

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING  
MINUTES**

**Wednesday, October 25, 2017**

**Alcohol and Other Drugs Services**

**1220 Morello Ave, Second Floor Large Conference Room**

**Martinez, CA 94553**

Members Present: Anne Sutherland M.D., Anthony Segovia, Catherine Taughinbaugh, Courtney Cummings (late), Guita Bahramipour, Michael Collins, Tom Aswad

Members Absent: Antwon Cloird (E), Gary Eberhart (E), Lanita Mims (E)

Staff Present: Fatima Matal Sol - AOD Program Chief, Isabelle Kirske - AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u><b>CALL TO ORDER</b></u>	Anne Sutherland M.D. called the meeting to order at 4:07 pm.	<b>ANNE SUTHERLAND M.D. CALLED THE MEETING TO ORDER AT 4:07PM.</b>
II. <u><b>Review and Adopt the Agenda</b></u>	Anne Sutherland M.D. opened the floor to adopt the agenda.	<p><b>TOM ASWAD MMS GUITA BAHRAMIPOUR TO APPROVE THE AGENDA WITH THE AMENDMENT THE AGENDA TO PUSH THE PRESENTATION OF THE "RECOVERY CHAMPION AWARD" TO 5:30PM. MOTION APPROVED UNANIMOUSLY.</b></p> <p><b>AYES:</b> Anne Sutherland M.D., Guita Bahramipour, Anthony Segovia, Michael Collins, Catherine Taughinbaugh, Tom Aswad  <b>NOES:</b> None  <b>ABSENT:</b> Antwon Cloird, Courtney Cummings, Gary Eberhart, Lanita Mims  <b>ABSTAIN:</b> None</p>
III. <u><b>Review and Approval of Draft Minutes of September 27, 2017</b></u>	Approval of the September 27, 2017 meeting minutes. The minutes were approved as presented.	<p><b>GUTIA BAHRAMIPOUR MMS MICHAEL COLLINSTO APPROVE THE SEPTEMBER 27, 2017 MINUTES AS PRESENTED. MOTION APPROVED UNANIMOUSLY.</b></p> <p><b>AYES:</b> Anne Sutherland M.D., Guita Bahramipour, Anthony Segovia, Michael Collins, Catherine Taughinbaugh, Tom Aswad  <b>NOES:</b> None  <b>ABSENT:</b> Antwon Cloird, Courtney Cummings, Gary Eberhart, Lanita Mims  <b>ABSTAIN:</b> None</p>
<p>IV. <u><b>PUBLIC COMMENT</b></u>                      The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)</p>	<ul style="list-style-type: none"> <li>• Tom Aswad reported that Support4Recovery (S4R) is hosting an event entitled Recovery on the Runway on November 5<sup>th</sup> at Macy's. The \$25 admission fee goes toward S4R.</li> <li>• Hector Jaimes reported that on October 26<sup>th</sup> the Office of Reentry Justice will be hosting a community forum at Delta Bates Church in Antioch at 6pm. One forum was held in</li> </ul>	

Concord earlier in the week and they are asking for feedback from providers and community members about the reentry system.

## **VI. AOD Staff Report**

Fatima Matal Sol submitted the Alcohol and Other Drugs Services (AODS) Staff Report in writing prior to the meeting and made herself available for questions. The following are key points from the discussion:

- Incarcerated clients are now able to speed dial the Access Line and speak to a counselor, get a screening and receive a referral.
- AODS created a flyer for incarcerated clients with specific instructions to make the best use of their 12 minute call and provide essential information to the counselor.
- When the Drug Medi-Cal Waiver went live providers were not receiving as many referrals from the Behavioral Health Access Line. AODS is now happy to report that all providers are receiving the number of referrals that they need, there are no waitlists and we are starting to see the transfer of level of care.
- The current Detox system in Contra Costa is not adequate so AODS is contracting with a program located in Vallejo for two men's and two women's beds. AODS has also signed a lease for a facility in Richmond. AODS is also currently working on a contract with McAllister Institute in Napa.
- AODS is currently working on the relation of the BAART Clinic in Richmond.
- Mothers Against Drunk Driving (MADD) is hosting a gala in November in which MADD will recognize AODS for improvements in DUI services.
- Isabelle Kirske reported the new dates for the upcoming Strategic Prevention Plan Community Forums:
  - November 2<sup>nd</sup> Central County
  - November 16<sup>th</sup> East County
  - December 12<sup>th</sup> Key Prioritization Forum

## **VII. COMMITTEE HIGHLIGHTS**

Executive Committee

- Triennial Review
- Annual report to the Board of Supervisors
- Proposed AOD Board integration with Mental Health Commission.

