

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
MINUTES**

Wednesday, March 28, 2018

Alcohol and Other Drugs Services

**1220 Morello Ave, Second Floor Large Conference Room
Martinez, CA 94553**

Members Present: Anne Sutherland M.D., Antwon Cloird, Courtney Cummings, Guita Bahramipour (late), Tom Aswad, Victor Lecha, Sunita Frey

Members Absent: Anthony Segovia (E), Catherine Taughinbaugh (E), Lanita Mims (R), Michael Collins (E)

Staff Present: Fatima Matal Sol - AOD Program Chief, Isabelle Kirske - AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u>CALL TO ORDER</u>	Anne Sutherland M.D. called the meeting to order at 4:03 pm when quorum was met.	ANNE SUTHERLAND M.D. CALLED THE MEETING TO ORDER AT 4:03 PM WHEN QUORUM WAS MET.
II. <u>Review and Adopt the Agenda</u>	Anne Sutherland M.D. opened the floor to adopt the agenda.	TOM ASWAD MMS ANTWON CLOIRD TO ADOPT THE AGENDA AS WRITTEN. MOTION APPROVED UNANIMOUSLY. <u>AYES:</u> Antwon Cloird, Courtney Cummings, Sunita Frey, Victor Lecha, Anne Sutherland M.D., Tom Aswad <u>NOES:</u> None <u>ABSENT:</u> Anthony Segovia, Catherine Taughinbaugh, Guita Bahramipour, Lanita Mims, Michael Collins <u>ABSTAIN:</u> None
III. <u>Review and Approval of Draft Minutes of February 28, 2018</u>	Approval of the February 28, 2018 meeting minutes. The minutes were approved as presented.	ANTWON CLOIRD MMS TOM ASWAD TO APPROVE THE FEBRUARY 28, 2018 MINUTES AS PRESENTED. MOTION APPROVED UNANIMOUSLY. <u>AYES:</u> Antwon Cloird, Courtney Cummings, Sunita Frey, Victor Lecha, Anne Sutherland M.D., Tom Aswad <u>NOES:</u> None <u>ABSENT:</u> Anthony Segovia, Catherine Taughinbaugh, Lanita Mims, Michael Collins <u>ABSTAIN:</u> None
IV. <u>PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)	<ul style="list-style-type: none">• Antwon Cloird reported that he is interested to see treatment take a holistic approach and asked that the Board focus on this.• Anne Sutherland M.D. stated that she is not sure where the national attention on the Opioid Crisis came from. She reported that there is an article about a High School Football Team and all of the players are on pain medications in order to play. She also stated that this epidemic should not take the entire focus of Alcohol and Other Drugs Services (AODS) because there are people suffering from addiction who do not consider opioids to be their drug of choice.• Victor Ortiz asked for more information	
Public Comment Cont.		

- about the Board's Statement of Purpose.
- Tom Aswad reported that on April 28th from 6pm – 9pm Support4Recovery (S4R) is hosting a free Alumni Event in Concord. He requested that AOD Board members get their tickets now because they will sell out. Tom also reported that in 2016 S4R funded nine Sober Living grants, in 2017 they funded 35 grants and to date in the first three months of 2018 they have funded 16 grant applications at a cost of \$15.66 per bed day.
- Courtney Cummings reported that we need to focus on all treatment options and not just focus on the Opioid Epidemic. She stated that we need to shine the light on other substances that are more prevalent in our county such as Meth and Cocaine.
- Joe Partansky reported that the Advisory Board should look into a group called the Drug Information Association (DIA) which is a network of healthcare professionals that work to advance healthcare systems. He also stated that the Board should familiarize themselves with the National Council on Alcoholism and Drug Dependence (NCADD).

V. AOD Staff Report

Fatima Matal Sol submitted the Staff report in writing as requested by the Executive Committee. She made herself available for questions. She highlighted the following points:

- She stated that residential treatment providers need to report what their actual costs have been for the current Fiscal Year. Once this data is gathered AODS will amend their contracts back to July 1, 2018.
- She added that because Contra Costa AODS is in good standing we were granted a one-time extra funding opportunity from the Substance Abuse Prevention and Treatment Block Grant (SAPT BG) of \$3.7 million. This funding will support the implementation of a youth summit, two billboards to share prevention messaging, the video that the Community Awareness Committee is planning as well as adolescent treatment.
- Fatima Matal Sol stated that AODS has moved to a new suite within the building. She added that the new Health Services Director will be moving into the old suite.
- She announced that Cynthia Belon, the Behavioral Health Director, is retiring on Friday, March 30th.
- She thanked the Community Awareness Committee for attending the Dose of Awareness 5K walk/health expo.
- Steve McNutt gave an update on the

Staff Report Cont.

implementation of the Restoration Center. He said that in December 2017, a location in Martinez became available. He is currently working with different city and county departments and they believe it will be operational in December 2018. The Restoration Center is funded through the Whole Person Care grant of \$200 million received by Contra Costa Health Services.

