**HOW To Access Recovery Residences In Contra Costa?**

**Support4Recovery**
Support4Recovery (S4R) is a nonprofit organization that maintains contact with a local network of sober living environments. S4R provides information to all Substance Use Disorder (SUD) treatment programs, collects applications and interviews beneficiaries for placement suitability. Online forms available at [support4recovery.org](http://support4recovery.org) or [cchealth.org/aod](http://cchealth.org/aod).

**Oxford House**
Oxford House Inc. is a national nonprofit that supports networks of autonomous recovery residences around the country, organized by chapters. There are two Oxford Houses in Contra Costa, supported through a contract with Alcohol & Other Drugs Services, with trained outreach workers, who establish new houses and provide ongoing organizational and technical support for existing houses, as well as recovery support.

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**Residential Program**
- Provides information about SABG scholarship to ensure ample time to request and obtain a bed
- Helps prepare and submit application as soon as possible
- Client must be informed of expanded Recovery Residence benefits either through basic outpatient, intensive outpatient or residential programs
- Motivate the client to complete treatment and continue treatment in an outpatient setting
- The case manager must obtain an intake appointment and proof of enrollment in Level of Care: 1 Outpatient Services, 2.1 Intensive Outpatient Services prior to admission in a recovery residence

**Outpatient Programs**
- Assist the client with application to Recovery Residence program in a timely manner
- Verify weekly that client is receiving basic outpatient or intensive outpatient treatment
- Maintain DMC certification and have a contract with Alcohol and Other Drug Services
- Ensure that client meets medical necessity for Level of Care: 1 Outpatient Services, 2.1 Intensive Outpatient Services
- Provide necessary case management services for employment readiness
- Coordinate care with the designated Recovery Residence program staff, S4R & Oxford Houses.

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Contra Costa County Drug Medi-Cal Organized Delivery System (DMC-ODS)

1-800-846-1652
cchealth.org/aod
August 2019
WHAT Are Recovery Residences?
Also called sober living environments (SLE), Recovery Residences are affordable, alcohol and drug-free housing environments for people who have completed, or are currently enrolled in Substance Use Disorder (SUD) treatment and are committed to sobriety. Recovery Residences allow the house members to continue to develop their individual recovery plan and to become self-supporting through positive peer group interactions among house members and staff.

HOW Do Recovery Residence Scholarships Work?
Beneficiaries may receive scholarships through the Substance Abuse Block Grant (SABG) to pay all or part of the cost of recovery residence rent.

Applicants must:
- Meet medical necessity for 1.0 Outpatient Services and 2.1 Intensive Outpatient Services
- Be enrolled in a Drug Medi-Cal certified program and actively receiving substance use treatment services at a Contra Costa DMC-ODS program while living at a recovery residence

Benefits

<table>
<thead>
<tr>
<th>Period</th>
<th>County</th>
<th>Resident</th>
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<tbody>
<tr>
<td>Outpatient Treatment</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Months 1 &amp; 2</td>
<td>County pays 100% up to $600 monthly</td>
<td>Resident pays 0%</td>
</tr>
<tr>
<td>Months 3 &amp; 4</td>
<td>County pays 70%</td>
<td>Resident pays 30%</td>
</tr>
<tr>
<td>Month 5-7</td>
<td>County pays 50%</td>
<td>Resident pays 50%</td>
</tr>
<tr>
<td>Month 8 &amp; Up</td>
<td>County may pay up to 30%, authorized on a case-by-case basis</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Intensive Outpatient Services</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Months 1-3</td>
<td>County pays 100%</td>
<td>Resident pays 0%</td>
</tr>
<tr>
<td>Months 4-6</td>
<td>County pays 70%</td>
<td>Resident pays 30%</td>
</tr>
<tr>
<td>Month 7 &amp; Up</td>
<td>County may pay up to 30%, authorized on a case-by-case basis</td>
<td></td>
</tr>
</tbody>
</table>

WHAT Is Expected Of Me At A Recovery Residence?
To access your Recovery Residence scholarship, you must:
- **Participate In Substance Use Disorder (SUD) Treatment**
  Your program must be a Drug Medi-Cal certified outpatient or intensive outpatient program and have a contract with Contra Costa Alcohol & Other Drugs Services

- **Work Toward Employment**
  Employment is not a requirement during the first few weeks at a Recovery Residence. You and your counselor will mutually decide, based on your treatment plan, when to look for work.

- **Contribute Financially**
  Scholarship recipients are expected to eventually pay their share of the rent cost to their Recovery Residence.

- **Follow The Rules**
  All Recovery Residences have house rules of conduct. It’s also your responsibility to obtain verification of your participation in treatment and help your counselor coordinate with house staff.

- **Use Recovery Support Services (RSS) To Prevent Relapses**
  Activate your Relapse Recovery Plan immediately when you recognize signs of relapse.

Scholarships provide as much as $5,400 annually, depending on the actual cost of rent.

**HOW Do I Apply?**
If you are in residential treatment, ask your care coordinator as soon as you are stable and ready to transfer to an outpatient or intensive outpatient program.

Your coordinator will help with the paperwork. Make sure you apply as soon as possible – the process takes time. Your coordinator will need some documents, including proof of enrollment in outpatient services, before you can be admitted to a Recovery Residence.