

INSURANCE HEALTH PLAN ACCESS LINE NUMBERS

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| Blue Cross / Anthem Blue Cross | 1-888-831-2246 Press 1 then 2 to get to a Representative Member Services 1-800-407-4627 Advice Nurse 24/7- 1-800-224-0336 Option 2 |
| Kaiser MH-West | 510-307-1640 Must have Medical Record/ Voicemail NOT AN EMERGENCY LINE |
| Kaiser MH- Central | 925-295-4145 WILL CONNECT YOU TO CRISIS DEPT 24HRS |
| Kaiser MH-East | 925-777-6300 NOT AN EMERGENCY LINE |
| Medi-Cal Kaiser Health Plan Transportation | 1-844-299-6230 Automated line /leave message will return call |
| Medi-Cal Contra Costa Health Plan transportation | 1-855-222-1218 Must Call five (5) days in advance for Services |
| Contra Costa Health Plan | Behavioral Health/Substance Use Support (Access line) 1-888-678-7277 Contra Costa Crisis 1-800-833-2900 Suicide Prevention 988 |
| United Health Care | Substance Use Support 1855-780-5955 Domestic Violence 1-800-799-7233 Behavioral Health 1-800-985-2596 |
| Aetna | Behavioral Health 1-888-632-3862 Substance Use Support 855-520-2898 |
| A3/Miles Hall Center/ mobile Crisis Response Team (Adult) | 1-833-443-2672 Hours Operation M-F 8-6:30PM Sat-Sun 8:30-5PM |
| Seneca Mobile Response Team (children up to 21 years of age) Serves ONLY Contra Costa County Area | 1-877-441-1089 Hours operation M-F 7-11PM Sat-Sun 11-9PM (IN-PERSON SUPPORT) 24 HOUR PHONE SUPPORT |
| Contra Costa Crisis Center | Dial 988 Text Hope 41741 Dial 211 24 HOUR SUPPORT |