

Developmental Disabilities Council of Contra Costa County
BOARD OF DIRECTORS MEETING
November 28, 2018

Board and Liaison Members Present: Paula Senigar, Chairperson; Heidi Spaulding, Vice-Chair; Craig Rose; Donna Feingold; Elvia Osorio Rodriguez; Leslie Werosh Visbal; Marcelle Indelicato; Pam Perls; Rosa Valledor; Suzanne Anthony; Will Sanford; Marianne Iversen; Stephen Dale; Sheraden Nicholau.

Staff: Vi Ibarra.

Board and Liaison Members Excused: Audrua Sysum, David Monahan, Nickole Bouslog, Ria Mercado, Bill Trinh, Caroline Ortiz

Guests: Carol Anne McCrary, Contra Costa ARC; Patricia Albeno, CARE Parent Network; Lisa Kleinbub, Executive Director, RCEB; Jason Parks, Futures Explored; Murri Banis, Contra Costa ARC; Shital Agrawalla, Care Parent Network; Catherine Godlewski, Contra Costa ARC; Cherese LeBlanc, Care Parent Network; Judy Hunter, Las Trampas, Inc.; Tracy Butler, Contra Costa ARC; Jess Pawlak; Kim Cox, CC Health Services; Ruth Adams, CC Health Services; Geneva Ziaoure, Manos Home Care/PVAC; Heather Hackett, Futures Explored; Megan Crain, Congressman Desaulnier's Office; Betty Viesca, Meadow Creek Home; Paul Leung, CC Public Health; Aimee Vitug-Hom, Contra Costa ARC; Ramsay Mashy, California Autism Foundation.

Welcome and Introductions:

The meeting was called to order by Paula Senigar, Chair, at 10:01 a.m. and everyone was welcomed. Introductions were made.

- o The meeting minutes of October 2018 were approved with 1 spelling correction (M/Suzanne Anthony S/Leslie Werosh Visbal).
- o There were no additions to the agenda.

Presentation: Introduction to Person-Centered Thinking and Person-Centered Planning by Sheraden Nicholau

Sheraden distributed her power point presentation and several samples of person-centered planning documents. Her main points included:

- We can reach out to Sheraden for resources.
- There is a certification to train others on this topic.
- The main principles include:
 - o People being served tell us how they want to live;
 - o Try to get as close as possible to "natural resources" to have the life they want;
 - o Get the support needed to make the vision come true.
- Person-centered thinking and the planning process are key:
 - o Life goals, long-term
 - o Capabilities
 - o Strengths
 - o Preferences
 - o Barriers
 - o Concerns
 - o Needs
- This is a strength-based perspective.
- The planning process is on-going, well before the IPP meeting (not done in the meeting)
- There is no one way to develop the plan ----- there are many planning options and she showed us several samples of various tools.

- The plan will change over time, so the plan must be revisited and revised regularly.

Sheraden was thanked for her great presentation and handouts.

There was a short break for coffee and conversation

UPDATES

RCEB Report by Lisa Kleinbub, Executive Director:

Lisa reported:

- She attended a Burns & Associates presentation—the final report will be out in March 2019.
- There is a 12 month 2.07% rate increase in high cost areas for “gap funding” expected to start in May 2019 and will go until the money runs out.
- There are 8 people left at Sonoma Developmental Center, who should be moving out by December 14th.
- In July 2019 people on SSI/SSP will be eligible for CAL Fresh benefits.
- The Camp/Paradise fires impacted over 700 people that includes consumers, their families, service providers and staff. There were 8 programs in Paradise. Far Northern Regional Center has a GoFundMe page with no administrative costs----they are handing out grants----please consider donating to these efforts to help people and services to recover.