Community Awareness

Anne Sutherland M.D. reported to the Board that she is working on the Triennial Review for the years 2015-2017 as well as the 2017 annual report. She also reported that the Executive Committee discussed the integration with the Mental Health Commission and they suggest starting with an integrated committee.

Guita Bahramipour reported to the Board that the Community Awareness Committee is considering hosting an educational event on

Alcopops with one of the Friday Night Live chapters in April 2018. The committee is also assessing school based AOD prevention programs and education. Finally the committee is preparing the development of a CCTV program to raise awareness to the residents of Contra Costa about AOD prevention and treatment opportunities.

Programs and Services

Catherine Taughinbaugh reported that Programs and Services did not meet but they plan to visit East County Wollam.

**VII. Board Member Nominations**

Anne Sutherland M.D. opened the floor to accept nominations for both Chair and Vice Chair.

Vice Chair nominations were as follows:

- Antwon Cloird was nominated by Tom Aswad.
- Tom Aswad was nominated by Guita Bahramipour.
- Catherine Taughinbaugh was nominated by Guita Bahramipour.

Chair nominations were as follows:

- Anne Sutherland M.D. was nominated by Tom Aswad and Guita Bahramipour.

**IX. LIAISON REPORTS**

Contra Costa County Interjurisdictional Council on Homelessness –Guita Bahramipour

There was no report.

Tobacco Prevention Coalition

Anne Sutherland M.D. reported that there was no Tobacco Prevention Coalition Meeting.

Mental Health Commission

Sam Yoshioka reported that the Mental Health Commission would like to have Fatima Matal Sol present on the Drug Medi-Cal Waiver implementation.

Consolidated Planning Advisory Workgroup (CPAW)

Fatima Matal Sol reported that CPAW would like an Alcohol and Other Drugs Services staff member to attend the meetings moving forward.

Contra Costa County Prescription Drug Abuse Prevention (MEDS) Coalition

Michael Collins reported that March is Prescription Drug Abuse Awareness month and the coalition would like the assistance of the Board to ensure proclamations are passed across the county. He also reported that all sheriff deputies on patrol now carry naloxone in their vehicles.

**VIII. OLD BUSINESS**

Presentation of Awards: 2017 "Recovery Champion Award."

Anne Sutherland M.D. and Tom Aswad presented Ginger Edwards with the 2017 Recovery Champion Award.

**X. NEW BUSINESS**

Alcohol License Initiatives. No updates.

There was no update.

Marijuana Interdepartmental Workgroup: Adult Use of Marijuana Act.

Fatima Matal Sol reported that on Tuesday October 24<sup>th</sup> the Board of Supervisors entertained a presentation on the possible marijuana regulatory framework. In the presentation they discussed the inclusion of treatment facilities and homeless shelters in the list for buffer zones so no marijuana businesses will be located near a treatment facility or a homeless shelter. The Board of Supervisors passed the ordinance banning outdoor cultivation and marijuana businesses in unincorporated Contra Costa County in order to give them more time to conduct community outreach.

Creating Contra Costa County Fairgrounds Smoke Free. Discuss and vote on drafting a letter of support.

Anne Sutherland M.D. opened the floor to discuss drafting a letter in support of making the Contra Costa County Fairgrounds Smoke Free.

**CATHERINE TAUGHINBAUGH  
MMS TOM ASWAD TO SUPPORT  
THE EFFORTS TO MAKE THE  
CONTRA COSTA COUNTY  
FAIRGROUNDS SMOKE FREE,  
MARIJUANA FREE AND VAPE  
FREE. MOTION APPROVED  
UNANIMOUSLY**

**AYES:** Anne Sutherland M.D., Courtney Cummings, Anthony Segovia, Michael Collins, Catherine Taughinbaugh, Tom Aswad

**NOES:** None

**ABSENT:** Antwon Cloird, Gary Eberhart, Lanita Mims

**ABSTAIN:** None

**XI. PUBLIC COMMENT**

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

- Isabelle Kirske reported to the Board that the next DEA sponsored Take Back day is taking place on Saturday October 28<sup>th</sup>.
- Tom Aswad reported that between January 1, 2017 – October 20, 2017 S4R has been able to house 24 men, women and children at \$10.72 per day as opposed to \$50 a day at the homeless shelter. He also reported that he received information about a client who was released from Discovery House with a job starting the next day and he chose to sleep on the street as opposed to going to a homeless shelter because he knew he would relapse.
- Doug Sibley reported that one of the issues may be that people get discharged from the hospitals at any point throughout a 24 hour period leaving people to be discharged at 2 or 3am. He also reported that it would be great to have a fact sheet about the current marijuana laws in the different cities.

**XII. ADJOURNMENT**

Meeting was adjourned at 6:02 PM.

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