

RCC Services

Kind Hearts Program for Seniors and People living with HIV/AIDS: weekly food pantry, twice monthly home deliveries, home visitors, community meals, case management, and HIV support groups for both men and women.

Rainbow Counseling Services: Individual counseling, couples counseling, support groups and “coming out” groups, referrals to local providers and support for parents of LGBTQ Youth.

Youth Programs: Fostering a positive self-identity for all LGBTQ youth, the RCC offers structured programs, social activities and a youth drop-in center.

Senior Services: Senior lunches, food pantry, social groups and outings are some of the services supporting our senior community.

Health and Wellness Services: HIV Rapid Testing Clinics, safer sex supplies and information, and services and support for survivors of domestic violence, sexual assault, and other violence.

Social & Support Groups: Peer-led and professionally facilitated support groups, recovery groups, social groups and activities for people of various identities.

Social Activities: Movie nights, games nights, Pride Picnic, outings, Crab Feed, and more!

Volunteer Opportunities: Volunteering provides a special opportunity to give back to our community.

*Please visit our website or call the RCC at 925-692-0090 for more specific information.
You can also follow us on Facebook!*

RCC Vision Statement

The Rainbow Community Center of Contra Costa County envisions a society that embraces acceptance, safety, and equality for all, regardless of sexual orientation or gender identity/expression.

RCC Mission Statement

The Rainbow Community Center of Contra Costa County builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning persons and our allies.

RCC Funding

Our Programs are supported by the generosity of individual donors, funds from private foundations, and federal, state, and county initiatives, including: Contra Costa County Mental Health, Contra Costa County Health Dept. AIDS Program, Contra Costa County Dept. of Conservation and Development Community Development Block Grant Program, Kaiser Permanente Foundation, Horizons Foundation under a grant from The California Wellness Foundation, The San Francisco Foundation, The Bay Area Physicians for Human Rights.

Business Hours:

RCC is open Mon.-Fri, from 1-6 PM and many groups meet during evening and weekend hours.

Rainbow Community Center (RCC)

2118 Willow Pass Road, Suite 500
Concord, CA 94520

Phone: (925) 692-0090

Fax: (925) 692-0091

E-Mail: rcc@rainbowcc.org

Website: www@rainbowcc.org

Confidential Counseling Line
925-692-2056

Senior Outreach Program

(SOP)

Important Information
About Services for Older Members of
the Lesbian, Gay Bisexual, and



Serving Contra Costa's Lesbian, Gay,
Bisexual, Transgender, Queer and
Questioning (LGBTQ) Community

About the Senior Outreach Program

Our mission is to improve the quality of life of older lesbian, gay, bisexual, transgender, intersex, and questioning residents of Contra Costa County through outreach, advocacy and education.

Many LGBT seniors grew up in an era when society considered us sick, sinful or criminal. If our sexual orientations became known, we could lose our jobs, homes, families, friends and reputations. Many of us learned that the best way to survive was to hide our true selves and attempt to pass as heterosexual (or unnoticed). We honor the strength and legacy of all who struggled—loudly or quietly—to make this world a better place for LGBT people.

For a variety of reasons, LGBT seniors continue to face the possibility of anti-gay prejudice, anti-Senior prejudice, or simply well meaning ignorance. The Senior Outreach Program is based on the belief that like others facing the challenges and joys of aging, LGBT elders deserve respectful, high quality support and medical services and a welcoming place within a vibrant and caring community.

The goal of the Senior Outreach Program is to make sure that LGBT seniors know that you are not alone. There are volunteers and staff and other LGBT seniors who are waiting to meet you. Come and join our vibrant, caring, and fun community!

Senior Luncheons

Twice a month, volunteers provide a delicious lunch for our Seniors at the RCC. Calling a day ahead will help us make sure we have enough food on hand for everyone.

RCC Food Pantry

With support from the Food Bank of Contra Costa County, the RCC operates a food pantry that is open every Thursday (excluding Holidays).

Senior Social and Discussion Groups

Volunteers run social outings and discussion groups. Call for times and more information.

Phone Support

With the help of volunteers, as well as Senior Center Without Walls, we provide social support to Seniors who can't come to our Center.



Contact the Program Director
For more information:

925.692.0090 x303

kindhearts@rainbowcc.org

Services You Should Know About

Contra Costa Crisis Center

800-833-2900

If you or someone you know is in danger of hurting him/herself

Lavender Seniors of the East Bay

510-667-9655

Services, programs, and support groups for LGBT Elders 55+ in Alameda County and Western Contra Costa County.

Contra Costa County Area Agency on Aging Information and Assistance Line

925-229-8434

This hotline can educate you about resources in Contra Costa County to help you maintain safety and independence. Ask about meal delivery, transportation, and other services. Call 800-510-2020 from within Contra Costa County.

Contra Costa County AIDS Program

925-313-6771

Services include case management, medical assistance, legal aid, and more.

If you or someone you know is experiencing elder abuse:

877-839-4347