th>
<th>Code Two Transports</th>
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<td>#</td>
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<td>Doctors, San Pablo</td>
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<td>550</td>
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<td>John Muir</td>
<td>5,505</td>
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<td>747</td>
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<td>142</td>
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<td>Kaiser, Walnut Creek</td>
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<td>Mt. Diablo</td>
<td>8,616</td>
<td>18.0</td>
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<td>San Ramon Regional</td>
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<td>Sutter/Delta</td>
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<td>562</td>
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<td>Kaiser/Oakland</td>
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<td>Eden</td>
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<td>5</td>
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<td>Kaiser, Vallejo</td>
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<td>Kaiser, San Rafael</td>
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<tr>
<td>Sutter/Tracy</td>
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B. Helicopter Utilization Report
# Helicopter Utilization Report

## Year 2002

### Contra Costa Patients Transported by Helicopter -

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<th>Origin</th>
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<th>2002</th>
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<td>Pts</td>
<td>%</td>
<td>Pts</td>
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<td>400</td>
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<td>380</td>
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<td>140</td>
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<td>East County</td>
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<td>176</td>
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<td>South County</td>
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<td>21</td>
<td>5.3</td>
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<td>Central County</td>
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<td>8</td>
<td>2.0</td>
<td>5</td>
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</table>

*Information provided by air ambulance providers. None of these flights originated from outside of Contra Costa County.

### Helicopter Transports Originating Within Contra Costa by Provider Agency

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<th>Provider</th>
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<td>Pts</td>
<td>%</td>
<td>Pts</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>376</td>
<td>100.0</td>
<td>400</td>
<td>100.0</td>
<td>380</td>
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<tr>
<td>CALSTAR</td>
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<td>182</td>
<td>45.5</td>
<td>197</td>
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<td>REACH</td>
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<td>174</td>
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<td>CHP</td>
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<td>&lt;1</td>
<td>5</td>
<td>1.3</td>
<td>2</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>0.0</td>
<td>&lt;1</td>
<td>1.1</td>
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<tr>
<td>Unknown</td>
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<td>24.5</td>
<td>9</td>
<td>2.3</td>
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*Information provided by air ambulance providers. None of these flights originated from outside of Contra Costa County.
C. Base Hospital Contact Report
# Base Hospital Contact Report  
## Year 2002  
### Base Hospital Activity Summary

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<td>%</td>
<td>#</td>
<td>%</td>
<td>#</td>
<td>%</td>
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<td>8,401</td>
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<td>6,050</td>
<td>72.0</td>
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<td>7,661</td>
<td>91.2</td>
<td>4,021</td>
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<td>132</td>
<td>1.8</td>
<td>149</td>
<td>1.8</td>
<td>129</td>
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<td><strong>EMT Not Identified</strong></td>
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<td>1.4</td>
<td>509</td>
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<td>591</td>
<td>7.0</td>
<td>613</td>
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<td>6,581</td>
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<td>7,946</td>
<td>94.6</td>
<td>4,107</td>
<td>86.3</td>
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<td>3.5</td>
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<td>154</td>
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D. Trauma System Report
Trauma System Report

Year 2002

On-scene Triage of Patients Within Contra Costa Meeting Field Trauma Criteria - 2002

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<th>1999</th>
<th>2000</th>
<th>2001</th>
<th>2002</th>
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<td>Total Patients Meeting One or More Field Trauma Triage Criteria</td>
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<td>2,909</td>
<td>2,885</td>
<td>2,828</td>
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<td>1,025</td>
<td>983</td>
<td>984</td>
<td>923</td>
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<td>984</td>
<td>953</td>
<td>965</td>
<td>914</td>
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<tr>
<td>John Muir Medical Center</td>
<td>814</td>
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<td>776</td>
<td>811</td>
<td>773</td>
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<td>Children's Hospital, Oakland</td>
<td>99</td>
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<td>129</td>
<td>122</td>
<td>119</td>
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<td>Other trauma center</td>
<td>12</td>
<td>28</td>
<td>48</td>
<td>32</td>
<td>22</td>
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<td>Transferred to the closest receiving hospital</td>
<td>39</td>
<td>41</td>
<td>34</td>
<td>19</td>
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<td>CPR/Unstable airway</td>
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<td>41</td>
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<td>15</td>
<td>7</td>
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<td>Trauma center on bypass</td>
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<td>Triaged in the field as not having major trauma</td>
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<td>1,884</td>
<td>1,903</td>
<td>1,844</td>
<td>1,806</td>
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</tbody>
</table>

Field Triage Errors (errors per 100 patients triaged with major trauma) - 2002

Undertriage error rate = Patients field-triaged as not having major trauma, but subsequently found to have major trauma / Total number of patients triaged in the field as having major trauma = 27 / 923 = 2.9

Definitions:

Field triaged major trauma - All patients meeting County EMS criteria based on CRAMS score or anatomic factors for automatic consideration as major trauma patients plus all patients meeting trauma base hospital call-in criteria for whom a trauma center destination is given.

Retrospective major trauma determination - All patients whose hospital Injury Severity Score (ISS) is over 15 or who have an ISS between 10 and 14 with at least three-day hospital stay are considered to be major trauma patients. All patients not meeting these criteria are considered non-major trauma patients.

