



MODIFIED QUARANTINE AT SCHOOLS

What is “modified quarantine”?

Modified quarantine is a way to keep our kids as safe as possible while attending in-person learning. Nationwide research and real-world experiences show that when people are wearing masks at the time of a school-based exposure to COVID-19, in-school transmission is unlikely, and students who were potentially exposed (close contacts) can safely continue in-person learning.

What happens if my child is a close contact?

If your child **is fully vaccinated**, they may continue to attend school in-person while watching for symptoms for 14 days. They should get tested 5-7 days after exposure.

If your child **is not fully vaccinated** and both your child and the infected person were wearing masks in a supervised school setting, your child can attend school in-person if they:

1. Remain symptom free
2. Continue to wear a mask
3. Get tested twice: right after exposure notification and on Day 5 or later (if first test is on or after Day 5 due to late notification, one test is okay)
4. Do not participate in extracurricular or community activities, such as sports, until their modified quarantine ends

When would my child’s modified quarantine end?

If your child **does not develop symptoms and all tests are negative for COVID-19**:

- The modified quarantine period ends after Day 7 (from date of exposure), if your child tests negative on Day 5 or later
- Continue to monitor for symptoms for 14 days after their exposure

If your child **tests positive for COVID-19 or develops symptoms**:

- Get your child tested if you haven’t already done so
- Notify your child’s school and healthcare provider
- Your child must stay home and isolate from the rest of the household for 10 days or until their symptoms improve and they are fever free for 24 hours (without medication)

More information:

- List of COVID-19 symptoms: <https://bit.ly/c19-symptoms>
- Quarantine & isolation instructions: <https://bit.ly/covid19-patients>
- No-cost COVID-19 tests: cchealth.org/coronavirus or call (833) 829-2626

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