

## Visitation Guidance For Facilities While in an Outbreak/Being Monitored By Public Health after Positive Staff or Residents

Your facility is in Outbreak status and being monitored by Public Health due to positive staff or residents. During an outbreak visitation at your facility may continue for any COVID status resident with appropriate PPE. Visitors are not allowed in communal dining or group activities when community transmission is substantial or high (please see the [CDC tracker](#)). Your facility should continue to follow all the outbreak guidance recommended by the Contra Costa Public Health Department including response testing recommendations and ensuring your facility has done full contact tracing of exposures to the positive resident(s) or staff member(s). Outdoor visitation is preferred, but if it is not possible (e.g., inclement weather, poor air quality, resident inability to be moved outside, etc.), facilities can have indoor visitation in residents' rooms. While the facility is in an outbreak status each resident should only have 2 visitors at a time and the total number of visitors within the facility should be limited to the facility's ability to safely accommodate and monitor those visitations while following the guidance set forth by your appropriate licensing body, and adhering to appropriate social-distancing and disinfection protocols.

Uncontrolled/expanding outbreaks may have in-door visitation closed for brief periods in discussion with public health, with the exception of compassion care visitations which should always be allowed with appropriate PPE. Family caregivers who are part of care team of the resident are not considered visitors but an essential part of the resident's care and should not be excluded from caring for the resident.

Facilities should provide alternative visitations for residents who cannot have visitors, such as virtual (phone, video-communication, etc), drive-by visits or visit through a person's window, or other alternate visitation strategies. When the facility is not experiencing an outbreak, visitation policy should follow your appropriate licensing body ([CDPH AFL 22-07](#) , [CMS Nursing Home COVID-19 Visitation Memo](#), [DSS PIN 22-7](#) )

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**For visitors visiting residents following should be implemented to allow for safe visit between residents and loved ones:**

- Visitors must follow vaccination and test requirements as laid out by current state health officer orders or regulatory body guidance.
- Visitors must be informed of the COVID-19 status of the facility.
- Visitors must be appropriately screened prior to entry for COVID-19 symptoms, exposures, and a temperature check.
- Visitations should take place outside, as much as possible, and be in a location that allows for 6 feet or more of physical distancing. Surfaces (handrails, chairs, tables, etc) should be sanitized after each visit between residents and visitors.
- Visitors and residents should wear masks during the visit and other appropriate PPE for cohort, regardless of visitor vaccination status.
- All visitors and residents should wear appropriate facial covering during their visit and should maintain 6-ft physical distancing, as guided in appropriate regulatory body guidance. Visitors who are up-to-date with vaccination visiting residents who are up-to-date with vaccination do not need to social distance and may have physical contact with the resident (e.g., hugging, holding hands, assisting with feeding or grooming).
- If outdoor visitation is not feasible, and facility is able to accommodate indoor visitation, in addition to above:
  - Facilities should create a dedicated visiting areas in large communal spaces that can accommodate 6 ft distancing between visitor groups.
  - Facilities should disinfect rooms after each resident-visitor meeting.
- If outdoor visitation is not feasible, during an outbreak, indoor, in room visitations may also take place for all residents regardless of their vaccination status in “green” (unexposed, exposed up-to-date with vaccine or recovered) , “yellow” (exposed or observation status or “red” (in isolation).
  - Visitors should be provided personal protective equipment (gloves, gown, eye protection and N95 respirator) and instructed in a N95 respirator seal check for visitation of residents in yellow (exposed or observation status) and red (isolation) areas.
  - Visits for residents who share a room should be conducted in a separate indoor space or with the roommate not present in the room (if possible), regardless of the roommate’s vaccination status.
- Facilities should limit movement in the facility by visitors and should have visitors go directly to designated visitation area or the resident’s room if the resident does not have roommates.
- Uncontrolled/expanding outbreaks may have in-door visitation closed for brief periods in discussion with Public Health, with the exception of compassion care visitations which should always be allowed with appropriate PPE.

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RE (Resident/Patient name):  
Facility Name:  
Facility Address:

You have requested to visit a resident at a facility with current COVID-19 positive resident(s) and/or staff that is being monitored by Public Health. Visitations are allowed for all residents. The facility has reviewed the positive staff and resident interactions and have determined what residents have had an identified exposure and testing has identified positive staff and/or residents. Visitations may take place with residents who have not had an identified exposure(s) to a positive COVID-19, with residents who have had an identified exposure(s) to a positive COVID-19 staff or resident while they were considered infectious (e.g. can spread the infection), or to a resident who is COVID-19 positive. If requested by you, and the facility has reviewed and cleared the request. If visiting a resident with no identified exposure, a risk remains that the resident you are visiting had an exposure that was not identified during contact tracing process. If you are visiting a resident with an exposure or is positive, you may be instructed to do further control measures during your visit to decrease chance of spreading the infection.

You understand by visiting the resident at the facility that you will only be allowed to visit with the resident outdoors or, if feasible and outdoor visitation is not available, within a designated visitation area in the facility or in the resident room while the facility is being monitored by Public Health Department.

- If visiting a resident with no known exposures, you understand that the resident you are visiting has no identified direct exposure, but given the potential for exposures at the facility and monitoring status that they may have had an unknown exposure, and you may be exposed to COVID-19.
- If you have been cleared to visit a resident with an exposure or is COVID-19 positive, you understand that you will need to wear all expected personal protective equipment (PPE) and you may have a higher chance of being exposed.
  - You should be instructed on use of the PPE, including a seal check, but you understand even if given a n95 facemask to wear during your visit that you may not get the full protection from the n95 mask if you have not been fit tested to that type of mask.
- You understand that if you are exposed to COVID-19 you may also become sick with COVID-19.
- You understand if you become sick you would need to isolate, regardless of your vaccination status.
- You understand that you must follow all guidelines for the visit which may include: 1) Conducting temperature and symptom screening prior to visit; 2) maintain physical distancing at all times (at least 6 feet or more for the resident), and 3) wearing a mask during the visit.

I have read and understand the information provided above.

\_\_\_\_\_  
Name of Visitor

\_\_\_\_\_  
Name of Patient/resident visiting

\_\_\_\_\_  
Signature of Visitor

\_\_\_\_\_  
Date

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