



*Developmental Disabilities Council
of Contra Costa County, Inc.*

Resource Guide

Developmental Disabilities Council of Contra Costa County, Inc.
597 Center Avenue, Suite 200
Martinez, CA 94553
(925) 313-6836
www.cchealth.org/groups/ddc/

**Latest Update:
September 2010**

TABLE OF CONTENTS

A Better Chance Industries 1

AASK (Adopt a Special Kid) 1

AC Transit 2

Adult Protective Services 2

Ala Costa Center 2

Amen Clinic for Behavioral Medicine, Inc. 3

Anka Behavioral Health, Inc. 3

ARC Access – Contra Costa ARC 4

The ARC of California 4

ARC of Contra Costa 4

ARC Inroads – Contra Costa ARC 4

Area Developmental Disabilities Board 5 5

Asian Community Mental Health Services 5

Aspira Foster Family Services 6

AT Network 6

Autism Society of America 6

Avery Fuller Welch Children’s Foundation 7

Barbara Milliff children’s Center – We Care 7

Bay Area Crisis Nursery 7

Bay Area Legal Aid 7

Bay Area Outreach and Recreation Program 8

Bay Area People First 8

Bay Respite Care	9
Blind Babies Foundation	9
Breast Health Access for Women with Disabilities	10
Bright Beginnings – Lynn Center	10
Building Blocks for Kids	10
California Autism Foundation/A Better Chance	10
California Children Services	11
California Dept. of Developmental Services	12
California Dept. of Education	12
California Dept. of Health Service/March of Dimes Birth Defects Monitoring Program	12
California Dept. of Rehabilitation	13
California Dept. of Social Services Community Care Licensing	13
California School for the Blind	14
California School for the Deaf	14
C.A.M.P., Inc.	15
Camping Unlimited, Inc.	15
CARE Parent Network	16
Center for Accessible Technology	16
Center for Adaptive Learning	17
Center for CARE – Center for the Vulnerable Child Children’s Hospital Medical Center	17
Center for Communicative Disorders	18
Center for Independent Living	18

Cerebral Palsy Center for the Bay Area	19
CHADD National Headquarters	20
Child Abuse Prevention Council of Contra Costa County, Inc.	21
Child & Adolescent Psychiatry.....	21
Child Development Clinic	22
Child Health and Disability Prevention Program	22
Children’s Hospital Medical Center	23
Clients’ Rights Advocacy	23
Cole Vocational Services	23
Commercial Support Services – Contra Costa ARC	24
Community Access Programs (CAP) – Contra Costa ARC	24
Community Assistance for the Retarded and Handicapped, Inc.	25
Community Care Licensing	25
Community Integrated Support Services	25
Community Integrated Work Program	26
COMPASS Agency	26
Concord Community & Recreational Services.....	27
Concord House	27
Concord Residential Club	27
Contra Costa ARC	28
Contra Costa Child Care Council	28
Contra Costa Clubhouses, Inc.	29
Contra Costa Community College District Disabled Students Programs/ Services	30

Contra Costa County Office of Education	31
Contra Costa Crisis Center	31
Contra Costa Day Activity Center	31
Contra Costa Regional Medical Center and Contra Costa Health Centers	32
Contra Costa SELPA	33
County Connection	33
Creative Growth	34
The Dale Law Firm	34
Danville Gardens Learning Center Child Care	34
Deaf Counseling, Advocacy and Referral Agency	35
Developmental Disabilities Council of Contra Costa County	35
Diagnostic Center, Northern California	36
Dial-A-Ride – WestCAT	36
Disability Rights California	37
Disability Rights Education Defense Fund	37
Disabled People’s Recreation Center	38
Doctors Medical Center – Rectal/Prostate Screening	38
Doctors Medical Center – Speech Therapy Department	39
Down Syndrome Connection	39
Early Childhood Mental Health Program	39
East Bay Community Foundation	40
East Bay Paratransit Consortium	40
East Bay Services	41

Easter Seals Bay Area	41
Emergency Response to Child Abuse.....	42
Epilepsy Foundation of Northern California	42
Family Caregiver Alliance	43
Families Thrive.....	43
Family Stress Center	44
Family Support Services of the Bay Area	44
Fred Finch Youth Center Dual Diagnosis Program	45
Friends of Children with Special Needs	45
Full Circle of Choices, Inc.	45
Futures Explored	46
Genesis Developmental Services	49
George Miller Centers	50
Giant Steps Therapeutic Equestrian Center	51
Golden Scalers	51
The Good Shepherd Fund.....	51
Harmony Home, Associated	52
Hatlen Center for the Blind.....	52
Hawkins Center	53
Head Start Program	53
Housing Consortium of the East Bay	54
Independent Living Resources	54
Jessica Cliff, MFT.....	54

Kidango	55
Kitty Petty ADD/LD Institute	55
La Familia Counseling Services	56
Las Trampas Incorporated	56
Laws Offices of Stephen W. Dale	58
Learning Disabilities Association-California	58
Life Steps Foundation, Inc.	58
Lynn Center Contra Costa ARC	58
MAPSS & Ed Support Services	59
March of Dimes	59
Massmutual Life Insurance Co.	60
MetDESK®	60
Milestones Adult Development Center	61
Milestones	61
Mission Hope Day Program	62
Mt. Diablo Adult Education	62
Mt. Diablo Unified School District SELPA	63
Mt. Diablo YMCA	63
National Center for Youth Law	64
NIAD Center for Art and Disabilities	64
NY Learning Center	65
Northern California Fragile X Association	65
Office of Clients’ Rights Advocacy	66

Pacific Disability and Business Technical Assistance Center	66
Paratransit Coordinating Committee	66
Parent-Infant Program	67
Pathway to Choices	67
People First	68
Planned Parenthood of Contra Costa - Administration, Counseling and Education	68
Pleasant Hill Recreation and Parks	69
R.A.D.D.	69
Rape Crisis Center – Community Violence Solutions	69
RES – Residential and Educational Services of the Easy Bay	70
Regional Center of the East Bay	71
Resilience School of Health	71
The Respite Inn	72
Richmond Recreation and Parks Department Disabled People’s Recreation Center	72
Rubicon Programs, Inc.	73
San Ramon Parks and Community Services	73
Social Vocational Services	74
Special Needs Aquatic Program	74
Special Olympics East Bay Region	75
Special Skater Program	75
Spectrum Center Schools and Programs	75
Spina Bifida Association of America	76

State Council on Developmental Disabilities	77
Steps for Independence	77
TASH (The Association for Persons with Severe Handicaps)	78
Theatre Unlimited	78
Through the Looking Glass	79
Toolworks Inc.	79
Touchstone	80
Transition Point	80
UCP of the Golden Gate (United Cerebral Palsy)	81
United States Department of Education	81
United States Department of Health and Human Services Region 9	81
United States Social Security Administration	82
University of California School of Optometry	82
Walnut Creek Specialized Recreation Program	83
We Care	84
West Coast Children’s Center	84
West Contra Costa Unified School District SELPA	85
Wildhorse!	85
World Institute on Disability	85
Xenophon Therapeutic Riding Center	86

Agency: *A Better Chance Industries*

4075 Lakeside Drive
Richmond, CA 94806

Telephone: (510) 758-0433

Description: **Day Program:** Community and site-based program focused on vocational, independent living skills, communication, functional academics and behavioral self-management. Urban Farm. Landscape, janitorial, van pool maintenance, and catering enclaves.

School: A non-public school providing individualized education: academics, independent living skills, vocational skills and behavioral self-management. The school provides transportation. All designated instructional services provided by school.

Days/Hours: **Day Program:** Monday-Friday, 8:00 a.m. – 5:00 p.m. (year round)
School: Monday-Friday, 8:30 a.m. - 2:30 p.m. (Extended Summer Program)

Serving: **Day Program:** Adults with developmental disabilities and behavior challenges, 18-59 years old.
School: Students with developmental disabilities, 6-22 years old.

Agency: *AASK (Adopt a Special Kid)*

8201 Edgewater Drive, Suite 103
Oakland, CA 94612

Telephone: (510) 553-1748

Website: www.aask.org

Description: AASK is a private, non-profit, licensed adoption agency. Prospective adoptive parents are recruited, special needs training is provided, home studies are conducted, and placements of children supervised until they are legally permanent. Children placed through AASK may be older children or sibling groups and due to physical, developmental or emotional challenges, are considered “hard-to-place.”

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Prospective adoptive parents.

Agency: AC Transit (Alameda-Contra Costa Transit)

1600 Franklin Street
Oakland, CA 94612

Telephone: (510) 891-4777

TTY: (800) 448-9790

Website: www.actransit.org

Description: Discounted fares for individuals with developmental disabilities.

Serving: Alameda and Contra Costa Counties and transbay service to San Francisco.

Agency: Adult Protective Services

Contra Costa County Employment and Human Services
2530 Arnold Drive
Martinez, CA 94553

Telephone: (925) 646-2854

Toll Free: (877) 839-4347

Website: www.co.contra-costa.ca.us

Description: Provides casework services—counseling of victims and care providers. Providing information regarding services and resources available in the community or from other agencies, advocating for services when appropriate, and assisting clients in obtaining needed services.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m. (24-hour toll free number)

Serving: Contra Costa residents.

Agency: Ala Costa Center

1300 Rose Street
Berkeley, CA 94702

Telephone: (510) 527-2550

Website: www.alacostacenters.org

Description: Program curriculum is designed to meet the individual needs of students, ages 5-22, who have multiple disabilities and who need specialized support after school due to behavior or unusual needs that require professional assistance. Curriculum includes training in critical skills related to success in community settings, socialization, self-help, independent living skills, functional math and reading, and vocational training. Ala Costa also provides support services to families, which include workshops, support groups, and assistance with basic advocacy issues.

Days/Hours: Office: Monday-Friday, 12:00 noon – 6:00 p.m.
Program: Monday-Friday, 2:00 p.m. – 6:00 p.m.
(extended hours when school is out)

Serving: Children with disabilities, ages 5-21, who are enrolled in school and living in Alameda/Contra Costa Counties.

Agency: Amen Clinic for Behavioral Medicine, Inc.

350 Chadbourne Road
Fairfield, CA 94585

Telephone: (707) 429-7181

Website: www.amenclinics.com

Description: The Amen Clinic is a private medical clinic specializing in innovative diagnosis and treatment for a wide variety of behavioral, learning and emotional problems, specializing in underachievement, school problems, attention deficit disorders, depression, obsessive/compulsive spectrum disorders, anxiety problems, anger management, marital conflicts and parent-child problems. Various diagnostic and treatment procedures are used depending on the individual's or family's need and circumstances. MindWorks Press, the clinic's publishing arm, provides educational materials on a wide variety of topics. Payment for services required at time of service. Satellite Office located in San Ramon.

Days/Hours: Monday-Thursday, 8:00 a.m. - 8:00 p.m. and Friday, 8:00 a.m. – 6:00 p.m.

Agency: Anka Behavioral Health, Inc.

(Formerly the Phoenix Programs)

1850 Gateway Blvd., Suite 900
Concord, CA 94520

Telephone: (925) 825-4700

Toll Free: (888) 4-ANKA-BHI

Website: www.ankabhi.org

Description: Anka works with clients with severe mental or emotional disabilities. There are three Multi-Service Centers throughout Contra Costa County, located in San Pablo, Concord and Antioch. The Centers serve as a resource center and support system through group meetings two times per day that range in topics from mental health, substance abuse, anger management, and living skills. Laundry facilities, showers and lunches provided. Anka also provides residential services for children and adults who have developmental disabilities.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 4:30 p.m.
Program: Hours vary

Serving: Contra Costa County residents.

Agency: ARC Access – Contra Costa ARC

4615 Clayton Road
Concord, CA 94521
(925) 685-7190

Website: www.contracostaarc.org

E-Mail: CMcCrary@ArcofCC.org

Description: A mobile day program bringing enrichment to individuals at home and in the communities of Alameda and Contra Costa Counties.

Individually designed activities for those whose needs cannot be met in a traditional day program.

ARC Access provides a full spectrum of opportunities and choices for adults with severe developmental disabilities that are individually planned and consistent with best practices in the field for adults with severe disabilities.

Days/Hours: Primary hours of operation: Monday-Friday, 9:00 a.m. – 3:00 p.m.
Some flexibility in hours of operation based upon consumer driven choice of activities.

Serving: Provide service to adults with severe developmental disabilities in the areas of independent living, socialization, recreation, education, community access and personal health.

Agency: The ARC of California

1225 Eighth Street, Suite 350
Sacramento, CA 95815

Telephone: (916) 552-6619

Website: www.arccalifornia.org

Description: Services people with mental and other developmental disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Agency: ARC of Contra Costa

(See Contra Costa ARC)

Agency: ARC Inroads - Contra Costa ARC

3640-B Lone Tree Way	4615 Clayton Road	2801 Robert H Miller Drive
Antioch, CA 94509	Concord, CA 94521	Richmond, CA 94806
(925) 706-1405	(925) 685-7190	(510) 222-8266

Website: www.contracostaarc.com

Description: Community based services provided in carefully designed groups of three consumers with compatible interests and goals. Consumer driven activities developed within the person-centered planning process. Range of activities consistent with the program's operating philosophies that focus upon self-advocacy, the development of social and recreational skills and interests, mobility training and independent travel, job exploration and paid employment.

Days/Hours: Primary hours of operation: Monday–Friday, 9:00 a.m. – 3:00 p.m.
Some flexibility in hours of operation based upon consumer driven choice of activities.

Serving: Consumers must be at least 18 years of age and motivated to participate in community-based services. Participants will need the support and encouragement of family, friends and significant others. Consumers must be able to benefit from services provided with a 1:3 staffing ratio and their personal care needs must be such that their health and safety is assured within the 1:3 staffing ratio.

Agency: Area Developmental Disabilities Board 5

1515 Clay Street, Suite 300
Oakland, CA 94612

Telephone: (510) 286-0439
E-Mail: ab5@5cdd.ca.gov

Description: A federally funded state agency whose function includes public information, advocacy, systems monitoring and coordination, resource development, and planning and program review. Responsible for Life Quality Project, which looks at the life quality of consumers who live in residential settings or receive independent or supported living services. Lending video/media library and advocacy training.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Persons with developmental disabilities and their families in Alameda, Contra Costa, Marin, San Francisco and San Mateo Counties.

Agency: Asian Community Mental Health Services (ACMHS)

310 - 8th Street, #201
Oakland, CA 94607

Telephone: (510) 451-6729 (Oakland)
(510) 374-6061 (Richmond Clinic)

Website: www.acmhs.org

Description: Case management for children and adults with developmental disabilities. Support groups and services for parents that include mutual support, information-sharing,

advocacy and education workshops; advice on parenting; and bilingual support groups in Cantonese, Japanese, Laotian, Korean, Filipino, Cambodian, Vietnamese and Mien. Interpreters available. Richmond provides psychiatric evaluation and medication. Medi-Cal and private insurance accepted.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa.

Agency: Aspira Foster Family Services

2615 Somersville Road
Antioch, CA 94509

Telephone: (925) 753 2156

Website: www.aspiranet.org

Description: Wrap-around services to children ages 4 to 18 to include assessment, behavioral intervention, nursing consultation, respite, and counseling to enhance family dynamics. The ultimate goal is to maintain the child in the family home. Also, provides community inclusion opportunities, after school for children ages 5 to 22 living with their families. Referrals are made through RCEB case management.

Days/Hours: Monday–Friday, 8:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa Counties.

Agency: AT Network

Telephone: (800) 390-2699

TTY: (800) 900-0760

Website: www.atnet.org

Email: info@atnet.org

Description: The At Network is a project of the California Department of Rehabilitation and coordinated by the Alliance of Technology Access. AT Network includes tools and strategies used by individuals with disabilities of all ages to accomplish tasks and achieve their goals. Products range from Velcro strips to voice recognition software to buttonhooks to modified vans.

Agency: Autism Society of America

Telephone (800) 328-8476

Website: www.autism-society.org

Description: Volunteer-run, nonprofit organization that offers networking and support, information and referral for parents and professionals who are involved with autism, PDD and Asperger's Syndrome.

Agency: Avery Fuller Welch Children's Foundation

1660 Bush Street Suite 300
San Francisco, CA, 94109

Telephone: (415) 561-6540

Website: www.afwchildrensfoundation.org

Description: The foundation awards grants to individual children with disabilities living in Alameda, Contra Costa, Marin, San Francisco and San Mateo counties only.

Days/Hours: Call and leave message

Serving: Alameda, Contra Costa, Marin, San Francisco and San Mateo Counties.

Agency: Barbara Milliff Children's Center – We Care

(See We Care)

Agency: Bay Area Crisis Nursery

1506 Mendocino Drive
Concord, CA 94521

Telephone: (925) 685-8052

Website: www.bacn.info/

Description: Provides 24-hour residential care to children aged birth – 11 years of families in crisis. On-going support provided by respite program. Parent support group.

Days/Hours: Daily, 24 hours

Serving: Bay area families in crisis with children from birth to 11 years of age.

Agency: Bay Area Legal Aid

1025 McDonald Ave.
Richmond, CA 94801

Telephone: Administrative Office: (510) 663-4755

Legal Assistance Line: East County, (925) 219-3325

West County, (510) 250-5270

Website: www.baylegal.org

Description: Federally funded law office for civil legal problems for Contra Costa County residents who are of low-income involving housing, government benefits, health

access and domestic violence. We provide legal advice, referrals and representation to low income people with the following issues:

- Housing: Eviction Defense; Housing Conditions; Fair Housing Discrimination; Lock outs; Utility Shut-offs; Loss of Section 8 benefits; Predatory Lending; and Foreclosure.
- Domestic Violence: Dissolutions, Legal Separation or Annulment; Restraining Orders; Child Custody and Visitation; Child and Spousal Support, and Immigration Relief for Domestic Violence survivors.
- Public Benefits: CalWORKs; Social Security Disability Benefits; SSI, Food Stamps; and General Assistance.
- Health Access: Medi-Cal and Denti-Cal; Medicare; Healthy Families Program; In-Home support Services; Paratransit Services; Mental Health Services; and HMO.