- Steve added that the goal of the Center is to reduce the high level ambulatory costs, emergency room costs and police calls. He reported that annually Contra Costa County pays over \$1 million annually for costs associated with Public Intoxication.
- Lastly, he indicated that the center will follow a medical model with a Registered Nurse and Substance Abuse Counselor on site 24 hours a day, 7 days a week. The Center will have 12 beds or recliners available and that the average length of stay will be 4-6 hours and up to 23 hours.

VI. COMMITTEE HIGHLIGHTS

Executive Committee

Community Awareness

- People Who Make a Difference Awards

Anne Sutherland M.D. reported that the Executive Committee did not meet.

Guita reported that the committee is working on creating awareness about the programs and services that AODS provides through a video with CCTV. Guita also stated that she attended the Dose of Awareness 5K Walk/Health Expo and that it was a very successful event. During the event, she spoke with a representative from 211 and she would like to receive a report of referrals provided by 211 in order to ensure they are using the services available to them. Finally, Guita reported that nominations for the 2018 People Who Make a Difference Awards have begun and the nomination period will be open through Friday, April 13, 2018.

Programs and Services

There was no report. The Programs and Services Committee did not meet.

VII. OLD BUSINESS

2018 Board Goals and Objectives.

Discussion & Vote.

Anne Sutherland M.D. opened the floor to discuss the 2018 Board Goals and Objectives. Discussion ensued about the Goals and Objectives and the following suggestion was made:

- Anne Sutherland M.D. suggested that the first activity under Key Priority 4 Increase awareness of Prescription Drug Abuse, read as follows: "Engage the medical and dental communities as a way to encourage responsible prescribing rates."

SB 905 (Wiener), Alcoholic beverages: hours of sale. Discussion & Vote.

Anne Sutherland M.D. opened the floor to discuss making a recommendation to the Board of Supervisors to take a position on SB 905

ANTWON CLOIRD MMS VICTOR LECHA TO APPROVE THE 2018 BOARD GOALS AND OBJECTIVES AS ONE AMENDED BY ANNE SUTHERLAND M.D. MOTION APPROVED UNANIMOUSLY.

AYES: Antwon Cloird, Guita Bahramipour, Tom Aswad, Anne Sutherland M.D., Victor Lecha, Sunita Frey, Courtney Cummings

NOES: None

ABSENT: Anthony Segovia, Catherine Taughinbaugh, Lanita Mims, Michael Collins

ABSTAIN: None

ANTWON CLOIRD MMS GUITA BAHRAMIPOUR TO DRAFT A LETTER RECOMMENDING THAT THE BOARD OF SUPERVISORS

(Wiener) Alcoholic beverages: hours of sale. Discussion ensued. The key points are summarized below:

- Senator Wiener would like to give cities more local control by piloting a program where 6 cities: San Francisco, Sacramento, Oakland, Los Angeles, West Hollywood and Long Beach have the opportunity to keep their bars and restaurants open until 4am.
- The California Alcohol Policy Alliance (CAPA) is concerned with data that shows people will travel up to 150 miles prior to getting pulled over for a DUI. This can put 74% of the population in harm's way especially with an increase in people on the road during the beginning of commute hours.
- The Board discussed writing letters to the Board of Supervisors as well as to the mayors of each of the 19 jurisdictions throughout Contra Costa.

Welcoming Anna Roth as the new Director of Contra Costa Health Services Department. Review and Approve Letter.

Anne Sutherland M.D. opened the floor to discuss approving a draft letter welcoming Anna Roth as the new Director of Contra Costa Health Services.

TAKE A POSITION IN OPPOSITION TO SB 905 AS WELL AS DRAFT A LETTER TO ALL OF THE CITY COUNCILS IN CONTRA COSTA COUNTY STATING THE BOARDS CONCERN WITH THE BILL AND ALCOHOL LICENSES OPERATING UNTIL 4AM. MOTION APPROVED UNANIMOUSLY.

AYES: Antwon Cloird, Guita Bahramipour, Tom Aswad, Anne Sutherland M.D., Victor Lecha, Sunita Frey, Courtney Cummings

NOES: None

ABSENT: Anthony Segovia, Catherine Taughinbaugh, Lanita Mims, Michael Collins

ABSTAIN: None

TOM ASWAD MMS GUITA BAHRAMIPOUR TO APPROVE AND SEND THE LETTER TO ANNA ROTH. MOTION APPROVED UNANIMOUSLY.

