

ANNA M. ROTH, RN, MS, MPH
HEALTH SERVICES DIRECTOR

RANDALL L. SAWYER
DEPUTY HEALTH DIRECTOR

JOCELYN STORTZ, MS, REHS
ENVIRONMENTAL HEALTH DIRECTOR



CONTRA COSTA
ENVIRONMENTAL HEALTH

2120 Diamond Boulevard, Suite 100
Concord, California 94520

Ph (925) 608-5500
Fax (925) 608-5502
www.cchealth.org/eh/

Attention: Swimmers/Bathers
RE: Keller Beach-Richmond, CA
Swimmer's Itch

Recent experiences by visitors to Keller Beach have led us to suspect that there are tiny organisms in the beach water and wet sand that can cause a skin irritation called "swimmer's itch." Anyone who swims, or wades may be at risk. The tiny organisms are more likely to be present in shallow water by the shoreline.

The skin at the feet and ankles may become irritated or itchy. Small red marks may appear. This rash is the only symptom. There are NO long-term health effects. Swimmer's itch is not contagious.

You are advised to limit contact with the beach water and wet sand. If you do enter the water, rinse with fresh water and towel dry thoroughly. Bring your own jug of fresh water to wash off with. If symptoms continue, consult a physician.

For further information please contact:

Contra Costa County Environmental Health
(925) 608-5500
www.cchealth.org/eh

For information on swimmer's itch:

Centers for Disease Control (CDC):
<https://www.cdc.gov/parasites/swimmersitch/faqs.html>