Days/Hours: Mondays and Thursdays, 9:30 a.m. – 3:00 p.m.
Tuesdays and Wednesdays, 9:30 a.m. – 1:00 p.m.

Serving: Residents of Contra Costa County who are of low-income.

Agency: **Bay Area Outreach and Recreation Program (BORP)**
600 Bancroft Way
Berkeley, CA 94710

Telephone: (510) 849-4663

Website: www.borp.org

Email: info@borp.org

Description: BORP provides quality and innovative recreational, social and educational options for people with physical disabilities and visual impairments. BORP is a resource for information, technical assistance, program consultation, and advocacy. BORP facilitates self-initiated independent recreation, integrated programs and community leadership of people with disabilities.

Days/Hours: Office: Monday-Friday, 10:00 a.m. – 6:00 p.m.
Programs: Usually evenings and weekends

Serving: Persons with orthopedic impairment, visual impairment and other disabilities.

Agency: **Bay Area People First**
c/o Area Board 5
1515 Clay Street, Suite 300
Oakland, CA 94612

Telephone: (510) 286-0439

Description: A self-advocacy group, which encourages people with developmental disabilities to learn to speak for themselves on, issues that affect their lives. There are several groups that meet on a regular basis. Call Area Board 5 for information on meetings and how to join.

Days/Hours: Group meeting times vary—usually on weekends

Serving: Bay Area communities.

Agency: **Bay Respite Care**

3272 Sonoma Blvd., Suite 4
Vallejo, CA 94590

Telephone: (707) 644-4491

Website: www.bayrespitecare.org

Description: In-home respite or relief care to families who have an individual with developmental disabilities.

Days/Hours: Office: 8:30 a.m. - 5:00 p.m.
Respite is available 24 hours daily

Serving: Families with a family member with developmental disability.

Agency: **Blind Babies Foundation**

1814 Franklin Street, 11th Floor
Oakland, CA 94612

Telephone: (510) 446-2229

Website: www.blindbabies.org

Email: bbfinfo@blindbabies.org

Description: Vision impairment specialists make home visits to parents of visually impaired children to support families in understanding and coping with the impact of visual impairment on growth and development. Parents and children participate in play and hands-on learning experiences with the help of the counselors. Home counselors also accompany families to medical and educational assessments and train and consult other professionals.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Infants and preschool children (0-5) who are blind, visually impaired, or multi-handicapped and visually impaired, and their families.

Agency: Breast Health Access for Women with Disabilities (BHAWD)

Alta Bates Summit Medical Center
2001 Dwight Way, 2nd Floor
Berkeley, CA 94704

Telephone: (510) 204-4866

TTY: (510) 204-4574

Website: www.bhawd.org

Description: BHAWD provides access to breast health care for women with disabilities. BHAWD is a model of breast health services designed to meet the special needs of women with physical, vision and other disabilities.

Agency: Bright Beginnings – Lynn Center (Part of Contra Costa Arc)

Telephone: (925) 439-7516

Website: www.contracostaarc.org

Description: Bright Beginnings helps children learn to communicate effectively and to build and establish relationships with others in preschool settings at the Lynn Center in Pittsburg and the George Miller Center in Richmond.

Serving: Children with significant communication and social delays and for those that may have a diagnosis of Autistic Spectrum Disorder.

Agency: Building Blocks for Kids

263 South 20th Street
Richmond, CA 94804

Telephone: 510.412.5647

Website: www.bbk-richmond.org/

Description: To support the healthy development and education of all children and self-sufficiency of all families by engaging the community, block by block.

Serving: Children in the Iron-Triangle neighborhood of Richmond.

Agency: California Autism Foundation/A Better Chance

4075 Lakeside Drive
Richmond, CA 94806

Telephone: (510) 758-0433

Description: California Autism Foundation operates three Level 4 homes for adults and children who have severe behavioral challenges: A Better Chance II, Pinole; A Better Chance II, El Sobrante; and A Better Chance V, Pinole Valley. CAF also operates A Better Chance Day Program and A Better Chance Industries, an integrated employment center.

Days/Hours: Monday-Friday, 8:30 a.m. - 3:00 p.m.

Serving: Individuals with severe behavioral challenges/Regional Center referral.

Agency: California Children Services

Contra Costa County Health Services Department
597 Center Avenue, Suite 110
Martinez, CA 94553
Telephone: (925) 313-6100

Medical Therapy Units (MTU)

Castro MTU
1435 Lawrence Street
El Cerrito, CA 94530
Telephone: (510) 374-3909

Shadelands MTU
1860 Silverwood Drive
Concord, CA 94519
Telephone: (925) 646-5733

Mauzy MTU
2964 Miranda Avenue
Alamo, CA 94507
Telephone: (925) 646-6014

Turner MTU
4207 Delta Fair Blvd.
Antioch, CA 94509
Telephone: (925) 427-8522

Website: www.cchealth.org/services/ca_childrens_services

Description: California Children Services (CCS) is a statewide program that arranges and pays for medical care, equipment and rehabilitation for eligible children and youth. Services can be authorized for children and youth adults under 21 years of age who have eligible medical conditions (such as congenital heart disease, sickle cell anemia, cystic fibrosis, cleft palate, and HIV infection) and whose families are unable to pay for all or part of their care. CCS determines eligibility and selects the most qualified professionals to treat each child's CCS-eligible condition.

A child may be eligible for CCS if she or he meets all of the four following criteria:

1. Age - The child must be under 21 years of age.
2. Residence - The child must be a permanent California resident.
3. Family Income – The child's family income must meet one of the following criteria.
 - Be less than \$40,000 per year (adjusted gross income as reported on California State income taxes) – OR
 - If greater than \$40,000 a child may be eligible if medical care for the CCS-eligible condition is expected to cost more than 20% of the family's income.
 - EXCEPTION: Income is not a factor in determining eligibility for the

medical therapy program. Eligibility for the medical therapy program is based on medical condition and clinical findings.

4. Medical Conditions – Only certain conditions are eligible for CCS. See website for more information. In general, CCS covers medical conditions that are physically disabling or require medical, surgical, or rehabilitative services.
5. Even if a child has private insurance, she/he may still qualify for CCS.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: See above.

Agency: California Department of Developmental Services

1600 9th Street, 2nd Floor
Sacramento, CA 95814

Telephone: (916) 654-1690

TTY: (916)654-2054

Website: www.dds.ca.gov

Description: The State Department of Developmental Services (DDS) is one of thirteen departments within the Health and Welfare Agency. DDS administers six Developmental Centers (formerly State Hospitals) and contracts with 21 Regional Centers throughout the state to provide services to the local communities. The entry point for Contra Costa County is the Regional Center of the East Bay.

Days/Hours: Monday-Friday, 8:00 a.m. - 5:00 p.m.

Serving: Individuals with developmental disabilities that include cerebral palsy, autism, epilepsy and neurological conditions similar to mental retardation.

Agency: California Department of Education (OSE)

1430 N Street
Sacramento, CA 95814-5901

Telephone: (916) 319-0800

Website: www.cde.ca.gov

**Agency: California Department of Health Services
Birth Defects Monitoring Program**

5915 Hollis Street, Building A
Emeryville, CA 94608

Telephone: (510) 597-1487

Website: www.cbtmp.org

Description: The California Birth Defects Monitoring Program is a public health program devoted to finding causes of birth defects. The program maintains a birth defects registry of

babies born with medically significant structural birth defects and conducts large interview studies to identify factors associated with birth defects. The program's registry and research findings are a resource for local public health officials, clinicians, parents, and policymakers. All materials are free. For more information visit the website.

Agency: California Department of Rehabilitation

721 Capitol Mall
Sacramento, CA 95814
(916) 324-1313

District Office
1485 Enea Court, Suite 1100
Concord, CA 94520
(925) 602-3953

Branch Office
3656 Delta Fair Boulevard
Antioch, CA 94509
(925) 754-7700

Branch Office
1003 W. Cutting Blvd., Suite 100
Richmond, CA 94804
(510) 232-7062

Website: www.rehab.ca.gov

Description: The Department of Rehabilitation provides services to help the eligible client become employable. It offers specific services to obtain competitive, supported employment for people with disabilities.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: People with disabilities.

**Agency: California Department of Social Services
Community Care Licensing Division**

Children Residential Program Office
851 Traeger Avenue, Suite 360
San Bruno, CA 94066
(650) 266-8800

Adult Care Program Office
1515 Clay St., Suite 310
Oakland, CA 94612
(510) 286-4201

Telephone:
Website: www.cclcd.ca.gov

Description: License and monitor residential and day programs for persons needing care and supervision.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Bay Area residential and day programs.

Agency: California School for the Blind

500 Walnut Avenue
Fremont, CA 94536

Telephone: (510) 794-3800

Website: www.csb-cde.ca.gov

Description: The California School for the Blind provides intensive, disability specific educational services for enrolled students who are blind, visually impaired, deafblind, and visually impaired/multi-disabled, whose primary learning needs are related to their visual impairment.

In partnership with students, families, other consumers, local educational agencies, professional and community resources, California School for the Blind prepares students to participate at their highest level of independence in their schools, workplaces and communities.

The California School for the Blind, as a State Special School of the California Department of Education, is a statewide resource offering expertise in the low prevalence disabilities of visual impairment and deafblindness through innovative model programs, assessment, consultation and technical assistance, professional development, research and publications, advocacy and outreach.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: California residents between the ages of 5 and 22 who:

- Are blind or visually impaired;
- Receive public special education services;
- Require services not available in the school district;
- Would not be more appropriately served by other agencies

Agency: California School for the Deaf

39350 Gallaudet Drive
Fremont, CA 94538

Telephone: (510) 794-3666

TTY: (510) 794-3672

Website: www.csdf.k12.ca.us

Description: The mission of the California School for the Deaf is to provide comprehensive educational programs which create a strong foundation for future learning among graduates in an accessible learning environment that recognizes Deaf students and adults as culturally and linguistically distinct. The school will ensure that students receive a quality education with emphasis on full communication access through fluency in both American Sign Language and English. This will enable students to

reach their maximum potential while preparing them to function effectively in a diverse technologically evolving world. The school is residential.

Days/Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Serving: Children who are deaf and hearing impaired age birth to 22 years old. Also, may serve students who have learning and emotional disabilities who are deaf.

Agency: C.A.M.P., Inc.
6670 Amador Plaza Road
Dublin, CA 94568

Telephone: (925) 560-0124, ext. 102

Description: Adult Development Day Program in the Dublin area offers a broad scope of services to adults with developmental disabilities.

Days/Hours: Office: Monday-Friday, 8:00 a.m. - 3:30 p.m.
Program: Monday-Friday, 9:00 a.m. - 3:00 p.m.

Serving: Lower Alameda and Contra Costa Counties.

Agency: Camping Unlimited, Inc.
4610 Whitesands Court
El Sobrante, CA 94803

Telephone: (510) 222-6662

Website: www.campingunlimited.com

Email: campkrem@campingunlimited.com

Description: Camping Unlimited's year-round activity programs and travel camps operate from September through April. Some activities are day trips while others can be up to seven days. Children and adults of all ages and disabilities, along with volunteer counselors, attend activities such as; camping and backpacking trips, visits to the snow country, and trips to the beach and state or community parks.

Summer programs at Camp Krem are also offered. Camp Krem is 20 minutes from the Santa Cruz Beach Boardwalk and sixty miles North of San Francisco. Campers with developmental disabilities such as Down Syndrome, Autism, ADHD, Cerebral Palsy and other physical or emotional differences can enjoy a wide variety of activities. Camp Krem offers six summer camps sessions with three unique types of programs. Camp Krem has ten rustic cabins, a multi-activity center / dining hall, an arts and crafts center, specially designed swimming pool, campfire arena, large playground, basketball and sports area, miles of nature trails and outdoor camp settings.

Days/Hours: Office: Monday-Friday, 10:00 a.m. – 5:00 p.m.

Serving: Ages 5 years and older, all disabilities.

Agency: CARE Parent Network

1340 Arnold Drive, Suite 115
Martinez, CA 94553

Telephone: (925) 313-0999
Toll Free: (800) 281-3023
Website: www.contracostaarc.org/html/care
E-Mail: CAREofARC@aol.com

Description: We are a one-stop family resource center serving families of children with disabilities. We provide support, information and resources especially designed to help families meet the unique challenges of parenting a child with special needs.

Our staff is comprised of trained parents of children with special needs. CARE Parent Network assists families to identify resources and offers factual information and emotional support. We respect each family's values, belief system and priorities. We also serve as a resource to professionals who work with children with disabilities.

Days/Hours: Monday-Friday, 8:30 a.m. – 3:30 p.m.

Serving: Parents of infants and children with disabilities residing in Contra Costa County.

Agency: Center for Accessible Technology (CAT)

2547 Eighth Street, 12-A
Berkeley, CA 94710

Telephone: (510) 841-3224
Website: www.cforat.org
Email: info@cforat.org

Description: The Center of Accessible Technology (CforAT) provides access to computers for people with disabilities. We do this so children with disabilities can succeed in school, adults with disabilities can find (and keep) jobs and all people with disabilities can use the internet, email and benefit from the digital revolution. CforAT also provides business-consulting services to corporations, libraries and government entities. We provide assistance on creating accessible websites and have a test bank of users with disabilities to test products and services.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:00 p.m. (By appointment only)

Serving: Individuals with disabilities (developmental, learning, physical).

Agency: Center for Adaptive Learning (CAL)

3227 Clayton Road
Concord, CA 94519-2862

Telephone: (925) 827-3863

Email: info@centerforadaptivelearning.org

Website: www.centerforadaptivelearning.org

Description: The Center for Adaptive Learning is a residential training program for people over the age of 20 to build a life of independence and self-reliant living with developmental disabilities. Services provided are designed to meet emotional, social, vocational and functional needs working in three main domains--independent living (in apartments), social/emotional, job development and job placement. The Center also has an art and computer training department.

Days/Hours: Office Hours: Monday-Friday, 9:00 a.m. - 5:00 p.m.
Program Hours: Monday-Friday, 9:00 am. – 9:00 p.m.
Night Staff Hours: Sunday – Thursdays 9:00 p.m. – 9:00 a.m.

Serving: Participants in the CAL program must be 20 years of age or older, have the potential for employment, have an identifiable developmental neurological disability of related disorder, and demonstrate a desire to live as independently as possible in an alcohol and drug free program.

**Agency: Center for CARE – Center for the Vulnerable Child
Children’s Hospital & Research Center Oakland**

747 52nd Street
Oakland, CA 94609

Program Address
5275 Claremont Avenue
Oakland, CA 94618

Telephone: (510) 428-3783

Description: The Center for the Vulnerable Child provides clinical and social services to children from birth to 18 years and their families whose circumstances put them at risk for social, educational, physical or mental health problems. We work with children and families experiencing poverty and involvement with the foster care system, unstable housing and other family disruptions. The CVC offers comprehensive, family-focused interventions that include coordination of health and social services, medical and developmental screenings, support for families in transition, parental education, infant-parent psychotherapy, child and family psychotherapy, and collaborative consultation and educational presentations to community agencies and professionals.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:00 p.m.

Serving: Infants affected by drug/alcohol, and toddlers at risk of developmental disabilities and their families.

Agency: **Center for Communicative Disorders
Speech, Hearing and Language Clinic
California State University – East Bay**
25800 Carlos Bee Blvd., MB1099
Hayward, CA 94542

Telephone: (510) 885-3241

Description: Teaching institution training undergraduate and graduate (masters) level student clinicians preparing for careers in Speech-Language Pathology. Operates a speech-language-hearing clinic wherein students receive practical experience working with a variety of clients with communication disorders. All evaluation and treatment is conducted by student clinicians, under the direct supervision of licensed, certified speech pathologists and audiologists on staff by the University.

Days/Hours: Monday-Friday, 9 a.m. - 5 p.m.

Serving: The clients represent all age groups from preschool children to senior citizens. Each client demonstrates a speech, hearing or language problem. These problems include, but are not limited to, articulation problems, language delays or disorders, voice problems, hearing loss, auditory perceptual impairments, dysfluency, aphasia, and dysarthria.

Agency: **Center for Independent Living**

<u>Headquarters</u> 2539 Telegraph Avenue Berkeley, CA 94704	<u>Downtown Oakland</u> 1904 Franklin Street Suite 320 Oakland, CA 94612
Telephone: (510) 841-4776	(510) 763-9999
TTY: (510) 848-3101	(510) 444-1837

Website: www.cilberkeley.org

Description: The Center for Independent Living (CIL), the world's first organization of its kind, is a national leader in supporting disabled people in their efforts to lead independent lives. As an organization founded by people with disabilities, we understand the challenges faced by our consumers. This motivates us to achieve immediate and long-term solutions – be it assistance with finding housing or a job, equipping a home with assistive technologies, or enhancing independent living skills.

We use two-tiered approach – address our consumers' complex needs and strive for social change in our communities. This work includes:

- Providing free services and referrals that guide people through systems such

as the housing and employment markets as well as the Social Security bureaucracy.

- Advocating for policy changes to improve accessibility in public places and transportation.
- Mentoring youth who have disabilities.
- Offering fee-based, consultation services to train private employers in how to accommodate people with disabilities.
- Providing assistance to consumers in multiple languages by a multicultural staff.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: People with all types of disabilities.

Agency: Cerebral Palsy Center for the Bay Area

4500 Lincoln Avenue
Oakland, CA 94602

Telephone: (510) 531-2990

Website: www.cpcOak.org

Email: cpcenter@cpcOak.org

Description: The CP Center specializes in helping adults with Cerebral Palsy and other severe physical and developmental disabilities to become active, useful members of the community. We accomplish this by offering our participants a broad range of programs in a nurturing learning environment that encourages their self-determination and enhances their capacity for independent living.

The Cerebral Palsy Center has seven major programs for adults with cerebral palsy and other developmental disabilities.

