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**CONTRA COSTA
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DEVELOPMENTAL
DISABILITIES COUNCIL
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**DEVELOPMENTAL DISABILITIES COUNCIL OF CONTRA COSTA COUNTY, INC.
BOARD OF DIRECTORS SPECIAL MEETING
October 28, 2009**

Board and Liaison Members Present: Anne Long-Chairperson, Laura Beard, Curtis Braxton, Ange Burnett, Jim Burton, Stephanie Chapralis, Dwayne Cooper, Stephen Dale, Lacey Friedman, Mindy Lee, Ella Liggins, Penny Musante, Norma Ramos, Kate Rauch, Rocio Smith, Heidi Spalding

Excused: Suzanne Anthony, Ian Bremner, Joan Crook, Elree Langford, Barbara Maizie, Donna Mann, Carol McKinney, Lauri Parks, Pam Perls, Peg Rimler, Carol Rossi, Will Sanford, Barbara Sheehy, Elizabeth Wilson-Palmer

Guests: Francine Davis, RCEB; J. H. Dethero, Parent; Gene Gracey, MassMutual Ins. Co.; Melanie Kilcorse, RCEB; Lisa Kindblad, RCEB; Krista Loomis, Full Circle; Carol Anne McCrary, Contra Costa ARC; Whitney O'Keefe, Spectrum Center Schools; Krista Peterson, CCRMC-Peds; Craig Rose, CIWP Antioch; Sandi Soliday, ACDDC

Staff: Gina Jennings, Director; Pamela Newacheck, Acting Secretary

Welcome and Introductions – Anne Long

Chairperson Anne Long called the meeting to order at 10:00 a.m. All present introduced him/herself.

Approval of Minutes from September 23, 2009 – The meeting minutes were unanimously approved once a quorum was in place. Motion was made by Ella Liggins and the second by Heidi Spalding.

Additions to the Agenda – No additions were made.

Special Presentation: It is Flu Season-Be informed about Seasonal and H1N1 - Lisa Kleinbub, Director of Health and Behavioral Services, RCEB

H1N1

- ❖ The first case recognized in the U.S. was in April 2009. At first it was thought to be similar to a virus in swine, but after more research it was determined to be very similar to seasonal flu and its symptoms: sore throat, body ache, fever over 100.
- ❖ The virus is spread via respiratory droplets (which last 2-8 hours) and persons are contagious from 1 day prior to 7 days after symptoms are evident.
- ❖ Population most at risk:
 - Under age 60 with chronic illness
 - Pregnant women

Methods of Prevention

1. Vaccination

- ❖ H1N1 vaccine is in limited supply – contact physician to see if you should get one. Priority being given to pregnant women, 25-64 with chronic illness, children under 6 months.



- ❖ Seasonal flu vaccine in full supply – recommended for those 6 months to 19 years, over 50, and/or with chronic illness.
- ❖ Both vaccinations are available in live or inactive formulas.

2. Everyday Actions - Critical

- ❖ Regular hand-washing (recommend every 2 hours)
- ❖ Avoid sharing equipment (keyboards, telephones, etc.)
- ❖ Clean surfaces that people share
- ❖ Avoid contact with sick persons as much as possible
- ❖ Sneeze and cough into elbow or tissue
- ❖ Stay home if you are sick and encourage others who are sick to stay home
- ❖ Prepare foods and medications at home

CC Public Health is providing FREE seasonal flu shots every Saturday in November at locations throughout the county for priority groups. See website for information or call.

Nov. 7 – Hilltop Mall in Richmond

Nov. 14 – Somersville Towne Center in Antioch (**Rescheduled for December 6th at the Pittsburg Health Clinic**)

Nov. 21 – Ygnacio Valley High School in Concord (**Location changed to Sleep Train Pavilion**)

November 21 – PG&E San Ramon Conference Center

For more details and updates on the free shots– go to www.cchealth.org

For more details on influenza, go to www.flu.gov

Budget Update/RCEB Update – Jim Burton

- There have been no significant issues or changes since last report.
- It appears that there will NOT be a special budget session called to discuss topics that affect those we serve.
- The Governor’s budget is due in January, and state revenues are still down - there was a \$1 billion shortfall in July/Aug/September. Estimates keep growing.
- There have been a number of lawsuits files against some of the recent proposed changes:
 - Transportation
 - IHSS
 - Adult Day Health Services
 - Optional benefits; dental, audiology, etc.
- RCEB has almost completed the changes that reflect the recent trailer bill language. These changes affect many, many families who have been wonderful to work with.
- There are about 100 cases currently in appeal; most of them are in the areas of respite care and social recreation programs.
- We are still a long way from knowing whether the recent cuts will achieve the desired budget reductions.
- Early Start changes have been made and the Prevention Program is in place. About 250 toddlers lost their EIP eligibility and have been moved to the new Prevention Program. First 5 of Alameda County is helping, but generic services still need to be improved.
- Individual Choice Option – there has been much discussion, but no real explanation has been given on how this model will work.

Area Board 5 Appointment

Pam Perls requested that she be re-appointed to a second term. Curtis Braxton made the motion, and Penny Musante provided the second. Pam’s re-appointment was unanimously approved.

Board Schedule

- There will be no meeting in November and December.
- The Board-only Retreat will be held on December 2 from 9 a.m. until noon at the Center for Well Being, 1870 Adobe Street. A continental breakfast will be provided.

The next Board and Membership meeting is scheduled for January 27, 2010.



Committee Reports

Legislation

- Mark DeSaulnier has put together a Senate Selection Committee on Autism. The kick-off meeting for this is November 4.

Transition Committee

- The January Transition Conference is scheduled for January at Diablo Valley College. The \$30 fee includes breakfast and lunch. The brochures will be ready shortly. The keynote speaker is Erin Riehle from Project Search, and Rocio Smith gave a special endorsement of her.

Family Support

- No report. There are positions available on this committee. Ange Burnett and Lacey Friedman expressed interest, and Gina will contact them.

Announcements

- January 22 is the 2nd Annual Town Meeting with local representatives at the State Building!
- Curtis Braxton announced that he is working to collect Christmas toys for families. The due date is December 20. Contact Curtis for details.
- Census counting begins in November. Gina encouraged everyone to participate, as \$11,400 is lost for every person that is not counted/missed.
- Living Options Training is offered two times per year – in October in CC County, and April in Alameda County.

Adjournment

The meeting was adjourned at 11:30 p.m.

Respectfully submitted via e-mail,

Pamela Newacheck

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Acting Secretary

2010 SNACK SCHEDULE

January 2010: Pamela Newacheck

February 2010: Laura Beard

March 2010: Dwayne Cooper and Curtis Braxton

April 2010: Anne Long

May 2010: Ella Liggins

June 2010: Stephanie Chapralis

July/August: (meeting not confirmed)

September: Mindy Lee

October: Stephen Dale

November/December:

