

# READY. SET. FLY.

Walnut Creek location celebrates Contra Costa County EMS personnel

**FREE CLASSES – EMS WEEK \* MAY 21-27**



Choose between 45-, 60- and 90-minute classes, all set to heart-pounding playlists

that motivate and energize. And because **community is at our core**, our FLYfam will motivate you to perform your very best. No matter the class, you're always guaranteed an action-packed experience.



## How to book your class

STEP 1: Create your profile at [Flywheelsports.com](https://flywheelsports.com)

STEP 2: Email your user and requested class to <https://goo.gl/forms/hchdVaa3pan68yny2>

**JOIN US SATURDAY MAY 27<sup>TH</sup> FROM 10:30-12:30 FOR THE “CONTRA COSTA EMS APPRECIATION “ RIDE**

Free drinks, snacks and RAFFLE! Sign up today!