- **The Vocational Opportunity Center (VOC)** teaches work skills while earning wages.
- **The Adult Development Center** provides individually tailored programs and support in learning self-help and communication skills, while increasing personal independence, academic, mobility and computer skills.
- **Community Involvement Towards Independence (CITI)** is a program where people explore and learn in the community; using public transportation, money management and developing work skills through volunteerism.
- **The Computer Learning Center and Assistive Technology Program** offers a state-of-the-art computer lab equipped with adaptive hardware and software as well as augmentative communication devices. Learning experiences in the lab focus on the use of assistive technology to develop computer skills, use of the internet, and expansion of communication capabilities of participants with limited or no speech utilizing speech generating devices.

- **The Wellness and Aging Program** helps increase functionality and relieves pain and discomfort through the use of such integrative health therapies as yoga, acupuncture, movement therapy, massage therapy, and exercise.
- **The Micro-Enterprise-Self Employment Program** is a unique, cutting-edge Micro-Enterprise Program, called Cornerstone, guides its participants to create a learning plan and develop a business tailored to their individual interests and goals. Cornerstone is in truth a small business incubator that enables participants to gain hands-on business experience and that provides on-going support to sustain the entrepreneurial experience.
- **The CP Center's Fulfillment Center** is a commercial mailing house that offers hand labeling, packaging, and mailing services to businesses in the Bay Area and across California. It provides vocational training, skill development, on the job support, and paid employment for participants who are interested in and capable of this type of work.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.
Program hours vary.

Serving: Adults with Cerebral Palsy and other developmental disabilities.

Agency: CHADD National Office

8181 Professional Place, Suite 150
Landover, MD 20785

CHADD of Northern California

369 Santa Paula
San Leandro, CA 94579

Telephone: National: (800) 233-4050; (301) 306-7070
Northern California: (888) 759-9758
Northern California Branch of Contra Costa: (925) 687-4324 (Walnut Creek)
Northern California Branch of East Contra Costa: (925) 753-0955 (Antioch)

Websites: National: <http://www.chadd.org>
Northern California: <http://www.chaddnorcal.org>

Description: CHADD is a non-profit organization providing education, advocacy and support for individuals with Attention Deficit Disorders. At the Chapter level CHADD provides lectures by professionals for adults and parents, adult and parent support groups, book sales, newsletter, professional referrals, parent and adult mentors. National CHADD provides Attention Magazine, CHADder Box Newsletter, CHADD Website and yearly national conference.

Days/Hours: Call above number for meeting, workshop, support group dates and times

Serving: CHADD serves those with Attention Deficit concerns. The organization has 200 chapters and 16,000 members.

Agency: Child Abuse Prevention Council of Contra Costa County, Inc.

1410 Danzig Plaza, Suite 110 301 West 10th Street, Suite 2
Concord, CA 94520 Antioch, CA 34509

Telephone: (925) 798-0546 (925) 755-4200

Website: <http://www.capc-coco.org>

Description: To prevent child abuse in Contra Costa County through coordination of services, information sharing, public education and advocacy. Programs include the Community Education Program with speakers available for presentations on child abuse prevention; Surviving Parenthood, a resource directory; Newborn Connections, an in-home, post partum support program; The Baby Bag Project and the Parenting Kits, with information for new parents; as well as referral services, legislative advocacy, and coordination of public and private agencies involved in the prevention, intervention and treatment of child abuse.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Contra Costa County residents.

Agency: Child & Adolescent Psychiatry

Stanford University- School of Medicine
Psychiatry and Behavioral Science Building
401 Quarry Road
Stanford, CA 94305

Telephone: (650) 723-5511
(650) 723-7704 (Appointments and Referrals)

Website: <http://childpsychiatry.stanford.edu/>

Description: The Mission of the Stanford Division of Child and Adolescent Psychiatry and Child Development is to provide leadership in the field of child and adolescent mental health by integrating research, clinical practice, and teaching. We are dedicated to providing state-of-the-art patient care, training future professionals in child psychiatry and psychology, and advancing knowledge in neuroscience, understanding of pathogenesis, interactions between biology and environment, integrated treatment and outcomes and prevention. Services include a Comprehensive Pediatric Care Unit, Pediatric Psychiatry Consultation Services, and Outpatient Specialty Clinics.

Days/Hours: Monday–Friday, 8:00 a.m. – 6:00 p.m.

Serving: Children and adolescents with a variety of diagnoses ages 2 to 18 years.

**Agency: Child Development Clinic (CDC)
Developmental and Behavioral Pediatrics**

Children's Hospital & Research Center Oakland
747 -52nd Street
Oakland, CA 94609

Program Address
5220 Claremont Avenue
Oakland, CA 94609

Telephone: (510) 428-3351

Website: www.childrenshospitaloakland.org

Description: Development and Behavioral Pediatrics staff at Children's Hospital & Research Center Oakland provide evaluation, diagnosis, treatment and referral services for children who have or who are at risk for developmental delay, developmental disabilities, behavior disorders and learning problems. An essential part of the services we offer is support and education for parents. The Child Development Clinic provides evaluation and treatment for children under 18 with developmental delays, learning problems, developmental disabilities and behavior problems. Clinic staffers include developmental-behavioral pediatricians, psychologists, a pediatric nurse practitioner and a social worker. Note: This program has been severely reduced due to the funding reductions in the 2007/2008 California state budget.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:00 p.m.

Serving: Children with autism, cerebral palsy, mental retardation, neurological handicap, PKU, ADHD, genetically based disorders, prematurity, prenatal exposure to drugs, fetal alcohol syndrome, and learning disabilities.

**Agency: Child Health and Disability Prevention Program
(CHDP)**

Contra Costa County Health Services Department
597 Center Avenue, Suite 280
Martinez, CA 94553

Telephone: (925) 313-6150

Toll Free: (800) 696-9644

Website: http://www.cchealth.org/services/child_health/

Email: chdp@hsd.cccounty.us

Description: CHDP is a preventive health program, working to make health care available to all children who are uninsured or under-insured. CHDP works with families to:

- Obtain regular preventive health assessments for infants, children and adolescents
- Coordinate follow-up of identified health problems and
- Refer those with suspected health problems for necessary diagnosis and treatment
- Help children find medical and dental homes for their health care

Days/Hours: Monday-Friday, 8:30 a.m. – 5:00 p.m.

Serving: Children and youth who:

- Do not have medical insurance
- Are under 19 years of age
- Live in California
- Have family incomes at or below 200% of federal income guidelines

Children already enrolled in Healthy Families and/or full-scope Medi-Cal are not eligible for the Gateway. If your child is not eligible for Medi-Cal or Healthy Families, he/she may continue to get well-child exams at no cost through the CHDP Program.

Agency: Children’s Hospital & Research Center Oakland

- See
- *Center for CARE – Center for the Vulnerable Child*
 - *Child Development Center (CDC)*
 - *Parent-Infant Program (PIP)*

Agency: Clients’ Rights Advocacy

(See Office of Clients’ Rights Advocacy)

Agency: Cole Vocational Services

1937 San Pablo Avenue	2352 Buchanan Road
Pinole, CA 94564	Antioch, CA 94509

Telephone: (510) 724-7190 (925) 756-7600

Website: <http://thementornetwork.com>

Description: An adult day program for people with developmental disabilities. This center-based program takes a holistic approach and looks at each person’s life goals. They offer classroom training for job development, self-advocacy, life skills assistance, positive behavioral support and social and recreational services.

Days/Hours: Office: Monday-Friday, 7:30 a.m. – 3:30 p.m.
 Program Hours: Monday-Friday, 8:00 a.m. – 2:00 p.m.

Serving: Contra Costa County.

**Agency: Commercial Support Services (CSS)
Contra Costa ARC**

2505 West Tenth Street
Antioch, CA 94509
(925) 755-4925

185 Mason Circle, Suite F
Concord, CA 94520
(925) 825-5665

1420 Regatta Blvd.
Richmond, CA 94804
(510) 233-7303

Website: www.contracostaarc.com/html/css.html

Description: CSS is a division of Contra Costa ARC and assists individuals with developmental disabilities to achieve their highest level of independence and self-sufficiency in the community. This is accomplished through advocacy at personal, local, state and national levels and through direct services designed to meet the individual needs of citizens with developmental disabilities. Among the options available are: situation assessments, mobility training and job placement. Jobs include community-supported employment for individuals or groups and paid work experience and training at our production center.

Days/Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities who are clients of RCEB.

**Agency: Community Access Programs (CAP)
Contra Costa ARC**

CAP-Antioch
3640-B Lone Tree Way
Antioch, CA 94509
(925) 706-1921

CAP-Concord
4615 Clayton Road
Concord, CA 94521
(925) 685-9742

CAP-Hilltop
2801 Robert H. Miller Drive
Richmond, CA 94806
(925) 222-8266

Website: www.contracostaarc.com/html/cap.html

Description: These programs, operated by Contra Costa ARC, are day programs that serve adults with severe developmental disabilities. The goal of these programs is to assist individuals to live, work, and play in the community as independently as possible. Training is offered in the areas of domestic skills, recreational skills, vocational skills and community awareness. The Community Access Programs serve individuals who may have personal care needs (require assistance in the restroom, with eating, or other basic needs). Individuals must not be a danger to themselves or others.

Days/Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities, 22 years or older, and clients of RCEB.

Agency: **Community Assistance for the Retarded and Handicapped, Inc. (CARH)**

20513-17 Alameda Street
Castro Valley, CA 94546

Telephone: (877) 537-6611

Website: <http://www.carh-inc.org/>

Email: info@carh-inc.org

Description: CARH assists individuals with a specific diagnosis of mental retardation through a Grant Program that can help individuals with needs ranging from specialized equipment to campership funds. Programs offered include in-home dental care for those who are unable to go to the dentist office, music therapy, exercise/nutrition program, outreach programs, financial assistance, and social events.

Days/Hours: Monday-Thursday, 8:00 a.m. to 4:00 p.m., Friday, 8:00 a.m. to 11:30 a.m.

Serving: Individuals with special needs living in Alameda, Contra Costa and San Joaquin Counties.

Agency: **Community Care Licensing**
(See California Department of Social Services)

Agency: **Community Integrated Support Services (CISS)**

1600 'A' Street
Antioch, CA 94509

Telephone: (925) 777-0696

Website: www.cissinc.org

Description: CISS Day Program provides behavioral support services. The program provides a critical step between a behavioral day program and other work or activity programs.

Clinical and administrative teams provide positive and systematic programming for consumers in education classes and therapy programs and community based work and activity programs. Particular emphasis is on supporting and teaching consumers to make their own choices in participating in these broad opportunities. Referrals are through RCEB case management.

Serving: Eastern Contra Costa County.

Agency: Community Integrated Work Program (C.I.W.P)

West Contra Costa County

5327 Jacuzzi, Suite 1A
Richmond, CA 94804

Telephone: (510) 528-2287

East Contra Costa County

1101 Buchanan Road
Antioch, CA 94509

(925) 778-290

Website: <http://ciwp.org/>

Description: CIWP Inc. provides integrated options for the developmentally disabled as they learn to live and work independently in their local communities. This is accomplished through intensive training on all basic areas of a productive lifestyle: paid work, full use of community resources, the attainment of the necessary skills to develop and maintain the social relationships which make our life meaningful, and above all, the development of a strong and confident personality. CIWP Inc. also runs a Crisis Response Project (CRP) with offers a Mobile Crisis Team and Crisis Behavioral Technician Services seven days a week around the clock.

Days/Hours: Richmond: Monday-Friday, 7:00 a.m. - 4:00 p.m.
Antioch: Monday-Friday, 7:30 a.m. - 3:30 p.m.

Serving: Contra Costa and Alameda County residents who are Regional Center clients.

Agency: COMPASS Agency

(Care Options Management Plan And Supported Services)

11875 Dublin Blvd.
Dublin, CA 94568-2843

Telephone: (925) 551-3227

4030 Moorpark Ave.
San Jose, CA 95117

(408) 345-9000

Website: www.compasscares.com

Description: COMPASS offers assessment, care management, and independent and supported living services. This supported living program is not licensed; so there is freedom to be creative in how individual needs can be supported in order to live independently. Each program is set up to meet the unique needs of the consumer. The amount and kind of support needed varies between consumers. The program works to build natural supports so the professionals involved may be able to fade out over time.

Days/hours: Office: Monday-Thursday, 9:00 a.m. – 5:00 p.m.

Friday, 9:00 am – 4:00 pm
(weekends and evenings by appointment)
Serving: RCEB clients and other persons needing in-home care.

Agency: Concord Community & Recreational Services

1950 Parkside Drive, MS11
Concord, CA 94519

Telephone: (925) 671-3171

Website: www.ci.concord.ca.us/recreation/

Email: CityInfo@ci.concord.ca.us

Description: Both ongoing programs and specialty classes serving teens and adults with developmental disabilities.

Days/Hours: Office: Monday-Friday 10:00 a.m. – 12:00 p.m., 1:00 p.m. - 3:30 p.m.
Programs and Classes: Times vary

Serving: Teens and adults.

Agency: Concord House

East Bay Services to the Developmentally Disabled

2301 Mt. Diablo Street
Concord, CA 94520

Description: Residential setting and three satellite homes comprise the program. Independent living skills program is offered in a residential setting. Residents experience more self-direction, gain self-confidence and accept responsibility as they move through the program.

Telephone: (925) 825-4423

Days/Hours: Residential

Serving: Contra Costa and Alameda County residents, ambulatory and 18 years of age and over, who are Regional Center clients.

Agency: Concord Residential Club

East Bay Services to the Developmentally Disabled

2141 California Street
Concord, CA 94520

Telephone: (925) 689-4939

Description: Nineteen, one-bedroom apartments where residents receive moderate/minimal support through ILS agencies.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Adults with developmental disabilities, 21 years or older.

Agency: Contra Costa ARC

1340 Arnold Drive, Suite 127
Martinez, CA 94553

Telephone: (925) 370-1818

Website: www.contracostaarc.com

Description: Contra Costa ARC offers a wide spectrum of services to children and adults with developmental disabilities and their families. Programs focus on employment services, preschool and early intervention for children and their families, personal and social adjustment services and information and resource needs. For additional information see individual listings.

Below is a list of the programs;

- ARC Inroads
- Commercial Support Services
- Community Access Programs
- The Lynn Day Treatment Center
- George Miller Centers
- CARE Parent Network.

Days/Hours: Monday-Friday 8:30 to 4:30 office hours. Program hours may vary.

Serving: Children and adults with developmental disabilities.

Agency: Contra Costa Child Care Council

Central County Area Office
1035 Detroit Avenue, Suite 240
Concord, CA 94518
(925) 676-KIDS

East County Area Office
3104 Delta Fair Blvd.
Antioch, CA 94509
(925) 778-KIDS

West County Area Office
3065 Richmond Pkwy., Suite 112
Richmond, CA 94806
(510) 758-KIDY

Website: www.cocokids.org/

Description: The Contra Costa Child Care Council is a non-profit agency assisting parents with finding available, affordable, quality childcare within Contra Costa County. An array of services are offered to the childcare community such as child care referrals, child care subsidies, consultation and resources, classes, recruitment, child health and nutrition programs, public education and advocacy efforts, and employer services. Offers resources and services for families of children with special needs through the Inclusion Project. These include the Inclusion Lending Library, training and educational opportunities, and the services of Inclusion Facilitators and Inclusion Specialists. Services are free and available in Spanish and Farsi.

Days/Hours: Monday-Thursday, 9:00 a.m. – 4:00 p.m. Friday, 9:00 a.m. -12:00 p.m.

Serving: Anyone who utilizes childcare services within Contra Costa County.

Agency: **Contra Costa Clubhouses, Inc**

3024 Willow Pass Road, Suite 230
Concord, CA 94519

Telephone: 925-627-4216

Website: www.ccclubhouse.org

Description: Putnam Clubhouse provides a safe and welcoming place where participants (called members, not patients or clients or consumers) build on personal strengths instead of focusing on illness.

Members learn and improve vocational and social skills while working together to run all aspects of the Clubhouse—everything from clerical to cooking, governance to fundraising.

Days/Hours: Monday, Thursday: 8:30 a.m. - 4:00 p.m.

Tuesday, Wednesday, Friday: 8:30 a.m. - 8:00 p.m.

Serving: Saturday: 10 a.m. - 2:00 p.m.

Adults with mental illness.

Agency: **Contra Costa Community College District Disabled Students**

Programs/Services

500 Court Street
Martinez, CA 94553
(925) 229-1000

Website: www.contracosta.cc.ca.us

Diablo Valley College
321 Golf Club Road
Pleasant Hill, CA 94523
(925) 685-1230 x2546

DVC Satellite

San Ramon Valley Campus
1690 Watermill Road
San Ramon, CA 94582
(925) 866-1822

Los Medanos College
2700 E. Leland Road
Pittsburg, CA 94565
(925) 439-2181 x3133

LMC Satellite

Brentwood Campus
101A Sand Creek Road
Brentwood, CA 94513
(925) 513-1625

Contra Costa Community College
2600 Mission Bell Drive
San Pablo, CA 94806
(510) 235-7800 x7220

Description: The Disabled Students Programs and Services (DSP&S) provide specialized assistance and resources to individuals with learning disabilities, visual and hearing impairments, acquired brain injuries and other physical disabilities. Services include specialized instruction designed for students with learning disabilities; counseling and advising; on-campus transportation; mobility assistance; adaptive equipment; coordination of note takers, readers and sign language interpreters; availability of DSPS job placement staff; community resources; adaptive computer technology; and adaptive physical education. Programs and services have been subject to recent budget cuts due to fiscal crisis.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:30 p.m.

Serving: Students with disabilities.

Agency: Contra Costa County Office of Education

77 Santa Barbara Road
Pleasant Hill, CA 94523

Telephone: (925) 942-3388

Website: <http://www.cccoe.k12.ca.us/>

Description: Provides special education and other related services to students.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Contra Costa County students.

