Talking openly about **Substance Use and Mental Health Disorders** was once a taboo subject in the United States, today it is becoming part of the public conversation. Please join Contra Costa Health Services on September 27th, 2019 for a moderated panel discussion about substance use related stigma and the negative impact it has on a person’s motivation to recover.

A panel of subject matter experts will share personal stories and professional perspectives on why reducing stigma is crucial to increase timely and equitable access to substance use and mental health treatment and recovery services.

**DID YOU KNOW?** In 2017, an estimated 20.7 million people age 12 and older needed treatment for a substance use disorder. Only 4 million people received treatment, or about 19% of those who needed it.

According to the American Addiction Centers, one of the primary environmental factors that may increase a person’s risk of addiction is community attitudes towards people with substance use disorders.