How Community Water Fluoridation Prevents Tooth Decay

For children

When children are young, fluoride that is swallowed enters the bloodstream.

It combines with calcium and phosphate as the tooth is formed under the gums.

These teeth are more resistant to decay throughout childhood and the teenage years.

For people of all ages

Fluoride in beverages and foods mixes with the saliva.

Saliva neutralizes acid produced by bacteria on teeth.