Agency: Contra Costa Crisis Center

P.O. Box 3364
Walnut Creek, CA 94598

24-HOUR SUICIDE PREVENTION: 1-800-273-8255 (1-800-273-TALK)
1-800-784-2433 (1-800-SUICIDE)
24-HOUR CRISIS INTERVENTION: 1-800-833-2900
24-HOUR GRIEF COUNSELING: 1-800-837-1818
24-HOUR YOUTH SERVICES: 1-800-863-7600
24-HOUR HOMELESS SERVICES: 1-800-808-6444

Telephone: (925) 939-1916 (Office)

Website: www.crisis-center.org

Description: Toll-free, 24-hour crisis lines for people in distress. Referrals to agencies and programs, as appropriate. Also conducts full range of services for the homeless, youth violence prevention and grief counseling. Offers information about community resources while administering a data bank for such in Contra Costa County.

Days/Hours: Office: Monday-Friday, 8:00 a.m. – 5:00 p.m.
Crisis Lines: 24 hours, 365 day/year

Serving: Contra Costa County.

Agency: Contra Costa Day Activity Center

(See Walnut Creek Day Activity Center)

Agency: Contra Costa Regional Medical Center and Contra Costa Health Centers Contra Costa County Health Services Department

2500 Alhambra Avenue
Martinez, CA 94553

Telephone: Information: (925) 370-5000 TTY: (925) 335-9959

Admissions: (800) 370-5160

Website: http://www.cchealth.org/medical_center/

For All Health Centers

Telephone: Information: (877) 905-4545 Appointments: (800) 495-8885

Website: http://www.cchealth.org/services/health_centers.php

Antioch Health Center

3505 Lone Tree Way
Antioch, CA 94509

Martinez Family Practice Center and

Martinez Specialty Center
2500 Alhambra Avenue
Martinez, CA 94553

Bay Point Family Health Center

215 Pacifica Avenue
Bay Point, CA 94565

Pittsburg Health Center*

2311 Loveridge Road
Pittsburg, CA 94565

Brentwood Health Center

171 Sand Creek Road, Suite A
Brentwood, CA 94513

Richmond Health Center

100 – 38th Street
Richmond, CA 94805

Concord Health Center

3052 Willow Pass Road
Concord, CA 94519

North Richmond Center for Health

1501 Third Street
Richmond, CA 94801

Concord Public Health Clinic

2355 Stanwell Circle
Concord, CA 94520

Telephone: (925) 646-5275

Toll Free: (800) 246-2494

Description: Contra Costa Regional Medical Center and Contra Costa Health Centers are the cornerstones of a comprehensive, integrated public health care system that emphasizes prevention-oriented, primary care services. The hospital is part of a continuum of health services to county residents that includes medical and prevention services, as well as environmental and public health services that protect the well-being of the entire community.

Days/Hours: Regional Medical Center - 24 hours daily
Health Centers - Monday-Saturday, 8:00 a.m. – 5:00 p.m.
(hours vary between locations, some evening hours)

Agency: Contra Costa SELPA

2520 Stanwell Drive, Suite 270
Concord, CA 94520

Telephone: (925) 827-0949

Website: www.ccselpa.org/

Description: SELPA stand for “Special Education Local Plan Area”. SELPAs provide regional coordination of special education and insure compliance with state and federal laws. All school districts and county offices of education are required by law to join together to form geographical regions that are large enough to ensure that appropriate special education services are available to meet the needs of children within the region. Smaller school districts are often unable, on their own, to provide the range of special education services necessary to meet the needs of their students so they join together in multi-district SELPAS in order to meet the needs of students within the region. Contra Costa SELPA is a multi-district SELPA that includes these school districts in Contra Costa County: Acalanes, Antioch, Brentwood, Byron, Canyon, John Sweet, Knightsen, Lafayette, Liberty, Martinez, Moraga, Oakley, Orinda, Pittsburg and Walnut Creek school districts as well as the County Office of Education.

The California Department of Education oversees all SELPAs. The responsibility of SELPAs is to insure that (1) there is a continuum of appropriate programs and services available to meet the needs of students within their boundaries and (2) there is compliance with all applicable laws and protection of due process rights for students and their parents. SELPAs provide training opportunities for school district staff and parents and technical resources and consultation to help meet the needs of students, maintain interagency agreements through multi-agency collaboratives, and SELPAs receive and distribute state and federal funds for special education.

Days/Hours: Monday-Friday, 7:30 a.m. - 4:00 p.m.

Serving: All Contra Costa County school districts and County Office of Education, with the exception of Mt. Diablo, San Ramon and West Contra Costa school districts.

Agency: County Connection

2477 Arnold Industrial Way
Concord, CA 94520

Website: <http://www.cccta.org/>

Description: Free midday (10 a.m. – 2 p.m.) fares and discounted fares on fixed-route bus service with Regional Transit Connection Discount Card. The photo identification card allows riders access to fixed-route public transit systems throughout the Bay Area. Call for eligibility requirements and application. Take completed form to County Connection at Walnut Creek BART station. One-time \$3 fee for three-year card.

Days/Hours: Office Hours: Monday-Friday, 6:30 a.m. – 6:30 p.m.
Saturday, 8:00 a.m. – 4:30 p.m.
Hours of Operation: Monday-Saturday, 5:30 a.m. – 9:30 p.m.

Limited Service on Sundays and holidays.

Serving: Central Contra Costa County with connections to East and West County.

Agency: Creative Growth

355 - 24th Street
Oakland, CA 94612

Telephone: (510) 836-2340

Website: www.creativegrowth.org

Description: Creative Growth Art Center provides creative art programs, educational and independent living training, counseling and vocational opportunities for adults who have physical, mental and emotional disabilities.

Days/Hours: Monday-Friday, 9:30 a.m. - 3:30 p.m.
Gallery Hours: 11:00 a.m. – 4:30 p.m.

Serving: People with physical, mental and emotional disabilities from Alameda, San Francisco, and Contra Costa Counties.

Agency: The Dale Law Firm

1670 Riviera Avenue, Suite 101
Walnut Creek, CA 94596

Telephone: (925) 280-0172
(415) 989-6900

Website: www.achievingindependence.com
<http://dalelawfirm.com/>

Description: The Dale Law Firm specializes exclusively in trusts, estate planning and probate. A large part of the practice involves counseling families with children who have disabilities in their unique needs. They establish specialized plans for these families to meet their unique goals and objectives.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Agency: Danville Gardens Learning Center Child Care

P.O. Box 2696
Danville, CA 94526

Telephone: (925) 552-0262 or (925) 548-1272
E-mail: elbyagapeangel99@yahoo.com

Description: Program director is a master teacher in special needs. Services are provided to pre-school children with or without special needs. We have an inclusion program; we also serve Regional Center clients. Our enrichment program includes arts, music, culinary arts, reading, story time, gross motor activities and many more fun activities. Also serves as a consultant for parents and businesses in search of childcare.

Days/Hours: Seven days a week; AM/PM

Serving: Bay Area

Agency: **Deaf Counseling, Advocacy and Referral Agency (DCARA)**

14895 E. 14th Street, Suite 200
San Leandro, CA 94578-2926

Telephone: (510) 343-6670

TTY: (877) 322-7288

Website: www.dcara.org

Email: info@dcara.org

Description: “DCARA’s mission is to promote self-determination, independence and celebration of American Sign Language among a diverse Deaf community, regardless of their communication background, through its services and programs.”

In order to accomplish this, DCARA provides its clients and communities with the resources; access and counseling services they need to make independent decisions in a variety of situations. In addition, DCARA provides the hearing community with information about the Deaf community and working and living with persons who are Deaf, Deaf-blind, Deafened and hard of hearing, as well as collaborating with other agencies to ensure that their services are more accessible to population that DCARA serves.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m. (closed 12:00 to 1:00)

Serving: Deaf and hard of hearing.

Agency: **Developmental Disabilities Council of Contra Costa County Contra Costa County Health Services Department**

597 Center Avenue, Suite 200
Martinez, CA 94553

Telephone: (925) 313-6836

Website: www.cchealth.org/groups/ddc

Description: The Developmental Disabilities Council is comprised of individuals with developmental disabilities, their families, professionals, and members of the general public and is an advisory body to the Contra Costa County Board of Supervisors. The Council engages in a wide variety of activities designed to improve service individuals with developmental disabilities, and to provide assistance and support to their families. The Council provides information and referral, technical assistance, and advocacy for individuals with developmental disabilities, their families, and those who provide services to them. The Council holds monthly meetings that address topics of general interest and concern to the field as well as publishing a monthly list of announcements of interest to our constituency.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Persons with developmental disabilities and their families in Contra Costa County.

Agency: **Diagnostic Center, Northern California**

39100 Gallaudet Drive
Fremont, CA 94538

Telephone: (510) 794-2500

Website: www.dcn-cde.ca.gov

Email: mnielsen@dcn-cde.ca.gov

Description: The Diagnostic Center, Northern California is one of three regional assessment/training centers operated through the State Special Schools and Services Division of the California Department of Education. It provides a continuum of specialized services and assistance to special education students, their families and Local Educational Agencies (LEA). Comprehensive, in-depth assessments are provided to special education students ages 2 through 22 years. These services are provided at no charge to LEA's or families within the Diagnostic Center's service area however requests for services must be generated by the local school district.

The Diagnostic Center offers a detailed information packet describing its services. For more information or to discuss the possibility of a special referral, please contact the Center.

Days/Hours: Monday-Friday, 7:30 a.m. – 4:00 p.m.

Serving: Students who receive special education, their families and local educational agencies.

Agency: **Dial-A-Ride – WestCAT**

601 Water Avenue
Pinole, CA 94564

Telephone: (510) 724-7993 (information)

(510) 724-7433 (reservations)

(800) 735-2929 or 711 (TTY)

Website: www.westcat.org

Email: info@westcat.org

Description: Monday through Friday, WestCAT offers special curb-to-curb transportation for senior and disabled passengers traveling into the Richmond and San Pablo areas for medical appointments or other special needs. This transportation is limited to the hours of 9:00 AM until 3:00 PM and trips are provided on a space-available basis. One-way fare for this service is \$3.00. Discounted tickets are available for this service. Reservations must be made at least 48-hours in advance by calling (510) 724-7433 Monday through Friday, from 8:00 AM until 5:00 PM.

The WCCTA service area comprises just over 20 square miles of West Contra Costa County, including the cities of Pinole and Hercules and the unincorporated areas of Montalvin Manor, Bayview, Tara Hills, Rodeo, Crockett, and Port Costa. Service available weekdays, 6:00 a.m. – 8:00 p.m.; Saturday, 9:00 a.m. – 7:00 p.m. Fare for people with disabilities is 75¢ for fixed routes, \$1.25 for Dial-A-Ride, \$3.00 for ADA Paratransit and \$2.00 for Lynx Transbay to/from San Francisco; monthly value passes also available.

Days/Hours: Monday–Friday, 6:00 a.m. – 8:00 p.m. and Saturday, 9:00 a.m. – 7:00 p.m.

Serving: People with disabilities and senior citizens in areas listed above.

Agency: Disability Rights California

Bay Area Office
1330 Broadway, Suite 500
Oakland, CA 94612

Telephone: (510) 267-1200
Toll Free: (800) 776-5746
TTY: (800) 791-5798
Website: www.disabilityrightsca.org

Description: Disability Rights California, formerly named Protection & Advocacy, Inc., is a non-profit corporation established pursuant to federal law. It works to bring about fairness and justice for people with disabilities. Their work includes filing lawsuits on behalf of individuals or groups, investigating charges of abuse and neglect, building peer/self advocacy groups, forging community partnerships, advocating for change in laws, regulations, and public policy, and providing information to those who may not know about their rights.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Children and adults with developmental disabilities and their families.

Agency: Disability Rights Education Defense Fund (DREDF)

2212 Sixth Street
Berkeley, CA 94710

Telephone: (510) 644-2555 v/tty
Toll Free: (800) 348-4232 v/tty

Website: www.dredf.org
Email: info@dredf.org

Description: The Disability Rights Education and Defense Fund (DREDF) is a national law and policy center dedicated to furthering the civil rights of people with disabilities. DREDF is involved with :

- Legal Advocacy- undertake impact litigation and file *amicus curiae* briefs in disability rights cases. Legal representation to adults and children with disabilities in cases involving their rights to employment, education, transportation, housing and access to public accommodations;
- Public Policy and Legislation- work for advancement of federal and state laws that further disability civil rights. Technical assistance, information and referrals on disability rights laws and policies via the U.S. Department of Justice National ADA Information Hotline;
- Children and Family Advocacy- help families navigate special education through our Parent Training & Information Center & Foster Youth Resources for Education projects;
- Media and Disability- work to engage the media to further the disability rights. Training and speakers for the disability community, public entities and private businesses on the provisions of the ADA and its relationship to other state and federal laws;
- Training and Education- lead trainings and provide publications on disability rights laws and policies. Education for legislators and policy-makers on issues affecting the rights of people with disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: People with disabilities.

Agency: **Disabled People’s Recreation Center (DPRC)**
(See *Richmond Recreation and Parks Department*)

Agency: **Doctors Medical Center**
Rectal/Prostate Screening
2000 Vale Road
San Pablo, CA 94806

Telephone: (510) 970-5236 (direct line for rectal/prostate screenings)
(800) 206-9355 (direct line for appointments)
(510) 970-5000

Website: www.doctorsmedicalcenter.org

Description: Rectal/prostate screening for men over age 50 with disabilities. Free screenings offered on scheduled dates a few times throughout the year.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:00 p.m.

**Agency: Doctors Medical Center
Speech Therapy Department**

2000 Vale Road
San Pablo, CA 94806

Telephone: (510) 970-5000

Website: www.doctorsmedicalcenter.org

Description: A full time speech therapist is at the site. Occupational and physical therapy for acute needs; mostly swallowing, some communication.

Days/Hours: Monday-Friday, 8:00 a.m. – 3:30 p.m.

Serving: Adults only.

Agency: Down Syndrome Connection

101-J Town and Country Drive
Danville, CA 94526

Telephone: (925) 362-8660

Website: www.dsconnection.org

Email: down_syndrome@sbcglobal.net

Description: It is our mission to promote the unique contributions of children and young adults with Down Syndrome by providing direct services to families, educating the public and fostering inclusive and integrated involvement with the community at large.

We offer parent support groups, information and referral, education, pre-natal consultation, one on one advocacy, therapeutic STEP classes for all ages, a resource and lending library, outdoor field trips for teens and adults, and community events for families. We also have a private Speech Therapist and Reading Tutor on site for the convenience of our membership. We support creative expression through art and promote advocacy with community education. Above all, we encourage the unlimited potential in children and young adults with Down Syndrome.

Days/Hours: Monday-Friday, 9:30 a.m. – 4:00 p.m.

Serving: All persons with Down Syndrome and their families as well as others with developmental disabilities.

Agency: Early Childhood Mental Health Program (ECMHP)

4101 Macdonald Avenue
Richmond, CA 94805

Telephone: (510) 412-9200

Website: www.ecmhp.org

Description: Early childhood Mental Health Program fosters healthy emotional, social, and psychological development in children aged birth to six years, helps them succeed in school and give them the tools to reach their full potential.

As one of the few mental health agencies working to help very young children recover from the effects of childhood trauma, our goal is to create strong families and foster families and, ultimately, to create a more vital community.

Through a variety of child treatment and parent and caregiver counseling programs, we have helped many families remain intact and able to nurture their children at a critical time in their development.

Days/Hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Children who may be at risk and their families.

Agency: East Bay Community Foundation

200 Frank H. Ogawa Plaza
Oakland, CA 94612

Telephone: (510) 836-3223

Website: www.eastbaycf.org

Description: A permanent endowment of charitable funds dedicated to improving the human condition and enhancing the quality of life in Alameda and Contra Costa Counties. The East Bay Community Foundation partners with donors to help the people and programs they most care about — in the East Bay and beyond. In this way the Foundation acts as a catalyst for East Bay giving, and serves the community by aligning donors with nonprofit organizations in their communities.

Serving: Contra Costa and Alameda Counties.

Agency: East Bay Paratransit Consortium

1722 Broadway,
Oakland, CA 94612

Telephone: (510) 287-5000 or (800) 555-8085

TTY: (510) 287-5065

Website: <http://www.actransit.org/riderinfo/paratransit.wu>

Description: The East Bay Paratransit Consortium provides transportation to individuals who are unable to use fixed-route public transportation, such as AC Transit buses or BART trains, because of a disability or disabling health condition. East Bay Paratransit operates during the same days and hours as AC Transit and BART's regular buses and trains. The service area includes communities served by AC Transit in the East Bay, as well as from San Francisco to Richmond/Pinole and Castro Valley. Applications must be submitted to be eligible to use Paratransit and reservations are

necessary for rides. A trip can be arranged up to 7 days in advance and/or up to 5:00 p.m. the night before you want travel. All riders must pay a fare. Only Personal Care Attendants traveling with an ADA certified rider are carried for free. Fares based upon distance.

Days/Hours: Admin. Office: Monday-Friday, 8:00 a.m. to 5:00 p.m.
Reservations Accepted from 7:00 a.m. – 7 p.m. any day of the week

Serving: Riders in AC Transit service area.

Agency: East Bay Services

1870 Adobe Street
Concord, CA 94520

Telephone: (925) 825-2091

Description: East Bay Services provides direct services to persons in Contra Costa and Alameda counties through the Concord House and four satellite homes—Creative Outreach Environment (C.O.R.E.), Concord Residential Club, Evergreen, and Wisdom Path (*see listing under individual alphabetized program*). Other programs include Independent Living Services, Mobility Training and Open Door Job Training.

New programs:

- Way of the Elders
- The Center for Well Being at the Salvio Pacheco Adobe

Days/Hours: Monday-Friday, 8:00 a.m. – 4:00 p.m.

Serving: People with developmental disabilities of all ages.

