

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD MEETING
MINUTES
Wednesday, March 22, 2017
Alcohol and Other Drugs Services
1220 Morello Ave, Second Floor Large Conference Room
Martinez, CA 94553**

Members Present: Anne Sutherland M.D., Tom Aswad, Gary Eberhart, Michael Collins, Anthony Segovia, Antwon Cloird

Members Absent: Lanita Mims (E), Randolph Hencken (R)

Staff Present: Fatima Matal Sol - AOD Program Chief, Isabelle Kirske - AOD Prevention Coordinator

Member Liaisons: Sam Yoshioka - Mental Health Commission

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION
I. <u>CALL TO ORDER</u>	The meeting was called to order at 4:03 pm.	ANNE SUTHERLAND M.D. CALLED THE MEETING TO ORDER AT 4:03 PM WHEN QUORUM WAS MET.
II. <u>Review and Adopt the Agenda</u>	Anne Sutherland M.D. opened the floor to adopt the agenda.	ANTWON CLOIRD MMS GUITA BAHRAMIPOUR TO ADOPT THE AGENDA WITH NO ADDITIONS. MOTION APPROVED UNANIMOUSLY. <u>AYES:</u> Catherine Taughinbaugh, Tom Aswad, Gary Eberhart, Michael Collins, Anthony Segovia, Antwon Cloird, Guita Bahramipour, Anne Sutherland M.D. <u>NOES:</u> None <u>ABSENT:</u> Randolph Hencken (R), Lanita Mims (E) <u>ABSTAIN:</u> none
III. <u>Review and Approval of Draft Minutes of February 22, 2017</u>	Approval of the February 22, 2017 meeting minutes. The minutes were approved as presented.	ANTWON CLOIRD MMS CATHY TAUGHINBAUGH TO APPROVE THE FEBRUARY 22, 2017 MINUTES WITH NO CORRECTIONS. MOTION APPROVED WITH ONE ABSTENTION. <u>AYES:</u> Catherine Taughinbaugh, Tom Aswad, Michael Collins, Anthony Segovia, Guita Bahramipour, Anne Sutherland M.D. <u>NOES:</u> None <u>ABSENT:</u> Randolph Hencken (R), Lanita Mims (E) <u>ABSTAIN:</u> Gary Eberhart
IV. <u>PUBLIC COMMENT</u> The public and Board members may comment on any agenda item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board. (Maximum three minutes per speaker.)	<ul style="list-style-type: none"> Judy Bastin stated that she is representing the Master Gardener's program and Support4Recovery. She reported that the Master Gardeners have created the Seeds4Recovery program and they have two garden beds ready to be planted and hope to attract people within the treatment system. Seeds4Recovery will be sponsoring the viewing of the film "Seed the Untold Story" in Antioch on March 23rd. 	

- Tom Aswad reported that the Seeds4Recovery program is a great opportunity for alumni to connect with Support4Recovery. Tom also reported that September 2nd is the 4th Annual Wheels4Recovery Ride which helps break through the stigma of addiction. He also stated that Support4Recovery is adding a new program entitled Support4Education which replicates the work currently done in San Quentin out in the community.
- Doug Sibley reported that he met with three Native American people from the United Urban Warriors Society. They are planning their 3rd annual Sobriety Walk in Richmond in July. They would like to present to the full Board in April to invite them to attend the walk.
- Anthony Segovia introduced himself and stated that he was born and raised in Brentwood and that he joined the Board because he has friends who suffer from addiction and he would like to raise awareness in East County about Substance Use.
- Michael Collins introduced himself and stated that he is a Registered Nurse working in Sacramento and lives in Oakley. With his experience as a nurse he has had a lot of exposure to people who self-medicate which got him interested in the Board.
- Gary Eberhart introduced himself and stated that he lives in Concord and has worked on the Mt. Diablo School Board of Education. He is interested in addiction and recovery and its relation to students and their education.
- Antwon welcomed the three new Board members to the Advisory Board.
- Isabelle Kirske reported on the Dose of Awareness Walk scheduled for Sunday March 26th from 1:00pm – 3:30pm located at 901 Oak Grove Rd. in Concord at Ygnacio Valley Park. Isabelle added that it would be a great opportunity for Advisory Board members to learn about Prescription Drug Abuse as well as recruiting new Board members.

V. **AOD Staff Report**

Fatima Matal Sol submitted the Staff report in writing as requested by the Executive Committee. She made herself available for questions. She highlighted the following points:

- There is a Medication Assisted Training (MAT) scheduled for Wednesday April 5th.
- Alcohol and Other Drugs Services (AODS)

ANTWON CLOIRD MMS TO HAVE SOMEONE PRESENT TO THE BOARD ABOUT SUBOXONE

received and is reviewing proposals for the Drug Medical Waiver. AODS received several proposals.

- Alcohol and Other Drugs Prevention Services attended a press release for the Healthy Stores for a Healthy Community Data release. In this assessment prevention staff looked at the price, promotion and availability of different Tobacco and Alcohol products.
- Fatima reported that she was in Sacramento earlier in the day at the Alcohol and Other Drug Administrators meeting and everyone in attendance is monitoring issues related to the funding of Medicaid under the new Federal Administration.

VI. COMMITTEE HIGHLIGHTS

Executive Committee

There was no Executive Committee Meeting. Anne Sutherland M.D. made available the Adopted Goals and Objectives that were approved at the AOD Board meeting last month.