Undertriage and Overtriage Rates by Year

<table>
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<tr>
<th>Type of Triage Error</th>
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<th>1999</th>
<th>2000</th>
<th>2001</th>
<th>2002</th>
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<td>1.1</td>
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<td>2.9</td>
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<tr>
<td>Overtriage</td>
<td>45.0</td>
<td>52.0</td>
<td>43.7</td>
<td>47.9</td>
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*EMS data not available.
Trauma Center Discharge Report  
John Muir Medical Center (JMMC) - 2002

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<th>Discharges:</th>
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<td>All JMMC Trauma Patients</td>
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</tr>
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<td>Total</td>
<td>1,259</td>
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<td>Major Trauma Victims (Retrospective Review)</td>
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<tr>
<td>Not Major Trauma Victims (Retrospective Review)</td>
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<td>Contra Costa Field Transports</td>
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<tr>
<td>Total</td>
<td>905</td>
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<tr>
<td>Major Trauma Victims (Retrospective Review)</td>
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<tr>
<td>Not Major Trauma Victims (Retrospective Review)</td>
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</tbody>
</table>
E. Hospital Census and Diversion Reports
Daily Hospital Bed Utilization (Midnight Census)
All Contra Costa Hospitals - 2002

Source: Contra Costa EMS.
Daily Hospital Bed Utilization (Midnight Census)

All Contra Costa Hospitals - 2002

Source: Contra Costa EMS.
### Hospital Bed Availability, Midnight Census, and Diversion Summary Report, 1997 - 2002

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*Episodes spanning midnight counted as separate episodes for each day.

Source: Contra Costa EMS Agency.
## Hospital Bed Availability, Midnight Census, and Diversion Report by Hospital, January 1, 2003 to December 31, 2002

### Contra Costa Health Services

#### Emergency Medical Services Agency

**EMS Annual Report for 2002**

### Table: Hospital Bed Availability

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<tr>
<th></th>
<th>Total</th>
<th>CCRMC</th>
<th>Doctors</th>
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<th>Kaiser-Rch</th>
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<td>57</td>
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*Episodes spanning midnight counted as separate episodes for each day.

Source: Contra Costa EMS Agency
VII. EMS Agency Organizational Chart
EMS Agency Organizational Chart

Emergency Medical Care Committee (EMCC)

Board of Supervisors

Health Services Director/County Health Officer

Emergency Medical Services Director

EMS Program Coordinator

RN/Disaster Grant

Prehospital Care Coord. Personnel & MIS

RN/EMS Quality Improvement Specialist (contract 24 hrs/wk)

EMS Medical Director

Facilities & Critical Care Committee

RN/First Responder Programs

Prehospital Care Coord. Trauma & Hospitals

Medical Advisory Committee (MAC)

Contra Costa Pre-TAC Committee

Quality Council

Alameda – Contra Costa Trauma Audit Committee

EMS Providers

Hospitals
Contra Costa Doctors
John Muir
Kaiser-Richmond
Kaiser-Walnut Creek
Mt. Diablo
San Ramon
Sutter Delta

EMS Dispatch Centers
Contra Costa Fire
Contra Costa Sheriff
Richmond Police
San Ramon Valley Fire

Air Ambulances
CALSTAR
REACH

Training Programs
Los Medanos College
Contra Costa College
Mt. Diablo Adult Education
Safety Compliance Management

Emergency Ambulance Services
American Medical Response
Moraga-Orinda Fire
San Ramon Valley Fire

Trauma Centers
John Muir
Children’s (pediatric)

Rescue Aircraft
California Highway Patrol
East Bay Regional Parks
VIII. EMS Expenditures
### EMS Expenditures by Year

#### Fiscal Years Ending 1993 – 2002

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<th></th>
<th>FY 92-93</th>
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<th>FY 94-95</th>
<th>FY 95-96</th>
<th>FY 96-97</th>
<th>FY 97-98</th>
<th>FY 98-99</th>
<th>FY 99-00</th>
<th>FY 00-01</th>
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<td>$4,606,456</td>
<td>$4,788,824</td>
<td>$5,792,767</td>
<td>$4,957,692</td>
<td>$5,038,620</td>
<td>$5,206,356</td>
<td>$4,816,578</td>
<td>$5,244,796</td>
<td>$5,871,544</td>
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<td>600,131</td>
<td>827,423</td>
<td>835,386</td>
<td>774,444</td>
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*Amount not included in expenditure totals.*
IX. Development of EMS in Contra Costa County.
Chronology

The emergency medical services system approach and the use of paramedic personnel to provide advanced life support care under the supervision of a base hospital physician or mobile intensive care nurse began evolving as a new model for health care delivery in the late 1960's. Contra Costa as well as a number of other progressive counties throughout California began developing their emergency medical services systems during this time. Following are milestones in the development of the EMS system in Contra Costa County:

1968  ➤ *Emergency Medical Care Committee (EMCC)* appointed by County Board of Supervisors to provide oversight of emergency medical services within the county.

1970  ➤ State *Wedworth-Townsend Act* enabled counties to conduct pilot projects using paramedics and mobile intensive care nurses (MICN's) to provide advanced life support services to patients in the field.
  ➤ *Ambulance Regulations* added to the County Ordinance Code which included permit and ambulance registration processes.

1972  ➤ Ten *ambulance zones* established for the provision of emergency ambulance service within the county.

1975  ➤ In response to EMCC’s recommendation and with county approval, Health Department agreed to develop an *advanced life support program* and to provide coordination of emergency medical services countywide. Initial EMS Program developed with Federal funding under auspices of Comprehensive Health Planning.

1976  ➤ Los Medanos Community College, in conjunction with Stanford University, developed first *training programs* for paramedics and MICN's.
  ➤ John Muir Medical Center and Mt. Diablo Medical Center designated *Base Hospitals* for medical control of paramedic units throughout the county. (Initial base hospital services were provided on a monthly rotation schedule.)
  ➤ *Joint Exercise of Powers Agreement* between Alameda and Contra Costa Counties established an East Bay EMS Region for the development of a Regional EMS program.
  ➤ *First paramedic-staffed ambulances* responded in Walnut Creek (Pomeroy Ambulance in May 1977); in Moraga (Moraga Fire Protection District in June 1977); in Concord (Michael's Ambulance in January 1978); and in Richmond (Cadillac Ambulance February 1978 - Labor issues delayed active participation in program until 1979).