Agency: Easter Seals Bay Area

180 Grand Avenue, Suite 300
Oakland, CA 94612

Telephone: (510) 835-2131

Website: www.bayarea.easterseals.com

Description: Early Intervention home-visiting service for 0-3, which can include physical therapy, occupational therapy, speech and language therapy (RCEB funded), is available within Contra Costa County;

Child Development Center places children of all physical, emotional and academic abilities in the same learning environment. Our location in San Francisco is part of a large network of Easter Seals Child Development Centers. Every Easter Seals Child Development Center operates according to National Association for the Education of Young Children (NAEYC) accreditation standards;

After-school Program located in Dublin provides after-school care and support to

children and young adults with developmental disabilities aged 5 to 21;

Easter Seals Bay Area launches its first Bay Area Non-Public School in Dixon, California, providing comprehensive educational, functional and social/behavioral services to students with autism spectrum disorders and related developmental disabilities. Comprehensive Autism Services also offered to build on the organization's current strengths in the delivery of early childhood education, therapies, and intervention and on the positive community relationships that have been developed in the process.

Days/Hours: Message phone – messages retrieved regularly

Serving: Alameda, Contra Costa, Napa, San Francisco, San Mateo, Santa Clara and Solano Counties.

**Agency: Emergency Response to Child Abuse
Contra Costa County Employment and Human
Services**

300 Ellinwood Way
Pleasant Hill, CA 94523

Telephone: (925) 646-1680

Toll Free: (877) 881-1116

Website: www.cccounty.us/ehsd

Description: Children's Protective Services Emergency Response provides 24-hour, 365-day response to allegations of child abuse. Persons needing to report abuse and neglect incidents or situations should call the centralized screening unit (phone numbers listed above) where a social worker can make a determination on what course of action to take.

Days/Hours: Every day, 24-hours

Serving: Contra Costa County residents.

Agency: Epilepsy Foundation Northern California

5700 Stoneridge Mall Rd. #295
Pleasanton, CA 94588

Telephone: (925) 224-7760

Toll Free: (800) 632-3532

Website: www.epilepsyfoundation.org

Description: Information and referral for anyone concerned about or wanting to learn about epilepsy. Support groups for people who have epilepsy and their friends and family.

Days/Hours: Monday-Friday, 9:00 a.m. – 4:00 p.m.
Closed for lunch from noon to 1:00 p.m.

Serving: People with epilepsy concerns.

Agency: Family Caregiver Alliance

180 Montgomery Street, Suite 1100
San Francisco, CA 94104

Telephone: (800) 445-8106
(415) 434-3388

Website: www.caregiver.org

Description: Family Caregiver Alliance is a public voice for caregivers. Our pioneering programs; information, education, services, research, and advocacy support and sustain the important work of families nationwide caring for loved ones with chronic, disabling conditions

Serving: Families and/or Caregivers

Telephone: (925) 602-1750
Client Services: (408) 379-3796
Crisis Hotline: (877) 412-7474 (877-41-CRISIS)

Website: www.familiesfirstinc.org

Description: Families First is a private, non-profit foster care agency serving children with developmental disabilities who have challenging behaviors and are between the ages of 2 and 17. Services are provided for children on an individual basis. Regional Center referral required.

Days/Hours: Monday-Friday, 8:30 a.m. - 5 p.m.

Serving: Bay Area; ages 2-17.

Agency: Families Thrive

Zero Tolerance for Domestic Violence
40 Douglas Dr.
Martinez, CA 94553

Telephone: (925) 313-1591

Website: www.familiesthrive.org

Email: info@familiesthrive.org

Description: Families Thrive is an exciting resource being piloted through Contra Costa County's Zero Tolerance for Domestic Violence initiative.

Families Thrive aims to engage professionals working with the community; learn about the issue of domestic and family violence; share what works; work together collaboratively; and develop new resources and strategies for helping families thrive in Contra Costa County. Offers a free newsletter and local resources to families.

Days/Hours: Monday-Friday 9:00am-5:00pm

Serving: Families in Contra Costa County.

Agency: Family Stress Center

2086 Commerce Avenue
Concord, CA 94520
(925) 827-0212

315 G Street
Antioch, CA 94509
(925) 706-8477

3225 Willow Pass Road
Bay Point, CA 94565
(925) 709-1598

Website: www.familystresscenter.org
Email: Info@FamilyStressCenter.org

Description: Family Stress Center's mission is to strengthen families and to treat and prevent child abuse and neglect in Contra Costa County by providing counseling, educational and support services focusing on the essential needs of children and their families. Our services are provided from our buildings in Concord, Antioch, and Bay Point, and from offices in Martinez, Pittsburg, Richmond and in donated space in schools, churches and community buildings throughout Contra Costa County.

Days/Hours: Monday-Friday, 8:30 a.m. – 5:30 p.m.

Serving: Contra Costa County.

Agency: Family Support Services of the Bay Area

401 Grand Avenue, Suite 200
Oakland, CA 94610

Telephone: (510) 834-4006
(510) 834-4766 (Respite Program Direct Line)

Website: www.fssba-oak.org

Description: FSSBA provides high quality in-home and out-of-home respite services to families caring for an individual with developmental disabilities. Respite providers are thoroughly screened and extensively trained by social work staff to meet the specialized needs of the children in the program. FSSBA also provides respite to foster parents/grandparents caring for drug-exposed children, children of incarcerated parents and HIV affected families in Contra Costa County.

Days/Hours: Monday -Friday, 9:00 a.m. - 5:00 p.m. Respite hours Monday-Sunday anytime.

Serving: Children with developmental disabilities, children in foster care that were prenatally substance exposed and HIV affected children, children with a parent that is incarcerated.

**Agency: Fred Finch Youth Center
Dual Diagnosis Program**

Corporate Office & Alameda Services
3800 Coolidge Avenue
Oakland, CA 94602

Contra Costa Services
2523 El Portal Drive, Suite 201
San Pablo, CA 94806

Telephone: (510) 482-2244
Email: receptionist@fredfinch.org

(510) 439-3130 x106
cctayprogspec@fredfinch.org

Website: www.fredfinch.org

Description: Fred Finch Youth Center seeks to provide a continuum of high quality programs for the care and treatment of children, youth and young adults and their families, whose changing needs can best be met by a variety of mental health and social services. The goal is for clients to be professionally served in the least restrictive environment appropriate to their needs, so that they may function at their highest potential.

Dual-treatment / wrap-around behavioral and clinical support services.

Days/Hours: Monday – Friday, 8:30 a.m. - 5:00 p.m.

Serving: Children, adolescents and young adults, who have a developmental disability and a mental health diagnosis, are Regional Center clients, and there may be a specialized approval process.

Agency: Friends of Children with Special Needs (FCSN)

East Bay Center
2300 Peralta Blvd.
Fremont, CA 94536

South Bay Center
1600 S De Anza Blvd.
San Jose, CA 95129

Telephone: (510) 739-6900

(408) 725-8000

Website: www.FCSN1996.org

Description: FCSN is a non-profit organization founded by a group of families to help children and adults with special needs and their families to find love, hope, and respect through community involvement. They provide support gatherings for parents, a service center for youth and adults, therapeutic classes, local playgroups, sports, dance and exercise classes, camping activities, job training and supported living services.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Families throughout the Bay Area.

Agency: Full Circle of Choices, Inc.

5167 Clayton Road, Suite B
Concord, CA 94521

Telephone: (925) 682-6107
Website: www.fullcircleofchoices.org

Description: Provides supported living and independent living services:

- Person-centered planning
- Personal empowerment
- Respect of individual choices
- Choice of where and with whom to live
- Choice in whom provides direct support
- Personal growth and skill development

Days/Hours: Office Hours: Monday-Friday, 9:00 a.m. to 5:30 p.m.
Program Hours: 24/7 or as needed

Serving: Men and women in East, Central and West Contra Costa County.

Agency: Futures Explored, Inc.

Program: **ALIVE (Actively Living and Involved in a Variety of Endeavors)**
ALIVE Central ALIVE East
2151 Salvio, Suite V 808 West Third St.
Concord, CA 94520 Antioch, CA 94509

Telephone: (925) 825-0263 (925) 756-0817
Website: www.futures-explored.org

Description: ALIVE is a program serving primarily individuals with significant physical and developmental disabilities. The goal of the program is to assist every participant in learning how to access the community and explore options available to them, including volunteering, attending community college and employment. Many men and women involved in the program have physical challenges requiring the use of a wheelchair, walker or other assistive technology.

Days/Hours: Office: Monday-Friday, 9:00 a.m.-3:00 p.m. (flexible hours are occasionally used to help access community activities, based on individual choice)

Serving: Adults with developmental disabilities who receive services from the Regional Center of the East Bay.

Program: **Community College Transition Project (ALIVE)**
ALIVE East
808 West Third Street
Antioch, CA 94509

Telephone: (925) 756-0817
Website: www.futures-explored.org

Description: This collaborative program, established on the Los Medanos Community College

campus in Pittsburg to help normalize the transition from high school, is perfect for the consumer whose goals include attending community college, independent living, enhanced integration into the community, less need for ongoing support, and greater vocational achievement. Students receive support in the following areas:

- Mobility training to travel independently from home to the campus and/or to work
- Assistance in choosing the appropriate college courses
- Support throughout the financial aid process
- Connecting students with tutors and note-takers
- Independent Living assessments and support services
- Opportunities for vocational training and experience
- Support to access a variety of social recreation and leisure activities
- Peer support and family networking.

Days/Hours: Office: Monday-Friday, 8:00 a.m.-5:00 p.m. (hours may vary based on each student's school schedule)

Serving: CCTP is for the young adult, who has completed high school, and:

- Wants to attend college classes at Los Medanos College
- Is able to be mobility trained
- Is committed to living independently
- Is able to participate in the full range of services
- Is supported in this effort by family or care provider
- Is without behaviors that would disrupt classes and activities, and
- Is a client of RCEB

Program **Futures Explored Day Program**
3547 Wilkinson Lane
Lafayette, CA 94549

Telephone: (925) 284-3240, ext. 224

Website: www.futures-explored.org

Description: The goal of Futures Explored Day Program in Lafayette is to provide life skills and work-related training to adults with developmental disabilities. We support our consumers in reaching their optimum level of individual potential by delivering a broad range of resources and ongoing guidance.

Our innovative program, located in the heart of downtown Lafayette, provides training in both work-related and life skills to adults with mild to moderate developmental disabilities. Participants may need help in areas of personal or social skills, or in seeking and holding a job, or both. Programs offered include Advanced Vocational Training/Job Readiness, Vocational Training and Social Adjustment, and Mobility Training Services.

Days/Hours:	Monday-Friday, 9:00 a.m.-3:00 p.m. (program days and hours may occasionally vary due to employer and/or individual choices)
Serving:	Adults over 18 years of age and clients of Regional Center.
Program	Futures Explored – Supported Employment 3547 Wilkinson Lane Lafayette, CA 94549
Telephone:	(925) 284-3240, ext. 222
Website:	www.futures-explored.org
Description:	<p>Through our Supported Employment Program, consumers are evaluated and, if ready, are placed in an appropriate job in the community. Futures Explored Employment Specialists provide ongoing support and additional training as needed. Work skill proficiency and the amount of supervision required determine whether a consumer goes into an individual placement or an enclave (group) site. Supported Employment participants are encouraged to attend our Job club. This group meets regularly to discuss work issues, share stories, receive agency news, form friendships and occasionally go on group outings and mini vacations. All Futures field trips are open to the Supported Employment consumers. Consumers receiving training in job-seeking skills, development of good work habits, support for long term employability, and appropriate social skills. This is followed by placement in appropriate jobs to their employment desires and abilities.</p>
Days/Hours:	Monday-Friday, 9:00 a.m.- 5:00 p.m. (Program hours based on individual job coaching needs)
Serving:	Adults with Developmental Disabilities in Contra Costa and Alameda Counties
Program:	<p>GARDEN (Growing, Adapting, Relaxing, Doing, Enjoying, Naturally) GARDEN – Antioch 625 West Fourth Street Antioch, CA 94509 (925) 756-0817</p> <p>GARDEN – Tri-Valley 690 North L Street Livermore, CA 94551 (925) 454-3349</p> <p>GARDEN – Brentwood 1191 Central Blvd., Suite B Brentwood, CA 94513 (925) 626-3642</p>
Website:	www.futures-explored.org
Description:	The GARDEN Program was developed to provide day program services to adults with significant cognitive and physical disabilities who may also have specialized health needs. The individuals served typically require assistance with feeding and

personal care and may also need health care during the program day. The GARDEN Program has a Registered Nurse that provides training to all staff in case of such health care needs.

The GARDEN Program provides opportunities for communication and choice making based on individual skills and desires. Program participants are encouraged and assisted in making choices that impact their lives, such as choosing which activities to participate in, who to engage in those activities with and when. Participants are also assisted in communicating their feelings and desires through the use of assistive and augmentative communication devices.

Participants of the GARDEN Program are exposed to a variety of sensory experiences for the purpose of enrichment, relaxation and awareness. Some of these activities include pet therapy, movement to music, massage, fiber optics and relaxing on the heated vibro-acoustic waterbed. Spending time in the sensory garden and experiencing the diverse scents and textures of the living plants is an enjoyable activity in warm weather. Community outings are also a desired part of the program, however, medical and health needs may limit the frequency of those activities.

Days/Hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

Serving: Adults with developmental disabilities who receive services from Regional Center of the East Bay.

Agency: Genesis Developmental Services

197 North 10th Street, Suite 201
Grover Beach, CA 93448

	<u>Regional Office</u>	<u>Supported Living Services</u>	<u>Day Programs</u>
Contact:	Armetha Simon	Amy Bishop	Armetha Simon
Telephone:	(510) 278-8459	(510) 382-2441	(510) 278-8936

Website: www.genesisdevelopmental.org

Description: Genesis Developmental Services' mission is to empower the individuals they serve by providing creative living options and day program services that support choice, growth and connection to community. Community Care Facilities offer Group Homes and Adult Day Programs while also operating two state licensed ICF/DD facilities serving a variety of physical and mental challenges.

Days/Hours Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Adults (22 years and older) with developmental disabilities and medical challenges.

Agency: George Miller Centers

George Miller Center - Richmond
2801 Robert Miller Drive
Richmond, CA 94806

George Miller Center - Concord
3020 Grant Street
Concord, CA 94520

Telephone: (510) 374-3981 (925) 646-5710

Website: www.contracostaarc.org

Description: The After School Program provides active recreation and social opportunities for students from ages 11 to 22. The staff to student ratio allows for flexibility to address the specific and varying choices and needs of each student.

At the center and in the community, activities include; cooking, art projects basketball, bowling, pool, ping pong, gardening, field trips, making jewelry, ice skating, nature walks, air hockey, foosball, local sports events and more.

The underlying goal of the program is to provide interesting, enriching activities to achieve and reinforce the educational and behavioral objectives of the student and family.

The After School Program operates year-round. Services are provided on school calendar minimum days and non-school days, except holidays.

The adult programs offer an array of services including Adult Development, and a Senior Program. All of these programs utilize existing community resources to provide real-life, everyday experiences in their natural settings. We provide a functional curriculum that increases consumers' ability to be more independent and to be able to make choices.

The center-based Early Intervention program serves infants from 1-3 years who are showing developmental delays or who are at risk for such delays. This program offers services including the overall developmental aspects of the child and assist parents in developing the skills necessary to ensure proper care and handling of the child. Additional support services offered include occupational therapist consultation and treatment, speech therapy and family counseling.

Days/Hours: Program hours vary. Office: Monday-Friday, 8:00 a.m. – 4:00 p.m.

After School Program usual hours are as follows:

- Regular School Day 2:30 – 6:00 p.m.
- Minimum School Day 1:00 – 6:00 p.m.
- Non-school Day 9:00 – 6:00 p.m.

Serving: Persons with developmental disabilities/Contra Costa and Alameda Counties.

Agency: Giant Steps Therapeutic Equestrian Center

Administrative Office

775 Baywood Drive, Suite 305

Petaluma, CA 94954

Program Location

Riverside Equestrian Center

7600 Lakeville Highway

Petaluma, CA 94954

Telephone: (707) 769-8900

Website: www.giantstepsriding.org

Email: info@giantstepsriding.org

Description: Giant Steps Therapeutic Equestrian Center was founded in 1998 based on the belief that caring for and riding horses can be a powerful tool for healing individuals with physical, emotional and developmental challenges, as well as children considered “at risk”.

Days/Hours: Monday – Saturday, hours by arrangement

Serving: People in the Bay Area with disabilities ages 4 and up.

Agency: Golden Scalers

23158 Canyon Terrace Drive

Castro Valley, CA 94552

Telephone: (510) 886-4199

Website: www.goldenscalers.com

Email: darci@goldenscalers.com

Description: Golden Scalers mobile dental hygiene services provide oral healthcare to people who cannot get to a dental office. These include the homebound, the developmentally disabled, and those residing in assisted-living or skilled-nursing facilities.

Days/Hours: Varies – Call for additional information

Serving: Alameda and Contra Costa Counties.

Agency: The Good Shepherd Fund

1641 N First St. #155

San Jose, Ca 95112

Telephone: (408) 573-9606

Website: www.goodshepherdfund.org

Description: The Good Shepherd Fund operates regionally, serving the western U.S. The Fund accepts special needs trusts benefiting developmentally disabled individuals living in any of the western states. Estate planning services are available in any of the western states. The Conservatorship/Guardianship Program operates in California, Oregon, and Colorado at this time.

Serving: Individuals with disabilities and their families.

Agency: Harmony Home, Associated

(Aka: ILS, Unlimited)

144 Mayhew Way
Walnut Creek, CA 94597

Telephone: (925) 256-6303

Website: www.harmonyhomeassoc.org

Description:

- Supported Living - Central and East Contra Costa County
- Independent Living Services - Unlimited
- Level 2 Board and Care Home in Clayton, CA

Days/Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Serving: Men and women who have developmental disabilities living in Contra Costa and limited parts of Alameda Counties, 18 years of age and older.

Agency: Hatlen Center for the Blind

2430 Road 20,#B112
San Pablo, CA 94806

Telephone: (510) 234-4984

Website: www.hcblind.org

Description: The Hatlen Center for the Blind, formerly the Living Skills Center, is a unique program that teaches people who are blind or visually impaired to live independently, by ACTUALLY LIVING INDEPENDENTLY. Since 1972 the Hatlen Center learn-by-doing apartment setting has helped to empower generations of people with visual impairment to take charge of their own lives. If you are 18 years or older and ready to make the move towards independence, the Hatlen Center can help you achieve your personal goals.