Community Awareness

There was no Community Awareness Committee Meeting.

- People Who Make a Difference Awards

Guita reported that the application period for the Annual People Who Make a Difference Award nominations is open and the deadline for submitting nominations is Monday April 3rd by 5:00pm. Isabelle Kirske will send the nomination form and flyer.

Programs and Services – Catherine Taughinbaugh

Catherine Taughinbaugh reported that the committee met to discuss the goals. They would like to add representation from East County since that is an area of need. They would also like to visit Sober Living Environments (SLE's) every other month as well as invite prevention staff to present to the full Board.

VII. OLD BUSINESS

Change of Administration name from "Alcohol and Other Drugs Services" to "Substance Use Disorder Services."

Anne Sutherland M.D. opened the floor for discussion regarding the name change of Alcohol and Other Drugs Services Administration. Some of the main points were:

- Dr. Sutherland would like to keep the name as is because Alcohol and Other Drugs Services sends a clear message.
- Rita Schank, Executive Director of Ujima, stated in writing that the word "Disorders" is no less judgmental for potential clients and providers.

CATHERINE TAUGHINBAUGH MMS ANTWON CLOIRD TO RECOMMEND KEEPING THE NAME ALCOHOL AND OTHER DRUGS SERVICES AS IS. MOTION APPROVED UNANIMOUSLY.

AYES: Guita Bahramipour, Anne Sutherland M.D., Catherine Taughinbaugh, Tom Aswad, Gary Eberhart, Michael Collins, Anthony Segovia, Antwon Cloird

NOES: None

ABSENT: Randolph Hencken (R), Lanita Mims (E)

ABSTAIN: None

Approval of Recovery Residences Guidelines.

Anne Sutherland M.D. opened the floor to discuss and approve the Recovery Residences Guidelines.

TOM ASWAD MMS ANTWON CLOIRD TO ADOPT THE RECOVERY RESIDENCES GUIDELINES AS WRITTEN WITH A

FEW MINOR GRAMMAR EDITS INCLUDING THE DEFINITION OF NARCOTICS ANONYMOUS. MOTION APPROVED UNANIMOUSLY.

AYES: Tom Aswad, Gary Eberhart, Michael Collins, Anthony Segovia, Antwon Cloird, Guita Bahramipour, Catherine Taughinbaugh, Anne Sutherland M.D.

NOES: None

ABSENT: Randolph Hencken (R), Lanita Mims (E)

ABSTAIN: None

GARY EBERHART MMS THAT STAFF RETURN AND REPORT WITHIN ONE YEAR ON THE IMPLEMENTATION OF THE RECOVERY RESIDENCES. DIRECT PROGRAMS AND SERVICES TO DEVELOP AN OUTLINE FOR WHAT NEEDS TO BE INCLUDED IN THE REPORT.

VIII. LIAISON REPORTS

Contra Costa County Interjurisdictional Council on Homelessness –Guita Bahramipour

The Council is focusing on educating the community about homelessness as a byproduct of addiction.

Tobacco Prevention Coalition

There was no meeting. Anne Sutherland M.D. plans to attend the next meeting in May.

Mental Health Commission

Sam Yoshioka reported that the Mental Health Commission discussed the Richmond jail expansion to include building a facility for Mental Health and Substance Use Services.

Consolidated Planning Advisory Workgroup (CPAW)

Antwon Cloird reported that he attended the CPAW meeting in which they discussed how the Mental Health Services Act money is going to be distributed for the next three years. He stated that in May there will be a public hearing on the three year mental health plan.

Contra Costa County Prescription Drug Abuse Prevention (MEDS) Coalition

The report was included in the Staff Report.

X. NEW BUSINESS

Alcohol License Initiatives. None.

There are no new Alcohol License applications.

Approval of letter for Antwon Cloird.

Antwon Cloird asked for a letter detailing his participation in the Advisory Board because he is trying to get his record expunged. Anne Sutherland M.D. opened the floor to approve the letter for Antwon Cloird.

TOM ASWAD MMS CATHERINE TAUGHINBAUGH TO APPROVE THE LETTER FOR ANTWON CLOIRD WITH ONE MINOR GRAMMATICAL CORRECTION. MOTION APPROVED WITH ONE ABSTENTION.

AYES: Catherine Taughinbaugh, Tom Aswad, Gary Eberhart, Michael Collins, Anthony Segovia, Guita Bahramipour, Anne Sutherland M.D.

NOES: None

ABSENT: Randolph Hencken (R), Lanita Mims (E)

ABSTAIN: Antwon Cloird

April is Alcohol Awareness Month Resolution at the Contra Costa County Board of Supervisors on Tuesday April 18th.

Isabelle Kirske informed the Advisory Board that AOD Prevention will be accepting a resolution at the Board of Supervisors on Tuesday April 18th at 9:00am. She invited Board members to attend.

XI. PUBLIC COMMENT

The public and Board members may comment on any item of public interest within the jurisdiction of the Alcohol and other Drugs Advisory Board. (Maximum three minutes per speaker.)

- Doug Sibley stated that the term “Disorder” to him means “a medical condition that they can’t do anything about.” He did not think that this was an appropriate term for clients in recovery.
- Guita Bahramipour requested that the Executive Committee needs to meet next month because they have important things to discuss.

XII. ADJOURNMENT

Meeting was adjourned at 6:04 PM.

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