1980  ➤ Joint Powers Agreement for Regional emergency medical services disbanded following recommendations from Alameda and Contra Costa Counties’ EMCC’s
  ➤ Comprehensive *California Emergency Medical Services System and Prehospital Emergency Medical Care Personnel Act* enacted. This legislation set EMS system standards, prehospital personnel training/certification standards, and provided a basic standardized structure for EMS systems Statewide.
  ➤ Provision added to the County Ambulance Ordinance, which established exclusive *ambulance zones* for emergency and non-emergency transport.
  ➤ Brookside Hospital, San Pablo designated by county as third base hospital to provide
medical direction for west county paramedic units.

1982  ➤ **Multicasualty Incident Plan** approved by County Board of Supervisors providing for on-scene coordination, resource notification, and patient distribution in multicasualty situations.

1983  ➤ County Health Services designated as **Local EMS Agency** and County Health Officer designated as **EMS Medical Director** by Board of Supervisors pursuant to State EMS Act.

  ➤ Competitive bid process for **emergency ambulance service contracts** established pursuant to revised County Ambulance Ordinance. A Request for Proposal process that sought highest level of service possible without County subsidy resulted in exclusive contracts with Cadillac Ambulance, Regional Ambulance, Moraga Fire District, San Ramon Valley Fire District, and East County Ambulance.

1984  ➤ Paramedic level ambulance transport services implemented by San Ramon Valley Fire District in a joint program with John Muir Medical Center.

  ➤ Ten ambulance zones consolidated into 5 **Emergency Response Areas** (ERA’s). Exclusive ambulance service contracts awarded to Cadillac Ambulance, Regional Ambulance, Moraga Fire and San Ramon Valley Fire following competitive bid.

1985  ➤ **EMS System Plan** developed according to standards set by EMS Authority.

  ➤ First RFP process for paramedic **base hospital designation** developed and administered for 4 base hospital zones countywide.

  ➤ Small **plan crashed** into the Sun Valley Mall injuring some 80 victims.

  ➤ **Emergency Medical Dispatch** (EMD) standards/criteria developed; endorsed by EMCC.

  ➤ Procedure for **Emergency Department (ED) diversion** implemented allowing diversion of emergency ambulances away from an ED if number of critical patients in ED was such that any more critical patients could not be cared for adequately.

  ➤ Brookside Hospital emergency department downgraded licensure to “Standby Emergency Services” and relinquished paramedic base hospital designation.

1986  ➤ Comprehensive **Trauma System Plan** approved by Board of Supervisors providing for designation of a single Level II Trauma Center. Trauma system **treatment and triage protocols** adopted. Ambulance personnel and first responders trained in specialized critical trauma patient management.

  ➤ John Muir Medical Center designated as County’s **Level II Trauma Center**.

  ➤ Bay Area **Trauma Registry Project** initially funded by State EMSA.

  ➤ Operational Procedures for **Patient Transport by Helicopter** implemented.

  ➤ Cadillac Ambulance purchased by Regional Medical Systems making RMS the single private emergency ambulance provider in county.

  ➤ **Competitive bidding process** for emergency ambulance providers in 5 ERA’s. Service contracts awarded to Regional Ambulance, Moraga Fire and San Ramon Valley Fire.

  ➤ Base Hospital contracts established with John Muir Medical Center, Mt. Diablo Medical Center and Los Medanos Community Hospital.

  ➤ Emergency medical dispatch program including pre-arrival instructions implemented by Contra Costa County Fire Dispatch Center.

1987  ➤ Formal **Patient Transfer Guidelines**, including a multi-disciplinary quality assurance process administered by the EMS Agency, adopted by Board of Supervisors, and by all hospitals within county.
Health Services Department Emergency Management Team, consisting of key Health Services personnel, designated to respond to County EOC or Medical/Health Operations Center in a disaster.

Program for reporting communicable disease exposure developed and available to fire, police and ambulance agencies countywide.

Brookside Hospital restored to basic emergency licensure status.

1988
"Measure H", a general election ballot advisory measure calling for the establishment of a benefit assessment for enhanced EMS services, approved by 71.6% of voters countywide.

Joint Solano/Contra Costa County EMS Hazardous Materials Training Project supported by 5-year funding under consent agreement between IT Corporation and State Department of Health Services; administered by EMS Agency.

Pilot "first responder paramedic engine" program undertaken by Moraga Fire.

1989
Countywide Benefit Assessment District for Enhanced Emergency Medical Services, County Service Area EM-1, approved by all city councils and established by Board of Supervisors under the administration of Health Services.

1990
County Service Area EM-1 became operational.

EMS Disaster Planning Project funded by State EMSA and administered by local EMS Agency. The County Health Officer designated Regional Disaster Medical Health Coordinator (RDMHC) for "OES Region 2" counties.

San Ramon Regional Medical Center, licensed for Basic Emergency Services, opened in the City of San Ramon.

1991
High-performance ambulance contracts initiated with Regional Ambulance, San Ramon Valley Fire, and Moraga Fire. Standards set for paramedic-staffed ambulance response to emergency calls at 95% 10-minute maximum for county urban areas. Number of paramedic staffed ambulances increased from 12 to 19 to meet standard, with Measure H funded ambulance service subsidies.

First Responder Defibrillation Program planned. RFP competitive bid process to select equipment. PhysioControl semi-automatic defibrillators were purchased.

Countywide system of Multicasualty Medical Caches established; includes supplies to be used in multicasualty or disaster situations.

Specialized Hazardous Materials Response Protocols and training program developed and implemented for ambulance personnel.

Paramedic training program provided at Los Medanos Community College.

Veterans Administration Hospital closed.

1992
Fire First Responder Defibrillation Program implemented countywide.

"Emergency Medical Guidelines for Law Enforcement Agencies" endorsed by the EMCC and the County Police Chiefs' Association.

"EMS Operational Procedures For Response to an Expanded Medical Emergency" (EME) developed and implemented.

"Do Not Resuscitate" program instituted, which provides patients with option of predetermining levels of resuscitation to be performed by field personnel.

EMS treatment protocols for children developed and implemented.

