

Childbirth

Clinical Indications:

1. Imminent delivery with crowning.

Applies to:	
E	EMT
P	Paramedic

Procedure:

1. Delivery should be controlled so as to allow a slow controlled delivery of the infant. This will prevent injury to the mother and infant.
2. Support the infant's head as needed.
3. Check the neck for the umbilical cord. If it is present, slip it over the head. If unable to free the cord from the neck, double clamp the cord and cut between the clamps.
4. Suction the airway with a bulb syringe.
5. Grasping the head with hands over the ears, gently pull down to allow delivery of the anterior shoulder.
6. Gently pull up on the head to allow delivery of the posterior shoulder.
7. Slowly deliver the remainder of the infant.
8. Clamp the cord 2 inches from the abdomen with 2 clamps and cut the cord between the clamps.
9. Follow the **Newly Born Treatment Guideline** for further treatment.
10. The placenta will deliver spontaneously, usually within 5 minutes of the infant. Do not force the placenta to deliver.
11. Massaging the fundus may aid in the delivery of the placenta and decrease bleeding by facilitating uterine contractions.
12. Continue rapid transport to the hospital.

