



IT'S OKAY TO VENT

We are here to help you Stay Strong Against COVID-19

FREE, CONFIDENTIAL AND NON-JUDGEMENTAL SUPPORT LINE FOR CALIFORNIA WORKERS IN HEALTH CARE SETTINGS RESPONDING TO COVID-19.

510-420-3222

ACPA
Crisis Support Services of Alameda County
alameda county behavioral health



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Available 24/7 for any reason. Nonjudgmental, compassionate support.