AYES: Anne Sutherland M.D., Guita Bahramipour, Courtney Cummings, Antwon Cloird, Sunita Frey, Victor Lecha, Tom Aswad

NOES: None

ABSENT: Anthony Segovia, Catherine Taughinbaugh, Lanita Mims, Michael Collins

ABSTAIN: None

VIII. LIAISON REPORTS

Contra Costa County Interjurisdictional Council on Homelessness

Guita Bahramipour reported that she has learned of an instance where there is an 80 year old woman who is about to become homeless and she is concerned that there are no services available for her other than the homeless shelter.

Tobacco Prevention Coalition

There was no report.

Mental Health Commission

Sam Yoshioka reported that the Mental Health Commission discussed Hope House, a crisis residential facility. There were complaints made to the licensing agency for Hope House and the licensing agency made a visit and did not find any significant issues. Sam pointed out that if the public see any serious issues they can always report them to the licensing agency.

Contra Costa County Prescription Drug Abuse Prevention (MEDS) Coalition - Proclamation declaring March as Prescription Drug Abuse Awareness Month

IX. NEW BUSINESS

Alcohol License Initiatives. ARCO, 2747 Willow Pass Road, Bay Point, CA, Discussion and Vote.

Isabelle Kirske directed everyone to the Staff Report which included information about the MEDS Coalition meeting and shared information about the Hub & Spoke program.

Isabelle Kirske gave a report about an assessment that she conducted on January 30, 2018. She found that there was alcohol on the

ANTWON CLOIRD MMS VICTOR LECHA TO APPROVE AND SEND A LETTER TO THE DEPARTMENT OF CONSERVATION AND DEVELOPMENT RECOMMENDING

premises but it was locked up with a sign stating that they were no beer or wine sales at this time. Isabelle also shared findings from the Department of Alcoholic Beverage Control (ABC) that shows that the census tract is recommended to have 4 off-sale licenses and they currently have 9 which show oversaturation. She also shared a petition that contained 116 signatures from concerned Bay Point parents saying that they did not want alcohol or beer sold as singles to be sold at this store. The Board discussed adding specific conditions on this license such as:

- No sales of Alcopops, or alcoholic beverages sold as singles.
- Separate the placement of alcoholic products from milk, juices, etc.
- No alcohol sales permitted during the hours of 7am – 9am and again from 3pm – 6pm to reduce alcohol sales to minors.
- Prominently display signage that clearly prohibit sale of alcoholic beverages to persons under 21 & no public drinking.

Alcohol License Initiatives. 500 Appian Way, El Sobrante, CA. No documentation available.

Marijuana Interdepartmental Workgroup: Drafting a thank you letter to the Board of Supervisors for including the Alcohol and Other Drugs Advisory Board in the Proposed Marijuana Framework Discussion.

Discussion was postponed until April due to lack of documentation.

Fatima Matal Sol reported that the Department of Conservation and Development will be going back to the Board of Supervisors to discuss the results of the public outreach on April 10, 2018. Some of the comments include how some of the funding from tax revenue should be going to prevention and treatment services. She added that the tax consultant, Hdl, is recommending that tax revenue go to the county's general fund. Fatima also discussed that Supervisor Andersen has reached out and asked that AODS begin to review the Social Host Ordinance language to include marijuana. More information to follow.

Anne Sutherland M.D. opened the floor to discuss drafting a thank you letter to the Board of Supervisors for including the Alcohol and Other Drugs Advisory Board in the Proposed Marijuana Framework Discussion.

XI. PUBLIC COMMENT

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

- Joe Partansky thanked the Board for having the opportunity for public comment twice on the agenda.
- Isabelle Kirske invited everyone to attend

THAT THEY APPROVE THE LICENSE IF SPECIFIC CONDITIONS PREVIOUSLY DISCUSSED ARE MET. MOTION APPROVED UNANIMOUSLY.

AYES: Antwon Cloird, Guita Bahramipour, Tom Aswad, Anne Sutherland M.D., Victor Lecha, Sunita Frey

NOES: None

ABSENT: Anthony Segovia, Catherine Taughinbaugh, Courtney Cummings Lanita Mims, Michael Collins

ABSTAIN: None

ANTWON CLOIRD MMS TOM ASWAD TO SEND A LETTER TO THE BOARD OF SUPERVISORS TAHNKING THEM FOR INCLUDING THE ADVISORY BOARD IN THE PROPOSED MARIJUANA FRAMEWORK DISCUSSION. MOTION APPROVED UNANIMOUSLY.

AYES: Guita Bahramipour, Antwon Cloird, Sunita Frey, Victor Lecha, Anne Sutherland M.D., Tom Aswad

NOES: None

ABSENT: Anthony Segovia, Catherine Taughinbaugh, Courtney Cummings Lanita Mims, Michael Collins

ABSTAIN: None

the Board of Supervisors Meeting on Tuesday, April 24th to support accepting a proclamation declaring April as Alcohol Awareness month.

XII. ADJOURNMENT

Anne Sutherland M.D. adjourned the meeting at 6:10pm.

MEETING ADJOURNED AT 6:10PM.