

Your Child's Asthma: Is It Under Control?



If you answer “yes” to either of the questions below, your child’s asthma may not be under control. With the right plan, asthma can be controlled. Following all instructions and working with your child’s healthcare provider is the best way to control your child's asthma.

Question 1

Does your child need to use his quick-relief inhaler more than 2 times a week (other than before exercise)? If the answer is yes, talk to your child’s healthcare provider.

Question 2

Does your child wake up at night with asthma symptoms more than 2 times a month? If the answer is yes, talk to your child’s healthcare provider.

Question 3

Has your child needed to take oral steroids more than 2 times in the past 12 months? If the answer is yes, talk to your child's healthcare provider.

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