Days/Hours: Program: Monday – Friday, 9:00 a.m. – 4:00 p.m.
Office: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Students who are blind or have a visual impairment and clients of the Department of Rehabilitation.

Agency: Hawkins Center

101 Broadway, Suite 1
Richmond, CA 94804

Telephone: (510) 232-6611

Website: www.hawkinscenter.org

Description: The Hawkins Center of Law and Services for people with disabilities is a non-profit organization that provides legal advocacy and support services to people with disabilities. Specializing in Social Security Disability Law, we represent claimants in Social Security and Disability claims and provide educational information on SSDI and SSI benefits programs. Also Specialize in HIV Legal Services and Access to Healthcare issues, Mental Health Medical-Legal Partnerships, Legal and Workforce Development Partnerships, and Reentry Legal Services.

The Hawkins Center merged with [Rubicon Programs](#), and now operates as a program of Rubicon. A nationally recognized agency, Rubicon provides affordable housing, employment, job training, mental health, and other supportive services to individuals who have disabilities, are homeless, are formerly incarcerated, or are economically disadvantaged.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Contra Costa, Alameda, San Francisco, Marin, and Solano Counties.

Agency: Head Start Program

Contra Costa County Community Services Bureau
Community Services Department
40 Douglas Drive
Martinez, CA 94553

Telephone: Administrative Office: (925) 313-1551

West County Center Enrollment: (510) 374-7144

East and Central County Center Enrollment: (925) 427-8852

Website: <http://www.ehsd.org/comm/comm001a.html>

Description: The Head Start Program is a child development program for children who are of low-income within the three to five year age ranges. Early Head Start Program offers care to infants from birth the three years of age. Children are served in several options: Family Child Care, Center Based Part Day, and Center Based Full Day and Home Based Childcare. The hands-on curriculum is project based with the aim of promoting self-care, social skills, pre-literacy, pre-math, pre-science and self-esteem with additional comprehensive services for disabilities, nutrition, health, etc. Centers are located in Central, East and West County. Mandated to reserve a minimum of 10% of enrollment for children with disabilities. Nearly all eligible families will receive childcare at no cost.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m. (some Centers 6:30 a.m. – 6:00 p.m.)

Serving: Low-income, three to five year old children.

Agency: Housing Consortium of the East Bay

1736 Franklin Street, 6th Floor
Oakland, CA 94612

Telephone: (510) 832-1315

Website: www.hceb.org

Email: Info@hceb.org

Description: HCEB helps create affordable, accessible housing for persons with developmental disabilities. HCEB works with local housing developers and public agencies to "set aside" units in their projects for consumers. By setting aside units, persons with developmental disabilities have the opportunity to live in an integrated community setting in an affordable apartment. HCEB assists local housing authorities in receiving Mainstream Section 8 Vouchers from the federal government for persons with developmental disabilities. These vouchers dramatically assist individuals in their ability to live independently.

Serving: East Bay

Agency: Independent Living Resources

1850 Gateway Blvd., suite 120
Concord, CA 94520

Telephone: (925) 363-7293

Website: www.ilrcoco-sol.org

Description: Independent Living Resource (ILR) is a non-profit organization, which promotes the full participation and inclusion of people with disabilities in community life. Referred to as an independent living center, the agency is part of a network of similar organizations throughout the nation. ILR works to:

- Empower people with disabilities to control their own lives
- Provide advocacy and support
- Create an accessible community free of physical and attitudinal barriers
- Advocate complete social and political integration

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: All persons with disabilities.

Agency: Jessica Cliff, MFT

11750 Dublin Blvd. Suite 200
Dublin, CA 94568

2500 Old Crow Canyon Road, Suite 218
San Ramon, CA 94583

Telephone (925) 328-0186
Website: www.jessicaclyff.com
Email: jessicaclyffmft@yahoo.com
Description: Jessica has over seven years experience working with a number of mental and developmental disorders, including ADD/ADHD, Autism, Asperger's, Anxiety Disorders, Depression and many more.

Serving: Specializing in couples counseling and parenting skills.

Agency: **Kidango**
44000 Old Warm Springs Blvd
Fremont, CA 94538

Telephone: (510) 897-6900
(800) 262-4252

Website: www.kidango.org/

Description: Since inception in 1979, Kidango has been firmly committed to the success and well being of each child and the family as a whole. In addition to center-based infant, toddler, preschool and school age programs, Kidango also offers Family Child Care Home Education, Early Interventions Services to children with special needs, Mental Health Services, Head Start programs and Family Support Services to meet the diverse needs of the communities we serve.

Serving: Children with special needs.

Agency: **Kitty Petty ADD/LD Institute/Parents Helping Parents (PHP)**
6268 Snell Ave.
San Jose, CA 95123

Telephone: (408) 972-9774
Website: www.kpinst.org
Email: info@kpinst.org

Description: KPI is a non-profit organization whose mission is to provide education, resources and support to children, youth and adults with ADHD/LD to become self-advocates and reach their true potential. Our goals are to provide the highest quality support services, referrals, and current research data to the ADHD/LD community and those who care for them; to develop or co-sponsor community outreach projects and innovative education programs to help those experiencing the life-altering effects of ADHD and LD to maximize their strengths and minimize their limitations.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:30 p.m.

Serving: Those with ADD concerns.

Agency: La Familia Counseling Services

26081 Mocine Avenue
Hayward, CA 94544

Telephone: (510) 881-5921

Email: LaFamiliaHayward@aol.com

Website: www.lafamiliacounselingservice.com

Description: La Familia maintains a contract with the Regional Center of the East Bay for persons with developmental disabilities through which Spanish-speaking families and their disabled family members receive Case Management services from qualified bilingual personnel.

In addition, our staff is responsible for monitoring individual plans and accessing specialized services that assure developmental growth. La Familia is dedicated to the development of parent support groups for families of persons with disabilities. These groups meet monthly in different northern California communities to provide support, increase knowledge, and advocate for services. Non-English speaking parents are encouraged to form these groups since language barriers are a common obstacle while accessing services for people with disabilities.

La Familia is the only Latino Community Based Organization under contract by Regional Centers in California providing such services and is a leading community organization advocating for Latinos with disabilities, locally, state and nationwide.

Days/Hours: Monday-Thursday, 9:00 a.m. – 8:00 p.m.; Friday, 9:00 a.m. – 5:00 p.m.

Serving: Families of people with developmental disabilities in the Bay Area, especially within the Spanish speaking population.

Agency: Las Trampas, Incorporated

P.O. Box 515
Lafayette, CA 94549

3460 Lana Lane
Lafayette, CA 94549

Telephone: (925) 284-1462

Website: www.lastrampas.org

Description: Day Programs:

- **Adult Development Program:** Provides activity and care for people requiring a high degree of physical support with all aspects of daily living. The adult development program can accommodate people in a safe and nurturing environment and provides staffing ratios of 1:3, 1:2 and even 1:1, as determined by individual need.

- **Onsite activities:** Outdoor activity and social space in a peaceful wooded setting, consumer tended garden. Healthy choices, nutrition and food preparation skills. Snoezelen sensory environment. Computer Room. Exercise room. Music. Reading. Films.
- **Adult Vocational Program:** With a staffing ratio of 1:6, consumers work in the community and on campus. Las Trampas consumers work to keep Walnut Creek City Parks inviting. Consumers perform janitorial services for local business and community facilities. Las Trampas Shreds, document shredding service for business and individuals. Consumers also complete bulk mailing, sorting, labeling and similar jobs. Community activities are one of the focuses of the program and Las Trampas has 8 wheelchair accessible vans to support community activities for all consumers. Shopping, restaurants, picnics, banking, music in the park, farmers market, planetarium, bowling, baseball games, regional theater and parks. Community Garden at Rossmoor. Adapted Horticulture at DVC. Arranged field trips.
- **ACCESS ART Studio:** Fine Art instruction and support for artists with disabilities accessible to all consumers no matter what their level of support need. The program is staffed using the services of a certified Art Therapist and Community Student Fellows from the California College of the Arts, Center for Art and Public Life, working in concert with LAS TRAMPAS direct cares staff. Art Studio activities will be available daily.

Residential Programs:

- **Licensed Residential Services:** Las Trampas currently has four group homes located in Pleasant Hill and Walnut Creek. All homes are licensed as Level 4 and staffed with around the clock support for adults with moderate to severe developmental disabilities.
- **Supported Living Services:** Consumers living in their own homes and apartments receive case facilitation and in-home support and services according to their individual needs up to around the clock supervision.
- **Independent Living Services:** Consumers living on their own, in their own homes and apartments, receive case facilitation and, in-home support and services according to their individual needs.

Days/Hours: Office: Monday – Friday, 8:00 a.m. – 4:30 p.m.
 Day Programs: Monday-Friday, 8:00 a.m. – 3:30 p.m.
 Licensed Residential Services: 24 hours
 Supported Living Services: 3:30 p.m. – 8:00 a.m.

Serving: Adults with moderate to severe developmental disabilities: may include persons with challenging behaviors.

Agency: **Law Offices of Stephen W. Dale**
(See *The Dale Law Firm*)

Agency: **Learning Disabilities Association-California (LDA-CA)**

Telephone: (510) 433-7934

Website: www.EastBayLDA.org

Email: info@eastbaylda.org

Description: LDA- CA provides information, publishes brochures and a quarterly newsletter, and sponsors an annual conference.

Days/Hours: Tuesday and Thursday, 2:00 p.m. – 7:00 p.m.

Serving: Parents of children with learning disabilities, adults with learning disabilities, and professionals in related fields.

Agency: **Life Steps Foundation, Inc.**

828 Mahler Road
Burlingame, CA 94010

Telephone: General Information: (800) 530-5433
Adult Services: (650) 259-1808
Infant & Children Services: (650) 777-9182

Website: www.lifestepsfoundation.org

Description: Life Steps Foundation is a statewide organization offering a supported and independent living program and an in-home infant development program. Provides home- and community-based services across the life span to children, teens, adults and the elderly. Serves people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

Days/Hours: Vary with the program

Serving: Children and adults with disabilities.

Agency: **Lynn Center Contra Costa ARC**

950 El Pueblo Drive
Pittsburg, CA 94565

Telephone: (925) 439-7516

Website: www.contracostaarc.org

Description: CC-ARC's Lynn Center Early Intervention and Preschool serves children with special needs from birth through 6 years. The Center also provides in-home and center-based individualized services to children and families including family support, parent counseling and parent education, evaluation and assessment, case management, speech and language development, fine and gross motor development, sensory integration, social development, self-help skills development, play therapy, individual therapy, family therapy, consultation and collaboration, and transition support.

The Early Intervention program serves children 1 to 3 years of age who are showing developmental delays or who are at risk for such delays. Services are provided at our center or in the child's home or selected community setting. These programs offer services including the overall developmental aspects of the child and assist parents in developing the skills necessary to ensure proper care and handling of the child.

Preschool program serves children 3 to 5 years of age who need an intensive day treatment setting. Lynn Center also offers professional services for children who have experienced severe abuse or neglect or exhibit symptoms of attachment disorder, post traumatic stress disorder, attention difficulties, aggression or emotional withdrawal. These children must be residents of Contra Costa County and eligible for Medi-Cal.

Bright Beginnings is an early intervention program for children with intense needs, exhibiting severe language and social delays and may have a diagnosis of Autistic Spectrum Disorder (ASD).

Days/Hours: Program: Monday-Friday, 9:00 a.m. - 1:30 p.m.
Office: Monday – Friday, 8:00 a.m. – 2:00 p.m.
Serving: Children birth through 6 years with special needs and their families.

Agency: **MAPSS & Ed Support Services**
(See *Ed Support Services*)

Agency: **March of Dimes**
Bay Area Chapter
1050 Sansome Street, 4th Floor
San Francisco, CA 94111

Telephone: (415) 788-2202
Website: www.marchofdimes.com
Email: CA608@marchofdimes.com

Description: Research and resource center working to improve the health of babies by preventing birth defects, premature birth, and infant mortality through research, community services, education and advocacy to save babies' lives.
Serving: Bay Area

Agency: Massmutual Financial Group - San Francisco Bay Area Agency

Gene Gracey, CLTC
Special Care Planner
2121 N. California Blvd., Suite 395
Walnut Creek, CA 94596

Telephone: (925) 979-2391
Cell: (925) 451-3377
Website: www.massmutual.com/specialcare

Description: A program that offers information and financial solutions to people with disabilities and other special needs and their families. We review your financial picture, offer options that make sense for your situation, help to ensure that steps you take won't unintentionally jeopardize benefits, such as MediCal or SSI, and help you to consider solutions to maintain the lifestyle for your loved one. One-on-one consultations or group seminars are available in Contra Costa and Alameda Counties by calling the number noted above.

Days/Hours: One-on One Consultation: Monday-Saturday, 8:30 a.m. – 6:00 p.m.
Seminars: Monday-Thursday – Evenings
Saturday Mornings

Serving: Anyone caring for a family member, or a person with a disability or other special needs – a child, spouse, sibling, dependent parent, or other relative/friend.

Agency: MetDESK®

Wealth Strategies Group
An Office of MetLife
1990 North California Blvd, 8th Floor
Walnut Creek, CA 94596

Telephone: (925) 930-3971
Website: www.michaelbhansen.com
Contact: Michael B. Hansen

Description: MetDESK®, MetLife's Division of Estate Planning for Special Kids, is dedicated to helping families secure both lifetime care and quality of life for their children or other dependents with special needs. MetDESK's mission is to help families plan for the future of their children or other dependents with special needs, including preserving government benefits and providing insurance and other financial solutions which can help provide lifetime quality care. The planning process begins with a complete review of your dependent's needs, future care plans, assessment of government benefit eligibility, and finally a review of your family's current financial and legal plans.

Critical areas that must be addressed are:

1. Government benefit eligibility requirements for Supplemental Security Income SSI and Medicaid
2. Types of special needs trusts and knowing which are right for you
3. Guardianship, conservatorship and client self-determination and empowerment issues
4. Appropriate funding vehicles -- including life insurance, to help guarantee your child's future quality of life.

Financial planning informational workshops for parents of children with special needs given at adult education centers throughout Contra Costa County provided by Andrew Vasquez, Financial Planner.

Serving: State of California.

Agency: Milestones Adult Development Center

1 Florida Street
Vallejo, CA 94590

Telephone: (707) 645-7850

Description: MADC is a non-profit adult day program providing quality services for developmentally disabled adults.

Serving: Adults with disabilities.

Agency: Milestones

1620 N. Main Street, Suite 1
Walnut Creek, CA 94596

Telephone: (925) 938-1862

Website: www.milestonesforautism.net

Email: milestoneswc@yahoo.com

Description: Milestones provides ABA treatment programs and social skills groups for individuals with autism spectrum disorders (ASD). Home-Based Treatment Programs utilizing ABA principles, discrete trial teaching, incidental teaching, and play based teaching for children with autism spectrum disorders are available throughout the Bay Area as well as internationally. Milestones currently offers a site-based social skills enrichment program for children 2-3 and 4-6 years old, "Friendship Club" for Children 7-10 years, consultation with school districts and private clients, and workshop and training for parents and educators in the autism community. Milestones expanded its services to include occupational therapy and an innovative neurofeedback therapy program that is combined with cognitive rehabilitation (NeuroCognitive Processing) in 2009.

Serving: Contra Costa County and surrounding area.

Agency: Mission Hope Day Program

1826 Verne Roberts Circle
Antioch, CA 94509
(925) 706-7517

6300 Village Parkway, Suite 125
Dublin, CA 94568
(925) 560-9582

21328 Mission Blvd.
Hayward, CA 94541
(510) 888-9231

Website: www.mhdp.org

Email: info@mhdp.org

Description: Mission-Hope Day Program is an Adult Day Care serving people who have behavior challenges licensed by Community Care Licensing, and a Behavior Management Program vendored by the Regional Center of the East Bay. Offers domestic/ADL training, computer area, relaxation room, arts and crafts area, entertainment area, sports area and a back-up of consultants experienced in their fields; a Psychologist, a Recreational Therapist, an Occupational Therapist, and a Speech Pathologist. Provides sports and exercise opportunities as well as other recreational activities, community integration and employment opportunities.

Serving: Bay Area

Agency: Mt. Diablo Adult Education

Adults with Disabilities Programs
1266 San Carlos Avenue
Concord, CA 94518

Telephone: (925) 685-7340, ext. 2741

Website: http://www.mdusd.k12.ca.us/adulted/adults_with_disabilities.htm

Description: Mt. Diablo Adult Education offers three unique programs on their Loma Vista Campus:

1) The Life Skills Program for adults with developmental disabilities is a comprehensive education and job training program developing each student's potential and independence. Students may enroll in full day, morning, or afternoon only. Students choose classes in the areas of Functional Academics, Community Independence, Independent Living Skills, Job Training and Social/Leisure Skills. In addition, job-ready students are assisted with job placement and coaching by Life Skills instructors. Course in Computer Skills for adults with developmental disabilities also offered;

2) The Transition Options Program (TOPS) addresses the unique needs of adults with Asperger's Syndrome and related disorders transitioning to higher

education and/or employment. The program provides a structured and supportive environment for students to develop social skills, increase independence, develop interests, explore resources, participate in the community and create a social network of support.

3) On Track provides a structured environment that assists individuals with Acquired Brain Injury to relearn old skills, develop new strategies, increase independence, build self-esteem and cognitive skills, prepare to return to paid or volunteer work, and socialize and support one another.

Days/Hours: Life Skills Program: Monday-Friday, 10:00 a.m. – 1:00 p.m.
(*Students may attend part-time*)
See website for most up to date program schedules.

Serving: Adults age 22 years or over (18-22 years may be eligible) who meet the eligibility criteria; participants do not need to be clients of the Regional Center and do not need to live within district boundaries to be eligible.