Two new radio channels for ambulance-hospital communications available.

John Muir Trauma Center permanently (20 years) designated as Level II trauma center following request-for-proposal review process.
- In Fire Service EMS Models Assessment completed.
- Base Hospital agreements renegotiated with Mt. Diablo, John Muir and Los Medanos hospitals.
- Started fire/medical dispatch computer linkage project "Medical Transmission Network".
- First responder paramedic program funded by Measure H and provided by American Medical Response implemented in Byron/Discovery Bay area.
- MEDARS radio system upgraded from two channels to four channels.

1993
- Base hospital services no longer provided by Los Medanos Hospital.
- Chemical release from General Chemical Company in the Richmond area triggered large-scale fire, police and EMS response. Thousands of patients requested evaluation at local medical facilities in following weeks.
- Poison control public hotline terminated by San Francisco Poison Control Center due to funding issues. EMS Agency maintained PCC access via local 911 system.
- San Ramon Valley Fire's Dispatch Center piloted Medical Priority's computerized ProQA Dispatch System for prehospital EMS dispatch.
- Functional integration of 5 County fire districts (Contra Costa County, Riverview, Orinda, Moraga and West County).
- "Quality Action Team" formed to improve EMS incident review.
- Mobile radios programmed with fire service radio channels, installed in paramedic units.
- EMS Agency State obtained funding for Highway Injury Record Linkage Software and Firearm Injury Reporting, Surveillance and Tracking System; programs administered by Health Services Injury Prevention Program.

1994
- Continuing education activities approved for EMT-I's to maintain State certification.
- Los Medanos Community Hospital closed 4/23/94.
- Responsibility for paramedic certification transferred from individual counties/regions to State EMSA.
- Hospital Emergency Incident Command System (HEICS) adopted by hospitals to provide an organized approach to hospital disaster management.
- Medical/health mutual aid response to Northridge earthquake in southern California coordinated among northern California coastal counties (Region II).
- EMT-I training program for firefighters established by EMS Agency.
- EMS Agency obtained State EMSA grant to study poison control center alternatives
- Emergency Medical Care Committee restructured to report to Health Services Director.
- 1-800-GIVE CPR number continued under auspices of the EMS Agency.

1995
- The Oakland and Richmond Kaiser hospitals merged. Richmond facility received only non-critical ambulance patients due to lack of ICU capabilities.
- Paramedic certification changed to State licensure.
- Revised EMS System Plan approved by EMCC and County Board.
- EMS Agency gained part-time Assistant EMS Medical Director.
- San Ramon Valley Fire successfully piloted computerized medical dispatch program.
- EMS started the 1-800-GIVE-CPR public information program locally.
- BLS standards added to EMS Prehospital Care Manual.

1996
- Asst. EMS Medical Director position became EMS Medical Director.
Standards for EMS Enhanced First Responder Programs developed.

Request for Proposal process for emergency ambulance service. Contracts awarded to San Ramon Fire and American Medical Response. Moraga Fire was exempt from competitive bid process.

Bethel Island Fire's First Responder Paramedic program started.

Emergency Medical Care Committee performed EMS System evaluation.

"Hospital Shelter-in-Place Project" funded by local Emergency Planning Committee and State OES.

1997

Bay Area Disaster Medical Assistance Team (DMAT) formed and sponsored by County Health Services.

Contra Costa Fire Protection District’s First Responder Paramedic Program implemented. “Partners” course used to train EMT-Is to assist paramedics.

Multicasualty response to victims of Concord Water World slide collapse. One death and 32 injured were triaged to area hospitals.

Regional Disaster Medical Health Coordinator provided public health nurse mutual aid during 1996-97 No. California winter storms.

Computerized pen-based patient care reporting implemented Countywide.

Board of Supervisors appointed the EMCC as an advisory committee.

Statewide Poison Control Center system implemented.

John Muir Medical Center and Mt. Diablo Medical Center merged to form John Muir/Mt. Diablo Health System.

Brookside Hospital acquired by Tenet Corp. and renamed Doctor's Hospital, San Pablo Campus. Doctor's, Pinole became Doctor's Hospital, Pinole Campus.

Kaiser, Richmond and Kaiser, Martinez downgraded services. No longer designated ambulance-receiving facilities.

Orinda Fire and Moraga Fire merged to form Moraga-Orinda Fire Protection District.

Laidlaw purchased American Medical Response and merged its ambulance services under the AMR name.

Interfacility Transfer Review process revised.

1998

Board of Supervisors declared a local emergency due to shortage of hospital emergency and critical care resources.

Contra Costa Regional Medical Center’s new county hospital, opened.

First load of spent nuclear fuel rods transported by train through county.

Antioch Ambulance Service bought by Golden Empire Ambulance.

American Medical Response accepted subsidy reduction to fund expansion of Contra Costa Fire First Responder Paramedic Program.

West County Consolidated Communications Operations and Contra Costa Fire District Dispatch Center personnel trained in Emergency Medical Dispatch.

Multicasuality Incident (MCI) Plan revised.

Resource Information Management System (RIMS) installed to link OES Region II counties to Statewide disaster information management system.

First Hospital resource assessment completed.

Bay Area DMAT attained Level II designation.
Department-wide Contra Costa Health Services Emergency Plan completed.

1999
- Kaiser Richmond opened inpatient critical care services.
- Oakley Fire organized as a fire protection district.
- Contra Costa Fire expanded central county pilot First Responder Paramedic Program.
- Multicasualty response to a fire at Tosco’s Avon Refinery.
- Multicasualty response to a fire at Chevron Refinery, North Richmond.
- Multicasualty response to Richmond Health Center for noxious odor assessment.
- Pilot Bi-phasic AED project implemented.
- Health Services Department Operations Center (DOC) activated for Y2K transition.
- Year 1 of a 2-year State grant for a Data Linkage and Outcome Project.
- Bay Area DMAT attained Level I designation.
- Moraga and Orinda Police Depts. began 1st responder defibrillation programs.
- Antioch Ambulance Company ceased all operations 7/99.
- Contra Costa Fire took on fire/medical dispatch for Pinole, Rodeo, Hercules, and Crockett-Carquinez Fire.

