



PROTECT YOUNG KIDS FROM COVID-19

While fewer kids have gotten COVID-19 than adults, kids can still get and spread the virus, even if they don't feel sick.

How are childcare centers and schools protecting kids from COVID-19?

Childcare centers and schools use many different tools to protect children, teachers and staff:

- Encouraging COVID-19 vaccination
- Requiring or offering COVID-19 testing
- Encouraging handwashing
- Requiring masks for everyone age 2 and older
- Improving air flow and ventilation
- Requiring sick people to stay home

How can I protect my family from COVID-19?

Getting vaccinated is the best way to prevent COVID-19 at home and at school. When families, teachers, staff and students 12 years and older are fully vaccinated, COVID-19 outbreaks are less likely to happen.

Other ways to protect your family:

- Wear a mask in public indoor places and crowded outdoor places
- If your child is under age 2 and can't wear a mask, limit visits with unvaccinated people and keep distance from other people in public
- Choose outdoor activities instead of indoor ones
- If indoors, bring in fresh air by opening windows and doors
- Avoid crowded places
- Avoid activities where people are singing, chanting or shouting
- Wash your hands often or use hand sanitizer with at least 60% alcohol

When should I keep my child home from school or childcare?

Keep your child home and get them tested if they:

- Have symptoms of COVID-19, including fever, cough, fatigue and headache. View a symptom comparison chart: <https://bit.ly/38Zw4hA>.
- Have spent time with someone who has COVID-19

What if someone gets sick?

- Keep the sick person home from school, childcare or work for 10 days or until feeling better and fever-free for 24 hours without medication
- Ask your doctor for a free COVID-19 test
- Tell the people that you have spent time with that they may have been exposed to COVID-19
- Have the sick person use a separate bedroom and bathroom for 10 days or until feeling better and fever-free for 24 hours without medication, if possible
- Avoid sharing personal items like dishes and towels

For more information and to get vaccinated, visit cchealth.org/coronavirus

RESPONSE
Coronavirus (COVID-19)

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