Agency: **Mt. Diablo Unified School District SELPA**

1936 Carlotta Drive
Concord, CA 94519

Telephone: (925) 682-8000, ext. 4047

Website: www.mdusd.org

Email: brownem@mdusd.k12.ca.us

Description: SELPA is responsible for assuring program availability for all students with disabilities in the school-age population; to see that programs and services provide any needed services for any student with an exceptional need, and to assist in intra-SELPA and inter-SELPA placements, provide technical assistance and administrative support for the many requirements of the new laws. SELPA personnel include the Program Specialists who are designated to assist in placement decisions, curriculum development and staff in-service. They act as a resource top both parents and staff in IEP and IFSP Team meetings and assist in the identification of the most appropriate placement for each student. They facilitate the placement process and assist the student, parents and staff with any problems related to adjustment.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:30 p.m.

Serving: Mt. Diablo Unified School District students and their families.

Agency: **Mt. Diablo YMCA**

350 Civic Drive
Pleasant Hill, CA 94523

Telephone: (925) 687-8900

Website: www.mdrymca.org

Description: Project Recovery - physical exercise program for individuals who are post-stroke, have orthopedic disabilities and other health impairments.
Arthritis Aquatics - heated outdoor pool and chair lift. Certified YMCA staff guidance through range-of-motion activities and muscle stretching exercises to relax aching joints.

Days/Hours: Monday-Friday, 5:00 a.m. - 10:00 p.m.
Saturday/Sunday, 7:00 a.m. - 8:00 p.m.
Programs: Project Recovery, Monday – Thursday, 1:00 p.m. – 4:00 p.m.
(Multiple one hour classes offered throughout the day)
Arthritis Aquatics, Monday, Wednesday, Friday, 1:30 p.m. – 2:30 p.m.

Serving: Members of YMCA. Non-members may participate in classes for a separate fee.

Agency: **National Center for Youth Law**
405 – 14th Street, 15th Floor
Oakland, CA 94612

Telephone: (510) 835-8098
Website: www.youthlaw.org
Email: info@youthlaw.org

Description: The National Center for Youth Law (NCYL) is a non-profit legal services organization providing impact litigation, support services, publications, training and advocacy. NCYL represents low-income children in major litigation and provides specialized legal assistance to attorneys and other child advocates committed to protecting and increasing children’s access to vital services and health care, protecting children who are abused and neglected, improving the quality of foster care, securing public benefits to meet the special needs of children, increasing access to housing for families with children, addressing the special problems of children living in institutions and improving child support collection.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Youth and children whose lives are affected by poverty and their advocates.

Agency: **NIAD Center for Art and Disabilities**
551- 23rd Street
Richmond, CA 94804

Telephone: (510) 620-0290
Website: www.niadapt.org
Email: admin@niadapt.org

Description: NIAD (National Institute of Art and Disabilities) is an innovative visual arts center assisting adults with developmental and other physical disabilities. It develops the capacity for creative expression in people with developmental and other physical

disabilities, increasing their sense of personal identity and pride. It provides a gallery and other exhibition opportunities for their work, thereby validating their art, enhancing their self-esteem and providing them with earnings for their personal use. It fosters socialization and inclusion at the center and on field trips to museums, art galleries, artists' studios and community events. It increases the public's understanding of the artistic ability of people with disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. - 4:00 p.m.

Serving: Adults in Alameda, Marin and Contra Costa Counties.

Agency: NY Learning Center

4908 Kirk Lane
San Pablo, CA 94806

Telephone: (510) 236-2146

Website: www.nylearningcenter.com

Description: The NY Learning Center in San Pablo is a loving, nurturing place which offers after-school and summer learning programs for children and young adults with developmental disabilities. All day learning center helps students to develop skills in independent living, mobility, fine arts, expressive and receptive language, functional academics, social interaction, and vocational readiness and behavior program.

We offer a variety of classes and field trips tailored specifically to these student needs. We also provide reliable transportation to and from home or school. Two programs are offered; Independent Living Skills and the Intensive Behavioral Social Skills (IBSS). The students make their own snack in the centers kitchen, wash dishes they use, practice doing laundry, telling time, or counting money.

Days/Hours: Monday – Friday, 12:00 p.m. – 6:00 p.m. during the school year
8:00 a.m. – 6:00 p.m. during summer and school holidays

Serving: Open to all children between the age of 5 and 22, but specially designed to children with developmental disabilities.

Agency: Northern California Fragile X Association

Telephone: (925) 938-9300

Toll Free: (800) 688-8765

Website: <http://www.fragilex.org/html/nocfxa.htm>

Description: Promotes public awareness of Fragile X Syndrome with special emphasis on educators and health professionals; provides a forum for families of children with Fragile X to meet and share their ideas and concerns; and supports scientific research on Fragile X Syndrome.

Serving: Northern California

**Agency: Office of Clients' Rights Advocacy (OCRA)
Regional Center of the East Bay**

1330 Broadway, Suite 500
Oakland, CA 94612

Telephone: (510) 267-1280

Website: <http://www.disabilityrightsca.org/pubs/501501.htm>

Email: OCRAInfo@pai-ca.org

Description: The Office of Clients' Rights Advocacy (OCRA) is a statewide office run by Disability Rights California, through a contract with the California Department of Developmental Services. OCRA employs a Clients' Rights Advocate (CRA) at each regional center. The CRA is a person trained to help protect the rights of people with developmental disabilities.

Days/Hours: Monday–Friday, 9:00 a.m. – 5:00 p.m.

Serving: Any person with a disability, family member, or interested person may ask a CRA about the rights of a person with a developmental disability.

**Agency: Pacific Disability and Business Technical Assistance
Center**

555 12th Street, Suite 1030
Oakland, CA 94607

Toll Free: (800) 949-4232

Telephone: (510) 285-5600

Website: www.adapacific.org

Description: The PDTAC provides technical assistance on the Americans with Disabilities Act (ADA) by maintaining a toll-free 800-telephone line, disseminating government documents, and advocating through education of employers and employees. The Center also maintains a video and consultant library.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: People with disabilities and their advocates.

Agency: Paratransit Coordinating Council

Contra Costa Transportation Authority
2999 Oak Road, Suite 100
Walnut Creek, CA 94597

Telephone: (925) 256-4700

Website: <http://www.ccta.net/EN/main/meetings.html>
Email: info@ccta.net

Description: The Paratransit Coordinating Council (PCC) serves in an advisory capacity to the Contra Costa Transportation Authority on issues related to the provision of a comprehensive, customer-oriented, and cost-effective transit system serving seniors and persons with disabilities in Contra Costa County. PCC responsibilities include review and prioritization of paratransit funding applications; providing a forum for paratransit stakeholders to discuss issues of mutual interest and to assist in the resolution of concerns; promoting the development and coordination of a comprehensive, integrated paratransit system.

Days/Hours: Meetings held the third Monday of every other month, at 2:00 p.m.

Serving: Paratransit users and transit operators.

Agency: **Parent-Infant Program (PIP)**
Children's Hospital & Research Center Oakland
747 – 52nd Street
Oakland, CA 94609

Program Address
638 3rd Street
Oakland, CA 94607

Telephone: (510) 428-3407

Website: http://www.childrenshospitaloakland.org/healthcare/depts/pip_services.asp

Description: The Parent-Infant Program provides early intervention for infants with developmental disabilities or delays and their families; home and center-based; emphasis on parent participation and parent support; comprehensive developmental evaluation; parent counseling and support groups; family workshops; toy lending program; multi-disciplinary professional staff, including parents of disabled. A PIP staffer visits with families regularly during weekly home visits. Twice-weekly group sessions help parents focus on developmental issues and provide group support.

Serving: Ages 0-3 years. Primarily northern Alameda and western Contra Costa Counties.

Agency: **Pathway to Choices**
751 Belmont Way
Pinole, CA 94564

Telephone: (510) 724-9042

Website: www.pathwaytochoices.net

Description: Pathway to Choices is an independent and supported living skills agency that provides training and instructions to consumers ages 18-65 with developmental disabilities

through the Regional Center of the East Bay. Services are provided in the consumer's home, apartment or in a group home. Training components include but are not limited to social skills, communication skills, money management, shopping skills, house/apartment rental skills, personal care, mobility training and recreational skills. Pathway to Choices also provides Day Programs include employment services, computer skills development, behavior management, literacy development, creative arts, health and wellness and community Involvement.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Alameda and Contra Costa Counties

Agency: **People First**
(See *Bay Area People First*)

Agency: **Planned Parenthood of Contra Costa**

Administration, Counseling and Education
2185 Pacheco Street
Concord, CA 94520

Telephone: (925) 676-0300

Website: www.ppacca.org

Concord Health Center

2185 Pacheco Street
Concord, CA 94520
(925) 676-0300

Antioch Health Center

1104 Buchanan Road, Suite C-10
Antioch, CA 94509
(925) 754-4550

Hilltop Center

2970 Hilltop Mall Road, Suite 307
Richmond, CA 94806
(510) 222-5290

Richmond Center

101 Broadway
Richmond, CA 94804
(510) 232-1263

San Ramon Center

130 Ryan Industrial Court, Suite 115
San Ramon CA 94583
(925) 838-2108

Walnut Creek Health Center

1357 Oakland Blvd.
Walnut Creek, CA 94596
(925) 935-3010

Pittsburg Health Center

3715 Railroad Ave., Suite B
Pittsburg, CA 94565
(925) 439-1237

Description: Provides counseling, education and family planning for persons with special needs. As required, information and referrals for programs and counseling concerning sexual abuse, prevention and treatment. Family planning services available at all clinic services. Sliding scale fees. Medi-Cal and private insurance accepted for clinical

services. Regional Center, private pay, and Victim Witness funding for counseling. Set fees for education and training.

Days/Hours: Monday-Friday, 8:30 a.m. - 5:00 p.m. (Hours vary by center)

Serving: Men, women and children with developmental disabilities.

Agency: Pleasant Hill Recreation and Parks

Specialized Recreation
320 Civic Drive
Pleasant Hill, CA 94523

Telephone: (925) 676-5200

Website: www.pleasanthillrec.com

Description: Friday night dance every third month, September through June, co-hosted by cities of Concord and Walnut Creek. Call for schedule.

Days/Hours: Monday-Friday, 9:00 a.m. – 3:00 p.m.

Serving: Adults with developmental disabilities.

Agency: R.A.D.D.

P.O. Box 520
Pleasanton, CA 94566

Telephone: (925) 931-5373

Website: www.ci.pleasanton.ca.us

Description: Tri Valley Specialized Recreation provides programs and activities for youth and adults with the developmental disabilities between the City of Pleasanton and the Town of Danville. Basketball, dining out, swimming, attending Oakland A's games, dancing and other activities and events promote a fun environment where participants can socialize with their peers.

Days/Hours: Dates and times of events and activities vary

Serving: Persons 15 years and older with developmental disabilities.

**Agency: Rape Crisis Center - 24 Hour Crisis Line
(800) 670-7273 (RAPE)
Community Violence Solutions**

West Contra Costa
2101 Van Ness Street
San Pablo, CA 94806
(510) 237-0113

East Contra Costa
301 West 10th Street, #3
Antioch, CA 94509
(925) 706-4290

Children's Interview Center
Martinez, CA 94553
(925) 646-2305

Marin County
734 A Street, Suite 3
San Rafael, CA 94901
(415) 259-2850

Website: www.cvsolutions.org

Description: Non-profit organization providing services to children and adult victims of sexual assault and their families. Serves people with developmental disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m., 24-Hour Crisis Lines (800) 670-RAPE

Serving: Contra Costa and Marin County

Agency: **RES SUCCESS – Residential and Educational Services of the East Bay**

706 Main Street, Suite B
Martinez, CA 94553

Program Locations

490 Golf Club Road
Pleasant Hill, CA 94523

801 Ferry Street
Martinez, CA 94553

2980 Railroad Ave.
Pittsburg, CA

720 Las Juntas
Martinez, CA 94553

Telephone: (925) 229-8228

Website: www.ressuccess.org

Email: administration@RESSUCCESS.org

Description: RES SUCCESS provides individuals with developmental disabilities with a safe, supportive and beautiful environment in which to learn and grow. Our locations provide specially designed behavioral modification and community inclusion programs in an exceptional environment. Students in the day programs participate in a variety of enriching experiences, such as attending classes at Diablo Valley College, preparing for meaningful employment, and participating in diverse activities that the Bay Area has to offer.

A clinically proven model of care is used to help students work towards a common goal of independence and self-reliance.

Days/Hours: Office: Monday-Friday, 9:00 a.m. – 5:00 p.m.
Day Program: Monday-Friday, 9:30 a.m. – 3:30 p.m.
Residential: 24 hours daily

Serving: Central Contra Costa County

Agency: Regional Center of the East Bay (RCEB)

Oakland Main Office

7677 Oakport Street, Suite 300
Oakland, Ca 94621
(510) 383-1200

Concord Office

2151 Salvio Street, Suite 365
Concord, CA 94520
(925) 798-3001

Website: www.rceb.org

Description: RCEB is a non-profit corporation through contract with the State Department of Developmental Services. Chief functions include assessment, planning, and coordination of services on the basis of individual need. Provides diagnostic services, case management, referral and advocacy services for children and adults with developmental disabilities as defined by California's Lanterman Act.

Days/Hours: Monday-Friday, 8:30 a.m. - 5:00 p.m.

Serving: Residents of Alameda or Contra Costa Counties of all ages who have a developmental disability (mental retardation, autism, epilepsy, cerebral palsy or other condition requiring similar treatment to mental retardation) or those qualified as at risk of a developmental disability (infants 0-3 years old).

Agency: Resilience School of Health

2213 Buchanan Blvd., #104
Antioch, CA 94509

Telephone: (925) 978-2303

Description: Resilience School of Health specializes in advancing students with severely fragile medical conditions, three to 22 years of age, to their greatest level of independence by providing individualized and comprehensive services in a compassionate and caring manner. Professionals provide special education services; nursing supervision; speech/language, respiratory, physical and massage therapy; adapted physical education; and interpreting and translation service for Spanish speaking families.

Serving: Students with severely fragile medical conditions, three to 22 years of age.

Agency: The Respite Inn

906 Lee Lane
Concord, CA 94518

Telephone: (925) 686-5758

Website: www.therespiteinn.com

Email: TheRespiteInn@att.net

Description: The Respite Inn provides families with needed time away from the constant care of a family member who has a developmental disability, thus strengthening family bonds. The Respite Inn also provides an opportunity for individuals who have a developmental disability to explore life away from home, while fostering and preparing them for the future. Guests stay at The Inn from one to twenty-one days at a time. The peaceful one-acre setting is ideal for the bed and breakfast model in creating a comfortable wellness approach to specialized care.

Days/Hours: Seven days a week/24 hours a day.

Serving: Families in need of out-of-home respite for their son or daughter ages 18-59 with a developmental disability.

**Agency: Richmond Recreation Department
Disabled People's Recreation Center (DPRC)**

1900 Barrett Avenue
Richmond, CA 94804

Telephone: (510) 620-6814

Description: DPRC provides an **Adult Morning Program** and an **After School Program** that offer traditional and non-traditional recreation experiences and activities to people with developmental disabilities throughout the Richmond community. Promotes communication through art, music and sports. Enhances self-awareness through movement exploration and aerobics. Teaches independence through games and crafts. Helps people with disabilities experience many different things in many ways, using a variety of resources.

Days/Hours: Adult Morning Program: Monday-Thursday, 9:15 a.m. - 12:15 p.m.
After School Program: Monday - Friday, 2:30 p.m. - 6:00 p.m.

Serving: Youth and adults with developmental and learning disabilities.

Agency: Rubicon Programs, Inc.

2500 Bissell Avenue
Richmond, CA 94804

Career Center Locations

101 Broadway
Richmond, CA 94804
Telephone: (510) 412-1725
Legal Services: (510) 232-6611

1918 Bonita Ave
Berkeley, CA 94704
Telephone: (510) 549-8820

24100 Amador Street, 3rd Floor
Hayward, CA 94544
Telephone: (510) 670-5700

Telephone: (510) 235-1516
TTY: (800) 735-2929
Website: www.rubiconprograms.org

Description: Provides assistance in finding low-cost housing, vocational training, placement and rehabilitation services to individuals with developmental, emotional, physical, or mental disabilities and other persons with barriers to finding a job and/or housing.

Days/Hours: Monday-Friday: 8:30 a.m. – 5:00 p.m.

Serving: Bay Area

Agency: San Ramon Parks & Community Services

Therapeutic Recreation
12501 Alcosta Blvd.
San Ramon, CA 94583

Telephone: (925) 973-3253
Website: www.ci.san-ramon.ca.us
Email: parks@sanramon.ca.gov

Description: Specialized programs for individuals with disabilities that are designed to promote socialization, independent functioning and recreational skills. Activities include dances and games for young adults, theatre and other outings, and an extended learning program for children.

Days/Hours: Office: Monday – Friday, 9:00 a.m. - 5:00 p.m. Wednesday 9:00a.m-6:00 p.m.
Programs: Days/hours vary depending upon program/event

Serving: Individuals with disabilities.

Agency: Social Vocational Services (SVS)

Antioch Program Office
3684 Delta Fair Boulevard
Antioch, CA 94509
(925) 706-4434

Hayward Program Office
2483 Industrial Parkway
Hayward, CA 94545
(510) 785-2284

Emeryville Program Office
4450A San Pablo Avenue
Emeryville, CA 94608
(510) 594-7756

Newark Program Office
37400 Cedar Blvd., Suite A
Newark, CA 94560
(510) 797-1916

Website: www.svsinc.org

Description: Social Vocational Services (SVS) is a leading provider of services for people with developmental disabilities in California. SVS provides people with developmental disabilities the training and support necessary to live and work in the community. Because of the individual nature of its service, SVS can meet the needs of clients with a broad range of disabilities and service needs.

Days/Hours: Program: Monday-Friday, 9:00 a.m. – 2:30 p.m.

Serving: Contra Costa and Alameda Counties, 18-65 years of age.