2000
- All Moraga-Orinda Fire EMS response vehicles staffed with paramedics.
- Impact Evaluation Study conducted including two public hearings prior to the March closing of Doctor’s Medical Center, Pinole Campus emergency department.
- All fire/medical dispatch centers provide fire/ambulance dispatch using Medical Priority Dispatch System.
- Year 1 of a 2-year State grant to develop an EMS for Children program.
- Additional Contra Costa Fire ALS engines in Concord (1) and Baypoint (1).
- DMAT CA-6 incorporated as a nonprofit organization with 501(c)(3) status.

2001
- EMS for Children Plan developed for Contra Costa through 2-year grant funding.
- Mt. Diablo Medical Center ceased providing EMS base hospital services in 2/01.
- Mt. Diablo Medical Center no longer providing obstetric and neonatal services.
- El Cerrito paramedic engine program implemented to serve Kensington and areas in the El Cerrito hills with long ambulance response times.
- Kensington and Brentwood Police implemented first responder defibrillation programs.
- County Trauma System Plan updated to reflect changes in California Trauma regulations and requirements.
- Mt. Diablo Medical Center closed its in-patient obstetrics/neonatal services in July.
- DMAT CA-6 signed agreement with National Forest Service (NFS) to provide medical response on a pilot basis to NFS events when requested.
- Office of Justice Planning grant ($300,000) used to purchase mass decontamination, communications, and personal protective equipment for use by fire and other agencies responding to a major hazardous materials incident.
- Purchased computer equipment for Health Services Operations Center using funds provided through two State Health Department grants ($27,000).
- Bioterrorism Workgroup appointed by Health Services to plan and train for response to a terrorist event.
- Regional Disaster Medical Health Response staff funded full-time by State EMSA.
> ReddiNet system implemented that provides a **communications link among hospitals and EMS Agencies** in Alameda and Contra Costa Counties.
> Opened **EMS website** providing online access to EMS policies, protocols and other EMS-related information.

**2002**
> Implemented Department of Justice **fingerprint background checks** on all EMT-I certification and recertification applicants.
> East Diablo, Oakley, and Bethel Island Fire Protection Districts combined to form East Contra Costa County Fire Protection District.
> Second AMR first responder paramedic unit established in Bethel Island as replacement for Bethel Island Fire paramedic engine.
> Fitch and Associates retained to conduct **paramedic engine feasibility assessment**.
> West County Dispatch Center (Richmond Police) and accredited as EMD Center of Excellence by ProQA’s National Academy.
> Initial work with the American Heart Association on it’s **Operation Heartbeat** and a local Public Access Defibrillation (PAD) program

**2003**
> Contra Costa County Fire Dispatch Center accredited as EMD Center of Excellence by ProQA’s National Academy.
X. EMS & Related Abbreviations
### Abbreviations

<table>
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<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tr>
<td>AIS</td>
<td>Abbreviated Injury Score</td>
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<tr>
<td>ACLS</td>
<td>Advanced Cardiac Life Support</td>
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<td>ALS</td>
<td>Advanced Life Support</td>
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<td>AED</td>
<td>Automatic Electronic Defibrillator</td>
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<td>BLS</td>
<td>Basic Life Support</td>
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<td>Basic Trauma Life Support</td>
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<td>CPR</td>
<td>Cardiopulmonary Resuscitation</td>
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<td>CDC</td>
<td>Center for Disease Control and Prevention</td>
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<td>Computer Aided Dispatch</td>
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<td>Emergency Medical Services</td>
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<td>EMT-I</td>
<td>Emergency Medical Technician-I</td>
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<td>EMT-P</td>
<td>Emergency Medical Technician-Paramedic or Paramedic</td>
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<td>EOC</td>
<td>Emergency Operating Center</td>
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<td>Emergency Response Area</td>
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<td>HRSA</td>
<td>Health Resources and Services Administration</td>
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<td>Hospital Emergency Incident Command System</td>
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<td>Major Trauma Patient</td>
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<td>Mobile Intensive Care Nurse</td>
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<td>MCI</td>
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<td>National Disaster Medical System</td>
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<td>Office of Emergency Services</td>
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<td>PEPP</td>
<td>Pediatric Education for Prehospital Providers</td>
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<td>Public Access Defibrillation</td>
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<td>Public Safety Answering Point</td>
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<td>RDMHC</td>
<td>Regional Disaster Medical/Health Coordinator</td>
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<td>SARS</td>
<td>Severe Acute Respiratory Disease (SARS)</td>
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<td>SEMS</td>
<td>Standardized Emergency Management System</td>
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<td>WMD</td>
<td>Weapons of Mass Destruction</td>
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EMS Terms

- **Abbreviated Injury Score (AIS):** A scale created to describe anatomical injuries resulting from trauma. For each body region, a severity code is assigned which describes injuries as minor, moderate, serious severe, critical, maximum injury with little chance of survival, and unknown. The AIS is universally accepted and is the foundation for the Injury Severity Score.

- **Advanced Cardiac Life Support (ACLS):** An advanced level certification provided by the American Heart Association generally required for paramedics, emergency nurses and emergency physicians.

- **Advanced Life Support (ALS):** Special services designed to provideprehospital emergency medical care, including, cardiopulmonary resuscitation, cardiac monitoring, cardiac defibrillation, advanced airway management, intravenous therapy, specified drug administration, and other specified techniques and procedures administered by paramedics as part of a local EMS system. Patient care is provided according to EMS Field Treatment Protocols.

- **Air Ambulance:** An aircraft specifically constructed, modified or equipped, and used primarily for responding to emergency calls and transporting critically ill or injured patients. The medical flight crew has at a minimum two attendants certified or licensed in advanced life support.

