

## SUMMARY OF BENEFITS

The following services are available for eligible participants who meet medical necessity:

### Screening & Brief Intervention

<b>Who</b>	Youth and Adults
<b>What</b>	Prevention Care once per year with your assigned medical provider under your own health plan.

### Outpatient

<b>Who</b>	Youth (Under 21) and Adults
<b>What</b>	Less intensive community-based services (up to 9 hours per week) include group and individual counseling, patient education, crises assistance and case management.

### Intensive Outpatient

<b>Who</b>	Youth (Under 21) and Adults
<b>What</b>	More intensive community based service (up to 19 hours per week or up to 30 hours per week for perinatal patients) include individual and group counseling, patient education, crises assistance, and case management.

### Medication Assisted Treatment (MAT)

<b>Who</b>	Adults with Opioid Use Disorders
<b>What</b>	Available prescribed medications include methadone and buprenorphine. Include case management, and group and individual counseling.

### Withdrawal Management (Detox)

<b>Who</b>	Adults Only
<b>What</b>	Non-Medical 24-hour detox and moderate withdrawal services for up to 5 days.

### Residential - A Preauthorized Service

<b>Who</b>	Youth (Under 21) and Adults
<b>What</b>	Short-term residential (24/7 Live-In) services include individual and group counseling, patient education, and case management.

### Recovery Support Services

<b>Who</b>	Adults - Post Treatment
<b>What</b>	Support services include relapse prevention, recovery coaching, recovery support, builds self-management skills. Available after completion of treatment.

## CONTRA COSTA COUNTY DRUG MEDICAL ORGANIZED DELIVERY SYSTEM (DMC-ODS) PLAN

Is your life or the life of someone you love affected by the use of alcohol or other drugs? You do not have to fight addiction alone. Please give us a call and speak with a counselor.

### Behavioral Health Access Line

Toll Free: 1-800-846-1652

### Other Behavioral Health Division Resources

Mental Health Access: 1-888-678-7277

Suicide Crisis Hotline: 1-800-233-2900

Homeless Hotline: 1-800-799-6599



CONTRA COSTA  
ALCOHOL & OTHER  
DRUGS SERVICES  
A Program of Behavioral Health Services

Updated: May 2018

# EXPANDED SUBSTANCE USE DISORDER TREATMENT SERVICES FOR CONTRA COSTA RESIDENTS

Access Line: 1-800-846-1652  
[cchealth.org/aod](http://cchealth.org/aod)



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In **2017**, Contra Costa and other counties began offering a more comprehensive system of care for those struggling with substance use disorders. Eligible patients can now access detoxification, regular or intensive outpatient, residential and Medication Assisted Treatment (MAT) not previously available to them.

## WHO IS ELIGIBLE?

Low-income Contra Costa County residents, including:

- ✓ Medi-Cal beneficiaries with Contra Costa Health Plan
- ✓ Medi-Cal beneficiaries with Anthem Blue Cross
- ✓ People without insurance. We will not deny services on inability to pay.

A qualified healthcare provider must deem the services to be medically necessary.

### Who does “medically necessary” mean?

It means the patient’s diagnosis qualifies for certain addiction-treatment services.

### What is Medication Assisted Treatment?

In addition to individual and group counseling, some patients may need to take medication to get extra help with their recovery. Methadone, which helps people stop using heroin, is probably the best known medication assisted treatment. But there are also other medications, including some that help reduce cravings for alcohol (acamprosate and naltrexone) and opiates (buprenorphine and Suboxone).

In Contra Costa, Suboxone treatment is provided through the Choosing Change clinics. If you are a new patient please contact the Behavioral Health Access Line for an appointment.

For methadone services please contact BAART Antioch (925) 522-0124 or BAART Richmond (510) 232-0874

## HOW CAN I ACCESS SERVICES?

**Contra Costa residents can**

- ✓ Call the County’s Behavioral Health Access Line at 1-800-846-1652 24-hours per day 7 days per week, you can speak with a substance abuse counselor who will conduct a brief interview over the phone regarding your alcohol and/or drug use treatment needs. Whenever possible an appointment will be made with a treatment provider while you are on the call. This call will take about 15-20 minutes to get a referral to a qualified substance-use provider.
- ✓ You can visit a treatment provider near your home, work or school. Friendly staff will help you call the Behavioral Health Access Line.
- ✓ If in court, the judge will make a referral to a substance abuse counselor who will interview you regarding your alcohol and/or drug use treatment needs and will assist contacting the Behavioral Health Access Line
- ✓ If in jail, you may speed dial \*9092# to speak with a substance abuse counselor at the Behavioral Health Access Line

With either option, you can pick a provider that meets your language, cultural, service or location needs. An intake appointment should be scheduled no later than 10 calendar days from the time you spoke with a counselor at the Behavioral Health Access Line.