Agency: Special Needs Aquatic Program (SNAP)

5830 Sacramento Avenue
Richmond, CA 94804

Telephone: (510) 495-4102 or (510) 527-0446 ext. 3

Website: www.snapkids.org

Email: snapkids@earthlink.net

Description: The Special Needs Aquatic Program is a fun and beneficial program for children with a variety of special abilities and needs. SNAP was founded in 1991 to meet the need for alternative physical therapy and recreational services for children. Programs are tailored to address the physical, cognitive and psychosocial needs of each participant. We stress self-confidence and the joy of movement and fitness in a safe, non-competitive, success oriented atmosphere.

Classes offered for Parents-Tots, School Age Children, Pre-teens and Teens
September through June.

Days/Hours: Call for schedule of classes

Serving: Primarily ages 0-18 years with physical and/or developmental disabilities. Adult clients accepted on a case-by-case basis.

Agency: Special Olympics East Bay Region

3480 Buskirk Avenue, Suite 340
Pleasant Hill, CA 94523

Telephone: (925) 944-8801

Website: <http://www.sonc.org/regions/eastbay/>

Description: Special Olympics provide year-round sports training to children and adults with developmental disabilities. From basketball to golf, Special Olympics give athletes the opportunity to experience competition and form relationships with volunteers and their peers.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m. (Plus competitions on weekends)

Serving: Children and adults with developmental disabilities in Alameda, Contra Costa, and Solano counties.

Agency: Special Skater Program

Oakland Ice Center
519 18th Street
Oakland, CA 94612

Telephone: (510) 268-9000, ext. 103

Website: www.oaklandice.com

Description: A learn-to-skate program developed especially for athletes with special physical/developmental challenges. Emphasizing fun and safety. The Special Skater Program helps to improve balance and coordination that promotes an “I can do it” attitude that carries over into other aspects of the participant’s life. With the assistance of volunteer “buddies,” skaters develop skills, make new friends and experience a newfound freedom and sense of accomplishment. Volunteers are an integral part in the success of this program.

Days/Hours: Fridays, 5:00 p.m. – 5:45 p.m.

Serving: Individuals with developmental/physical disabilities.

Agency: Spectrum Center Schools and Programs

16360 San Pablo Avenue
San Pablo, CA 94806

Telephone: (510) 741-5440

Website: www.spectrumschools.com

Camden Campus
6325 Camden Street
Oakland, CA 94605
(510) 729-6384

Tara Hills Campus
16360 San Pablo Avenue
San Pablo, CA 94806
(510) 724-4494

Delta Campus
135 East Leland
Pittsburg, CA 94565
Telephone: (925) 439-6929

Valley Campus
1026 Oak Grove Road,
Concord, CA 94518
Telephone: (925) 685-9703

Description: Spectrum Center Schools has been a leader in providing special education services to the San Francisco Bay Area since 1975. The program was founded as an alternative for students whose disabilities prevented them from attending public school.

Spectrum has designed specific educational plans to help every child, regardless of diagnosis or disability, reach his or her IEP goals. And we provide the skills, resources and expertise to support them in their journey.

Spectrum offers tested and proven programs to help students with these common learning disabilities achieve their highest potential:

- Autism-spectrum disorders
- Developmental delays (DD)
- Emotional disturbances (ED)

We've developed a menu of services that can be customized to help students achieve their IEP goals including: academic service, vocational services, life skills training and other services to help students reach their IEP goals, including: adaptive PE, orientation and mobility, occupational therapy, one-to-one staffing, speech therapy, transition services, vision services and transportation.

Spectrum offers a full range of educational services for students with severe emotional and behavioral challenges.

Days/Hours: Monday – Friday, 8:00 a.m. – 5:00 p.m.

Serving: At risk/challenged students, age 3-22.

Agency: Spina Bifida Association of America

4590 MacArthur Blvd., NW, Suite 250
Washington, DC 2007-4226
Telephone: (800) 621-3141
Website: www.sbaa.org

Spina Bifida of Greater San Diego Chapter
P.O. Box 232272
San Diego, CA 92193-2272
Telephone: (619) 491-9018
Website: <http://www.spinabifidasandiego.org>

Description: The Spina Bifida Association of America promotes the prevention of spina bifida.

Agency: State Council on Developmental Disabilities

1507 21st Street, Suite 210
Sacramento, CA 95811

Telephone: (916) 322-8481

Toll Free: (866) 802-0514

Website: www.scdd.ca.gov

Email: council@scdd.ca.gov

Description: The State Council on Developmental Disabilities is established under both federal and state law and has the responsibility to evaluate, plan and coordinate resources and service systems to protect and enhance the legal, civil and services rights of people with developmental disabilities. The council funds innovative and creative community-based services, special demonstration projects and training that will meet unmet needs or help to change the system in the direction of increased independence, productivity, integration and inclusion of people with developmental disabilities. The Council funds the Area Boards on Developmental Disabilities, which provide advocacy, do planning and needs assessment and assist in carrying out the Council's objectives and mandates at the local level. The Council works closely with those agencies that have primary responsibility for providing direct developmental services.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: People with developmental disabilities and their families. All ages.

Agency: Steps for Independence

15500 E. 14th Street
San Leandro, CA 94578

Telephone: (510) 278-8236

Email: StepsforIndependence@msn.com

Description: Offers training, instructions and support in the areas of meal preparation, money management, housekeeping, shopping, use of appliances, safety, interpersonal relationships (that include sexual orientation, if requested), communication, transportation, personal care, recreation, apartment rental, and basic computer skills. Spanish and American Sign Language available.

Days/Hours: Administrative Office: 10:00 a.m. – 6:00 p.m.

Program: 8:00 a.m. – 10:00 p.m.

Serving: Clients of Regional Center of the East Bay, 18 to 65 years of age, residing in Alameda and Contra Costa Counties.

Agency: TASH (The Association for Persons with Severe Handicaps)

1025 Vermont Avenue, NW Suite 300

Washington, DC 20005

Telephone: (202) 540-9020

Website: www.tash.org

Email: Operations@TASH.org

CHAPTER CONTACT

CalTASH

2001 Center Street, Suite 500

Berkeley, CA 94704

Telephone: (510) 981-8115

Website: <http://www.tash.org/chapters/caltash/index.htm>

Email: caltash.president@gmail.com

Description: The CalTASH organization supports practices that promote our resolution that all people, regardless of their label of disability, should have the support they need to direct the course of their own lives, and to live and participate successfully in inclusive schools and communities. CalTASH accomplishes this through; Creating opportunities for collaboration among families, self-advocates, professionals, policymakers and other advocates; Advocating for equity, opportunities, social justice, and rights; Disseminating knowledge and information; Supporting excellence in research that translates to excellence in practice; Promoting individualized, quality supports; Working toward the elimination of institutions, other congregate living settings, segregated schools/classrooms, sheltered work environments, and other segregated services and toward replacing these with quality, individualized, inclusive supports; Supporting legislation, litigation and public policy consistent with CalTASH's mission; and Promoting communities in which no one is segregated and everyone belongs.

Serving: Children and adults with developmental disabilities and their families.

Agency: Theatre Unlimited

Janet Pomeroy Center

207 Skyline Blvd.

San Francisco, CA 94132

Telephone: (415) 665-4100

Website: www.janetpomeroy.org

Description: From the Janet Pomeroy Center's inception, music, drama and dance have been included as important program components. The Music and Drama Department was established in 1969 and the overall approach has been grounded in developmental theater and structured improvisation. Today under the umbrella of Theatre Unlimited, programs encompass process-oriented classes, workshops, and rehearsals enabling individuals of all abilities to experience the joys of creating, viewing and presenting

the arts.

Drama and dance classes are offered to participants of all ages. Some classes are open to the community as part of City College of San Francisco's Disabled Students Program. Volunteers, local and international interns, and guest artists join Theatre Unlimited classes, bringing their love for the arts, their performance expertise, and their technical talents to our program.

Days/Hours: Call for current information.

Serving: Call for more information.

Agency: Through the Looking Glass

2198 6th Street, Suite 100
Berkeley, CA 94710

Telephone: (510) 848-1112

Toll Free: (800) 644-2666

TTY: (510) 848-1005

Website: lookingglass.org

Email: TLG@lookingglass.org

Description: Provides a variety of home-based services during pregnancy and parenting for people with developmental and other disabilities and their babies/children. Support group and in-home services for parents with other disabilities including adaptive baby-care equipment. In-home infant mental health and developmental services and family support groups for parents and their babies/young children with medical or disability issues. Play therapy for children with disabilities and children of parents with disabilities. Parenting evaluations for child protective services-involved parents with disabilities. Staffing primarily by professionals with personal disability experience. Has national research and training center on families of adults with disabilities, with national clearinghouse for parents with disabilities newsletter, etc.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: Primarily Alameda and Contra Costa Counties.

Agency: Toolworks Inc.

25 Kearney Street, Suite 400
San Francisco, CA 94108

Telephone: (415) 733-0990

Video Phone Lines: (415) 733-0993

TTY: (415) 733-0992

(415) 733-0994

(415) 733-0995

Website: www.toolworks.org

Email: info@toolworks.org

Description: Toolworks, in partnership with people with disabilities, is a human service agency dedicated to providing the tools and resources that promote independence, equality, and personal satisfaction. Toolworks has many different programs and services, many of which are designed to meet the unique educational, vocational and support needs of adults with disabilities including [Community Support](#), [Community Integration](#), [Job Placement](#), [Day Program](#), [Deaf Services](#), [Training & Employment](#).

We employ a diverse group of people who can communicate in American Sign Language (ASL), Cantonese, Mandarin, Spanish, and more with additional offices in Oakland and Walnut Creek.

Days/Hours: Office hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Adults with disabilities 18 years of age and older. Specializing in services for individuals who are deaf.

Agency: **TouchStone**
Counseling Services, Inc.
140 Mayhew Way, Suite 606
Pleasant Hill, CA 94523

Telephone: (925) 746-2672
Website: touchstonecounseling.com

Description: Our highly experienced marriage and family therapists evaluate and treat mental and emotional disorders, mental health problems, and behavioral issues. In addition, we address a wide array of relationship concerns within the context of the family system.

Serving: Children, adults and families.

Agency: **Transition Point**

Telephone: (925) 253-1223
Website: www.transitionpoint.org
Email: transitionpoint@transitionpoint.org

Description: Services include individual or group workshops that combine Brain Gym and extensive resiliency coaching in order to improve goal setting and achievement, physical strength, decision making, relationships, memory, and promoting appropriate behavior.

Days/Hours: Sessions are tailored to individual preferences and may take place in the coach's office, over the phone, and/or in a special setting.

Serving: San Francisco/Bay Area

Agency: UCP of the Golden Gate (United Cerebral Palsy)

1970 Broadway, Suite 115
Oakland, CA 94612

Telephone: (510) 832-7430 or (925) 939-8000 or (415) 627-6939

Website: www.ucpgg.org

Email: info@ucpgg.org

Description: Services include information and referral, public education, advocacy, peer counseling, communication panel for people who are non-oral, Women's Health Project, yoga, acupuncture, Aging Project, and KinderGym.

Days/Hours: Monday - Thursday, 8:30 a.m. – 4:15 p.m.

Serving: People with cerebral palsy and other disabilities, and their families.

Agency: United States Department of Education

400 Maryland Avenue, SW
Washington, DC 20202-0498

Telephone: (1-800) 872-5327

Website: www.2.ed.gov/about/contacts/gen/index.html

Agency: United States Department of Health and Human Services Region 9

Office of Human Developmental Services
Administration for Developmental Disabilities
90 Seventh Street
Federal Building, suite 5-100
San Francisco, CA 94103

Telephone: (415) 437-8500

Website: www.hhs.gov

Description: Oversees implementation of federal grants in the field of developmental disabilities, including protection and advocacy and basic developmental disabilities services.

Days/Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m.

Agency: United States Social Security Administration

Berkeley Office Telephone: (800) 772-1213 or (510) 486-3122
2045 Allston Way TTY: (800) 325-0778
Berkeley, CA 94704

Antioch Office Telephone: (800) 772-1213 or (925) 522-0014
2615 Crow Court TTY: (800) 522-0079
Antioch, CA 94509

Richmond Office Telephone: (800) 772-1213 or (510) 758-0122
3164 Garrity Way TTY: (800) 325-0078
Richmond, CA 94806

Walnut Creek Office Telephone: (800) 772-1213 or (925) 938-5439
1111 Civic Drive Suite 180 TTY: (800) 325-0778
Walnut Creek, CA 94596

Telephone: (800) 772-1213 - All locations

Description: Administers Social Security Programs which pay benefits to persons with disabilities:

- Social Security Disability Insurance (SSD) benefits are paid to disabled worker or his/her family when the worker becomes so disabled that s/he is unable to work. The disabled worker must have worked in employment covered by Social Security.
- Supplemental Security Income (SSI) makes monthly payments to aged, disabled and blind people who have limited income and financial resources. This benefit is not just for adults. Children who are blind or disabled are also eligible depending on family income.
- Social Security for Children: Benefits are paid to the child of a deceased, disabled or retired worker if the child is under 18 or between 18 - 19 and attending high school. Benefits are payable to a disabled child of a disabled retired or deceased worker at any age if the child's disability began before age 22.

The Social Security office is the general information source for Medicare benefits.

Days/Hours: Monday-Friday, 9:00 a.m. - 4:30 p.m.

Serving: Bay Area residents 65 years of age or older or disabled.

Agency: University of California School of Optometry

Special Visual Assessment Clinic for the Handicapped
200 Minor Hall
Berkeley, CA 94720-2020

Telephone: (510) 642-5726 or (510) 642-5761

Description: The School of Optometry Special Visual Assessment Clinic provides a comprehensive vision assessment performed by a multidisciplinary team -A pediatric optometrist, an educational specialist for people who are visually impaired, and an electro diagnostic specialist are included. A report plus recommendations is provided to caregiver.

Days/Hours: Monday-Friday, 8:30 a.m. – 4:30 p.m.

Serving: Bay Area

Agency: **Walnut Creek Specialized Recreation Program**

1666 North Main Street
Walnut Creek, CA 94596

Telephone: (925) 256-3531 or (925) 943-5858

Website: www.walnutcreekrec.org/jobs-specialized.htm

Description: Specialized recreation provides social, leisure and recreational opportunities to children and adults with developmental disabilities. Programs are generally scheduled two Saturdays a month. The program also offers a monthly dance, and a Dinner Club. A variety of classes are also offered on a weekly basis.

Day Camp for pre-school, elementary, teens and young adults is offered during the summer months.

Days/Hours: Call for schedule of events.

Serving: Walnut Creek and surrounding area.

Agency: We Care
Services for Children
2191 Kirker Pass Road
Concord, CA 94521

Telephone: (925) 671-0777
Website: www.wecarebmcc.org

Description: We Care Services for Children is a private, nonprofit agency devoted to serving children from birth to age six and their families in Contra Costa County. Our approach emphasized the development of the “whole child” by providing a variety of programs in Contra Costa County for special needs and typically developing children.

We believe that early intervention and child development services are critical to ensure that young children are equipped with the skills they will need to start school and be ready to learn.

Preventive early childhood services can improve children’s outcomes and by investing now, the need for higher priced care as the child grows will be reduced.

Therapeutic intervention and early childhood education is provided to children in a warm and caring environment while meeting each child’s individual needs. Our low child to staff ratio allows individual attention to be given to the children. Having an integrated program of special needs and typically developing children allow the children to learn from one another and promote tolerance of differences.

Days/Hours: Monday-Friday, 8:00 a.m. – 5:00 p.m.

Serving: Children birth to six with special developmental, behavioral and/or mental health needs, including children who have been neglected or abused and their parents.

Agency: West Coast Children’s Center
545 Ashbury Ave.
El Cerrito, CA 94530

Telephone: (510) 527-7249

Description: West Coast Children’s Center is a private non-profit licensed community psychology clinic serving children, adolescents and families throughout the East Bay. They offer the following services:

- Individual Therapy
- Family Therapy
- Group Therapy
- Parent Guidance
- Psychological Testing
- Consultation

Serving: Children, adolescents and families.

Agency: West Contra Costa Unified School District SELPA

2465 Dolan Way
San Pablo, CA 94806

Telephone: (510) 741-2800

Description: SELPA is responsible for assuring program availability for all students with disabilities in the school-age population; to see that programs and services provide any needed services for any student with an exceptional need, and to assist in intra-SELPA and inter-SELPA placements, provide technical assistance and administrative support for the many requirements of the new laws. SELPA personnel include the Program Specialists who are designated to assist in placement decisions, curriculum development and staff in-service. They act as a resource to both parents and staff in IEP and IFSP Team meetings and assist in the identification of the most appropriate placement for each student. They facilitate the placement process and assist the student, parents and staff with any problems related to adjustment.

Days/Hours: Monday-Friday, 8:00 a.m. – 4:30 p.m.

Serving: West Contra Costa County Unified School District students and their families.

Agency: Wildhorse!

215 Skelly Street
Hercules, CA 94547

Telephone: (510) 860-8188

Website: penomee@yahoo.com

Description: Wildhorse! Provides instruction in horseback riding and modern dance for children and adults at all levels of mobility.

Serving: Contra Costa County

Agency: World Institute on Disability (WID)

510 16th Street
Oakland, CA 94612-1500

Telephone: (510) 763-4100

Website: www.wid.org

Description: The World Institute on Disability is a non-profit public policy center dedicated to the promotion of independence and full inclusion in society of people with disabilities. WID conducts research and provides public education on a wide range of issues that impact people with disabilities.

Days/Hours: Monday-Friday, 9:00 a.m. – 5:00 p.m.

Serving: WID is not a service organization.

Agency: Xenophon Therapeutic Riding Center

60 Don Gabriel Way
Orinda, CA 94563

Telephone: (925) 377-0071

E-Mail: info@xenophontrc.org

Website: www.xenophontrc.org/blog

Description: Xenophon Therapeutic Riding Center is located in a beautiful rural setting in Orinda. We offer life-changing experiences for children with a wide range of disabilities. This is achieved by focusing on ones abilities. With a horse as a guide, there is no limit to what can be achieved.

Serving: Disabled children, 4 – 17 years of age, in Contra Costa and Alameda Counties.