- **Automatic Electronic Defibrillator (AED):** Automatic or semi-automatic defibrillators assess the patient's cardiac status and provide a shock (or instruct the machine to shock) if needed. AED’s, used for several years by first responders, are now being made available in public places by many communities for use by laypersons under Public Access Defibrillations Programs (PAD’s). AED’s may also be used in hospital and clinical settings where their simple operation may result in a more rapid emergency response.

- **Base Hospital:** One of a limited number of hospitals which, upon designation by the local EMS agency, is responsible for directing the advanced life support (ALS) system andprehospital care system assigned to it by the local EMS agency.

- **Base Hospital Physician:** A physician who is currently licensed in California, who is assigned to a base hospital emergency department, and who is familiar with County EMS system medical protocols, radio procedure and general operating policies, and who may provide medical consultation to ambulance personnel by radio or telephone.

- **Basic Life Support (BLS):** Emergency first aid and cardiopulmonary resuscitation procedures, which as a minimum, include recognizing respiratory and cardiac arrest and starting cardiopulmonary resuscitation (CPR) to maintain life without invasive techniques until the victim is transported or until advanced life support is available.

- **Basic Trauma Life Support (BTLS):** A trauma care course developed by the American College of Emergency Physicians, and required for local paramedics.

- **Blunt trauma:** Injuries that occurs without penetration of the body (e.g. motor vehicle injuries, falls, assaults with blunt instruments).

- **Cardiac Arrest:** A condition where the heart stops beating (asystole) or where it quivers (ventricular fibrillation) and does not pump blood to the rest of the body resulting in death if not corrected. Resuscitation, such as defibrillation, if provided soon enough may save the patient's life in some situations.

- **Cardiopulmonary Resuscitation (CPR):** The procedure of performing artificial respiration and artificial circulation to a non-breathing, pulseless patient.

- **Center for Disease Control and Prevention (CDC):** The Center for Disease Control and Prevention (CDC) is recognized as the lead federal agency for public health.
- **Child Death Review Team:** A confidential forum consisting of representatives of criminal justice, health & social service organizations. Child deaths are discussed to improve the multi-agency response to child homicides. The ultimate goal is to reduce child abuse and child death.

- **Code 2:** Used by EMS systems to refer to immediate ambulance responses to potentially urgent but non-life threatening incidents without using red lights and sirens and adhering to all Vehicle Code requirements (speed limits and rights-of-ways).

- **Code 3:** Ambulance response with red lights/siren to an emergency incident. When responding Code 3, the emergency unit may exceed the posted speed limit within certain constraints and may proceed through red lights without making a complete stop, although the ambulance driver is held responsible for assuring safety for his/her unit and other drivers while doing so.

- **Computer Aided Dispatch (CAD):** A computer system consisting of associated hardware and software to facilitate call taking; unit selection; resource dispatch and deployment; event time stamping; and real time maintenance of incident database.

- **County Service Area (CSA) EM-1:** A Special benefit assessment district established by the Board of Supervisors to fund local EMS enhancements.

- **CRAMS:** A 10-point scale, designed as a prehospital triage tool to be used to identify Critical Trauma Patients. The acronym CRAMS represents five weighted component measures: Circulation, Respiration, Abdomen/Thorax, Motor and Speech. The scale ranges from 0 (most severe) to 10 (least severe).

- **Critical Trauma Patient (CTP):** Any patient who meets established field trauma triage criteria and is triaged to a trauma center or is triaged to a closer facility due to trauma center bypass or due to trauma full arrest or unmanageable airway.

- **Defibrillator:** A piece of equipment which can momentarily arrest all non-coordinated contractions of heart muscle fibers with the use of electric current in order that a spontaneous beat may resume. Hospitals and paramedics (ALS providers) use manually operated defibrillators that require judgment on the part of the rescuer. First responders use automatic or semi-automatic defibrillators that automatically assess the patient’s cardiac status and provide a shock if necessary.

- **Dispatch Center:** Coordinating center for efficient management of all participating emergency resources within a designated area of responsibility. Centers dispatch rescue personnel/equipment, and manage these resources to ensure maximum effectiveness.

- **Emergency (medical):** A condition or situation in which an individual has a need for immediate medical attention.

- **Emergency Ambulance Unit:** A vehicle specially constructed, equipped with appropriate medical equipment/supplies, and staffed with qualified personnel for transporting sick or injured patients.

- **Emergency Department:** The area of a licensed general acute care hospital that receives patients in need of emergency medical evaluation and or care.

- **Emergency Medical Services Aircraft:** Aircraft used for prehospital emergency patient response and transport. EMS aircraft include air ambulances and all categories of rescue aircraft.

- **Emergency Medical Services Authority (EMSA):** The State EMS organization that develops standards for local EMS systems and provides coordination and leadership.

- **Emergency Medical Services Commission:** A State multidisciplinary committee established by State legislation to review and approve regulations, standards, and guidelines, as well as to advise the EMS authority on a variety of issues.
Emergency Medical Services Medical Director: Licensed physician appointed as local EMS Agency medical director to provide medical control and to assure medical accountability through planning, implementation and evaluation of the EMS system.

Emergency Medical Services System: A specially organized and coordinated arrangement that provides for the personnel, facilities, and equipment for the effective and coordinated delivery of medical care services under emergency conditions.

Emergency Medical Services System Plan: A plan for the delivery of emergency medical services consistent with state guidelines addressing components listed in Health and Safety Code Section 1797.103.

Emergency Medical Technician-I (EMT-I): An individual trained in all facets of basic life support and certified by a local EMS Agency within California. In the Contra Costa County EMS system, EMT-I staffed ambulances generally provide back-up to paramedic staffed ambulances, although they may be dispatched to respond to certain requests which have been determined to require only basic life support services.

Emergency Medical Technician-Paramedic, EMT-P or Paramedic: Individual whose scope of practice includes skills and procedures to provide advanced life support as part of an EMS system and who is licensed by the State of California and accredited by the local EMS agency has having met established criteria. In the Contra Costa County EMS system, paramedics are dispatched to all emergency medical requests unless it has been established by the fire/medical dispatch center that a basic life support ambulance is a sufficient level of response.

Emergency Nursing Pediatric Course (ENPC): An educational program developed and sponsored by the Emergency Nurses Association for Emergency Department nurses.

Emergency Operating Center (EOC): Facility designed and equipped for use by city, county or other governmental agency leadership to manage disaster response within area of responsibility.

Emergency Response Area (ERA): An ambulance zone designated by the county for issuing ambulance permits and identifying exclusive operating areas for emergency ambulance service agreements. Contra Costa consists of 5 emergency response areas.

Fire/Medical Dispatch Center: A public Safety Dispatch Center that receives requests to respond to medical emergencies, dispatches medical first responders and initiates ground and air ambulance response.

First Responder: The first EMS rescuer to arrive on the scene of a medical emergency; generally a fire non-transport unit.

Health & Safety Code: State legislation that includes Division 2.5 EMS Statutes.

Health Resources and Services Administration (HRSA): A branch of the U.S. Department of Health and Human Services whose mission is to improve and expand access to quality health care. Grants to assist hospitals prepare for response to bioterrorism and other terrorist threats are available through HRSA.

Health Services: The department of County government responsible for health related issues. The local Board of Supervisors has designated Contra Costa Health Services, which includes the Emergency Medical Services Agency, as the “Local EMS Agency”.

Hospital Emergency Incident Command System (HEICS): A crisis management plan, developed expressly for comprehensive medical facilities, that is modeled closely after the Fire Service Incident Command System.

Incident Command System (ICS): A flexible organizational structure that provides a basic expandable system developed by Fire Services to mitigate any size emergency situation. In
1992 California law mandated that emergency responders and emergency planning officials within public service use this system.

- **Injury Severity Score (ISS):** The sum of the squares of the highest AIS codes in each of the three most severely injured body regions. The ISS is one component used in calculating the patient's probability of survival.

- **Local EMS Agency (LEMSA):** The local agency, usually a county health department or office, that has primary responsibility for administration of emergency medical services in a county or multi-county area.

- **Major Trauma Patient (MTV):** A retrospective determination made by assessing and scoring a patient's injuries using the Abbreviated Injury Scale (AIS) and Injury Severity Score (ISS). In Contra Costa, an ISS of greater than 15 or an ISS of 10 to 14 with a greater than 3 day length of hospitalization is classified as an MTV.

- **Measure H:** The Contra Costa County advisory ballot measure in the Fall of 1988, which, when passed overwhelmingly in each city and in the unincorporated area of the County, advised a special assessment be collected to support EMS programs. It specifically added paramedic ambulances, EMS communications system enhancements, disaster supplies, and enhanced medical training and equipment for fire first-responders.

- **Medical Control:** Medical management of the emergency medical services system. This is done prospectively, e.g., policies and procedures; on-line, e.g., base hospital direction; and retrospectively, e.g., continuing education, case review, and quality improvement activities.

- **Mobile Intensive Care Nurse (MICN) or Authorized Registered Nurse (ARN):** A registered nurse who has been authorized by the medical director of the local EMS agency as qualified to issue instructions to prehospital emergency medical care personnel within an EMS system according to standardized procedures developed by the local EMS agency.

- **Morbidity:** Disability or abnormality resulting from an illness or injury.

- **Mortality:** Any death resulting from injury or illness.

- **Multicasualty Incident (MCI):** Emergency incident involving any number of injured persons that over-taxes rescue and medical resources of responsible agencies within an area of the County.

- **Mutual Aid:** The furnishing of resources from one individual/agency to another, including but not limited to facilities, personnel, equipment and/or services when requested during time of need pursuant to an agreement between individuals/agencies

**National Disaster Medical System (NDMS):** a cooperative asset sharing partnership created in the mid-1980s between the Department of Health and Human Services, the Department of Defense, the Department of Veterans Affairs and the Federal Emergency Management Agency (FEMA). The system provides medical response to a disaster site of a disaster; patient evacuation, and hospitalization in a national network of hospitals.

- **Office of Emergency Services (OES):** Contra Costa OES is the Sheriff’s Emergency Services Division responsible for County’s disaster preparedness program and for staffing the County Emergency Operating Center (EOC) during an emergency. State OES, located within the California Department of Homeland Security, performs a similar function at the state level.

- **Operational Area:** A term used in State Standard Emergency Management System (SEMS) to refer to a county and all the local governmental jurisdictions within the county. For example, the Contra Costa operational area includes the County jurisdiction, all of the cities, and all of the special districts within the county.

- **Pediatric Critical Care Center (PCCC):** Licensed acute care hospital that offers specialized pediatric critical care services and acts as regional referral center for critically ill/injured children.
Pediatric Education for Prehospital Providers (PEPP): Course developed by the American Academy of Pediatrics to better prepare prehospital personnel in caring for children.

Penetrating: Any injury that penetrates the skin (e.g. gunshot wounds or stabbings).

Probability of Survival: Statistically defines the patient's chance of surviving sustained injuries. The range of possible values for this probability (referred to as Ps) is from 0.0 to 1.0. A Ps of 0.0 indicates no chance of survival and a 1.0 means predictable survival. The components of Ps are RTS, age ISS and type of injury (blunt or penetrating).

Public Access Defibrillation (PAD): A program sponsored by the American Heart Association and supported by EMS to make automatic electronic defibrillators (AED's) available in public places for use by laypersons.

Public Safety Agency: A functional division of a public agency that provides fire fighting, police, medical or other emergency services.

Public Safety Answering Point (PSAP): The location where 91-1 calls are answered and either appropriate resources are dispatched or the request is relayed to the responding agency.