State Council on Developmental Disabilities (SCDD) Bay Area Office:

Sheraden reported:

- By Dec 14th Sonoma DC will be empty and it is a monumental event. There will be a longitudinal study on the folks that moved out.
- State Council is in Part 2 of a 3-year study of National Core Indicators. They will be doing surveys of families with children under 18. It can be accessed on-line in various languages.
- Tonight there is a meeting at the Alameda County Office of Education from 7 pm – 9 pm. Legislators will be attending and there will be a report on the disparity issue.
- Tomorrow there is a State Council meeting from 10 am – 5 pm and you can call in to attend.
- There will be a launch of CalABLE on Dec 18th at the Ed Roberts Center at 10:30 am—it will be a celebration.
- Contact Sheraden to get on the SDCC Eblast list for up to date information
- SDCC also provides training---just contact Sheraden.

Executive Assistant to the Council Report by Vi Ibarra: No Report

Committee Reports:

Executive Committee: They met on October 24th. They are trying to support Vi in her busy schedule, get ready for legislative advocacy, and building resources into their website.

Nominating Committee: There are 2 seats available----contact Paula or Vi if you are interested in serving on this Board.

Transition Committee: Vi reported that there is an event on February 2 at the Antioch Mall: *Employment IS an Option!*

Community Liaison Reports

Health and Emergency Services Engagement Committee: No report

Subcommittee on Employment: No report

East Bay Legislative Coalition: They have not yet met. Next meeting is Dec 5th at 10 am @ 1000 Broadway in Oakland. Everyone is welcome to attend.

CCTA Paratransit Coordination Council (PCC): No report.

Emergency Services Engagement:

Marcelle reported:

- Weather predictions include an “atmospheric river” with the wettest months being January and February.
- Sound the Alarm (installing free smoke detectors) of the American Red Cross will be happening April 27, May 1 and May 4th in Antioch, Pacheco and Richmond.----Let Marcelle know if you would like to volunteer.
- Livia and Marcelle did a few presentations on the Community Warning System to program participants at Contra Costa ARC and Futures Explored. Let them know if you would like them to present at your agency.
- County Connection has 452 buses to give away----one suggestion was to send them to Butte County for temporary housing.
- Our area deployed 3 FAST members and search and rescue teams to fires in Orange County recently.
- Regarding FAST workers that are non-governmental, there are some insurance issues to work out.
- Several trainings and planning exercises include a tabletop exercise for a simulated fire in Pinole; Dec 11th Alameda and Contra Costa County regional training; a simulated evacuation of Moraga.
- Antioch High School is looking for judges on Dec 13th, 9:30 am – 3:30 pm, to judge the engineering students’ projects.
- Govrock is looking for people to try out their software in Woodland, this coming Monday from 1:30 pm – 4:30.

Contra Costa Public Health

Three years ago, our community assisted in the planning and participation in an important exercise at George Miller Center-Concord for a Point of Dispensing (POD) to dispense medicine to people with disabilities. PODs are utilized in the event that medication needs to be distributed to the community in response to mass illness or bioterrorism attack. More than 150 people with disabilities attended to train public health personnel on the varying types of communication styles that people use. A pictorial interview tool was developed and subsequently revised. It was successfully utilized in an exercise at Chevron. The CDC also requested this interview booklet.

Kim Cox (retiring soon) and Ruth Adams, both of Contra Costa Public Health, presented several people a State Department of Public Health award (plaque) for Innovation Solutions. This included Heidi Spaulding, Carol Anne McCrary, Heather Hackett, Carl Tolentino, Kim Williams, and Nickole Bouslog. In turn, the DD Council presented Kim Cox with a Special Ambassador Award for all her work on this project.

Announcements:

- Stephen Dale announce an IPP training given by Jim Huyck.

- He also offered his video studio at his office.
- Rosa Valledor announced a low cost training with various workshops at Contra Costa College---flyers were distributed.
- There is no meeting in December.

Adjournment: The meeting adjourned at 11:50 a.m.

**Next Meeting:
January 23, 2019
RCEB-Concord
1320 Willow Pass Road, #300
10:00 am - Noon**

Respectfully submitted electronically by,

Carol Anne McCrary
Contra Costa ARC