RACES: Radio Amateur Civil Emergencies Service

ReddiNet: Proprietary system of networking hospitals and county central points for the purpose of sharing information of hospital status and other important information related to the EMS system, multicasualty incidents, and disasters. The ReddiNet system in Contra Costa links hospitals, EMS agencies, and ambulance dispatch centers in both Contra Costa and Alameda Counties. ReddiNet is distributed through the Healthcare Association of Southern California and is in use by a number of other California counties.

Regional Disaster Medical/Health Coordinator (RDMHC): An individual within each OES Region whose principle function is to coordinate the acquisition of medical and health mutual aid in response to a request from the State EMS Authority, Department of Health Services, or Governor’s OES in support of state medical/health response to a major disaster.

Regional Disaster Medical/Health Specialist (RDMHS): An individual whose principle function is to assist a regional RDMHC in planning for and coordinating the acquisition of medical and health mutual aid in response to a request from the State EMS Authority, Department of Health Services, or Governor's OES in support of a state medical/health response to a major disaster.

Rescue Aircraft: An aircraft whose usual function is for rescue, but which may be used, in compliance with local EMS policy, for prehospital emergency patient transport when use of an air or ground ambulance is inappropriate or unavailable.

Response Time: The actual elapsed time between receipt of a request for service and the arrival of the ambulance at the requested location.

Response Information Reporting System (RIMS): A statewide, computerized disaster information reporting system.

Severe Acute Respiratory Disease (SARS): A new, highly infectious disease caused by a form of corona virus. The virus is related to one of the common cold causing viruses, but is much more virulent with a death rate estimate by some experts to be around 15 percent. SARS emerged in southern China in late 2002 and rapidly spread to over 30 nations and territories by May 2003. The rapid spread of this virulent disease prompted the World Health Organization to issue travel advisories for China, Hong Kong, Vietnam, Canada, and Taiwan. Public health officials' concern is that SARS may become a pandemic rivaling that of the 1918 influenza.

SEMS consists of five organizational levels that are activated as necessary: Field Response, Local Government, Operational Area, Region, and State.

- **START**: Acronym for Simple Triage and Rapid Treatment, a procedure adopted by the California Fire Chief's Association.

- **Trauma Care System**: A formally organized arrangement of health care resources, defined by the local EMS Agency, by which severely injured patients are triaged, transported to and treated at designated trauma center(s).

- **Trauma Center**: A licensed general acute care hospital designated by the local EMS Agency as a Level I, II or III Trauma Center. Trauma centers provide staffing and equipment for immediate evaluation and intervention for severely injured patients. John Muir Medical Center is the designated Level II Trauma Center for Contra Costa County.

- **Trauma System Plan**: A formal plan for the transport and care of critically injured patients. Trauma system plans must be submitted to and approved by the EMS Authority. Contra Costa's Trauma System Plan includes the designation of one level II trauma center within the county.

- **Trauma Triage Criteria**: Method used by ambulance personnel to determine whether an injured patient needs the specialized services of a trauma center. The method considers the mechanism of injury, obvious injuries and other information obtained in a brief patient exam.

- **Triage**: Continuous process of sorting accident victims according to severity of their injuries. Necessary when the number of victims exceeds the number of rescuers or resources available.

- **Weapons of Mass Destruction (WMD)**: Include nuclear, biological or chemical weapons, which may be used in terrorist attacks.
XII. Documents Available from the EMS Agency
### DOCUMENTS, PLANS AND OTHER EMS INFORMATION

- 9-1-1 Brochures
- County Service Area EM-1 Proposal and Service Plan
- Contra Costa Health Services Emergency Plan
- Disaster Medical Assistance Team, DMAT CA-6 information
- Domestic Violence Assessment Information Sheet (2002)
- EMCC By-laws
- Emergency Medical Guidelines for Law Enforcement Agencies, 1992
- EMS Agency Annual Program Reports
- EMS System Plan, 1995
- EMS System Plan, Annual Update - 1998
- Expanded Medical Emergency Response Procedure
- Facilities Assessment, 2002
- Message Transmission Network Specifications
- Multicasualty Cache Supplies and Locations
- Multicasualty Incident (MCI) Plan, 1/98
- Paramedic Interfacility Transfer Program application packet (2002)
- Partners Course
- Patient Transfer Guidelines, 1997
- Prehospital Care Manual, (June, 2002)
- Regional Disaster Medical/Health Coordinator Emergency Plan
- Request for Proposal for Emergency Ambulance Services, 1996
- Request for Proposal for First Responder Defibrillation Equipment, 1991
- Request for Proposal for Trauma Center Designation, 1992
- Trauma System Plan, 2001
EMS POLICIES

Communicable Disease Exposure
Contra Costa County Emergency Medical Services Fee Structure
County Paramedic Evaluator
Determination of Death in the Prehospital Setting
Do Not Resuscitate (DNR) Orders in the Prehospital Setting
Emergency Department Diversion and Unusual Event Notification
EMT-1 Certification
End-Tidal CO2 Detection Devices
First Responder Defibrillation
First Responder Paramedic Programs
Hospital Guidelines for Interfacility Transfers via Ambulance
Immediate Medical Control & Direction of Paramedics
Management of Intravenous Lines and Other Pre-existing Patient Equipment
Managing Assaultive Behavior/Patient Restraint
MICN Authorization and Re-authorization
Paramedic Accreditation
Paramedic Base Hospital Communications on ALS calls
Paramedic Student Preceptor Program
Patient Destination Determination
Patient Refusal of Emergency Medical Care and/or Ambulance Transport
Physician on Scene
Prehospital Continuing Education Provider
Prehospital Credential Review Process Guidelines
Prehospital Patient Care Record (PCR)
Procedures for Controlled Substances
Pulse Oximetry
Abuse/assault Reporting
Reporting of Unusual Prehospital Occurrences
Transfer of Care in the Field
Transfer of Critical or Possibly Critical Trauma Patients to Trauma Center
Trauma Patients
Paramedic Interfacility Transfer (CCT-P) Program Standards (2002)