

PUBLIC HEALTH INFORMATION ■
1-800-479-9664

RAPE CRISIS HOTLINE
1-800-670-7273 (24-Hour Service)

STAND for Families Free of
Violence ■
Shelters & 24-Hour Hotline
1-888-215-5555
925-827-0212

VETERANS SERVICES
925-372-2000

YOUTH TREVOR (Gay, Lesbian,
Bisexual, Transgender)
1-866-488-7386 (24-Hour
Service)

YOUTH CRISIS LINE
1-800-843-5200 (24-Hour
Service)

NEW LEAF CENTER
925-284-5200
YOUTH PROGRAM

NATIONAL CENTER FOR MISSING EXPLOITED CHILDREN
1-800-843-5678 (24-Hour Service in English and
Español)

RAINBOW COMMUNITY CENTER
925-692-0090

12 STEP MEETINGS

A.A. = ALCOHOLICS ANONYMOUS ■
925-939-4155 – Hotline/Central Office
510-839-8900 Oakland Central Office
www.ContraCostaAA.org

N.A. = NARCOTICS ANONYMOUS ■
925-685-4357 - 24/7 Hotline
Español oprima 89
Region: www.Norcal.NA.org
Area: www.contracostaNA.org

MARIJUANA ANONYMOUS
510-957-8390
www.MAdistrict2.org

CRYSTAL METH ANONYMOUS
855-638-4373 (Hotline): www.NorcalCMA.org



CA = COCAINE ANONYMOUS
510-268-0600 www.NorcalCA.org

SAA — Sex Addicts Anonymous
415-456-1063
www.bayareaSAA.org

FOOD ADDICTS ANONYMOUS
1-800-600-6028

HELP FOR FAMILIES, ADULTS & YOUTH
AL-ANON & AL-ATEEN (for Families of Alcoholics)
East/Central County
925-932-6770
West County
510-526-4379
www.NCWSA.org

NAR-ANON (for families of addicts)
510-496-2708
www.NarAnonCalifornia.org

ADULT CHILDREN of ALCOHOLICS
www.adultchildren.org/
For more info: meetinginfo@adultchildren.org

CO-DEPENDENTS ANONYMOUS
www.sfbaycoda.net
1-888-444-2359 (World Office)

RECOVERING COUPLES ANONYMOUS
1-877-663-2317
www.recovering-couples.org/

SURVIVORS of INCEST
www.siaawso.org

OTHER SUPPORT GROUPS

LIFE RING SECULAR RECOVERY
1-800-811-4142 (OFFICE)
www.LifeRing.org
www.LifeRingSF.org

Remember . . .

For Alcohol and Other Drug Abuse
Information, Services, or Resources

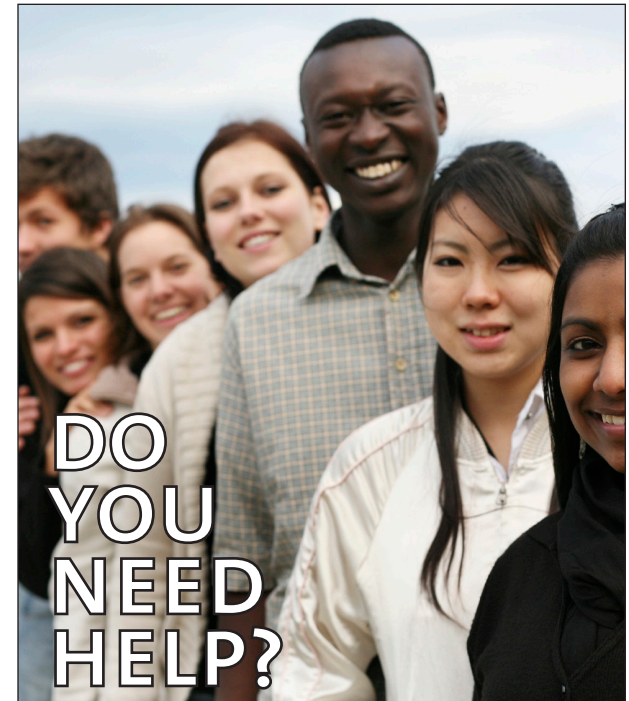
1-800-846-1652
(Contra Costa Residents Only)
925-335-3310 (Other Counties)
Monday—Friday
(All calls are confidential)
8 a.m. – 5 p.m.

HABLAMOS ESPAÑOL



Is your life or the life of someone you love
affected by the use of alcohol or other drugs?
This “Care Card” resource guide has
information that *CAN HELP YOU!*

Behavioral Health Division Alcohol and Other Drug Services Access to Prevention, Treatment & Recovery Services for Adults, Youth and their Families



A Partnership for an Alcohol & Drug Free
Contra Costa County

TOLL-FREE 1-800-846-1652



OUTPATIENT TREATMENT YOUTH & ADULT

A Chance For Freedom Central *■
925-685-7418 (Concord)

A Chance For Freedom East ■
925-451-3906 (Pittsburg)

REACH Project
925-754-3673 (Antioch) *■
925-809-7920 (Brentwood) *■
925-679-2504 (Oakley) *

GATEWAY AOD Services—BACR
510-235-2887 (San Pablo/Richmond)

Community Health for Asian Americans (Youth Only)
510-233-7555 (Richmond) *■▲

POWER PROGRAM—(HOMELESS)
510-232-7571 (Richmond)
925-685-7613 (Concord)
925-778-3750 (Antioch)

OUTPATIENT TREATMENT—WOMEN (Perinatal—Pregnant & Parenting)

Ujima Family Recovery Services
925-427-9100 (Pittsburg)
510-215-2280 (Richmond)
925-691-5083 (Concord)

ALCOHOL AND DRUG ABUSE NON-MEDICAL DETOXIFICATION

East County Wollam (Women)
925-427-1384 (Pittsburg)

F. Ozanam Detox (Women)
925-676-4840 (Concord)

Pueblos del Sol ■
(Male)
925-676-2580 (Concord)

MEDICATION ASSISTED TREATMENT

BAART — Methadone Programs
925-522-0124 (Antioch) ■▲
510-232-0874 (Richmond) ■▲

RESIDENTIAL TREATMENT—MEN

Cole House
925-978-2873 (Antioch)

Diablo Valley Ranch
925-672-5700 x12 (Clayton)

Discovery House
925-646-9270 (Martinez)

Pueblos del Sol ■
925-676-2580 (Concord)

Sunrise House
925-229-2318 (Martinez)

RESIDENTIAL TREATMENT—WOMEN

E. Co. Women's Services / Wollam House
[& Child] 925-427-1384 (Pittsburg)

Frederic Ozanam Center
925-676-4840 (Concord)

La Casa Ujima (& Child)
925-229-0230 (Martinez)

Ujima Rectory (& Children)
510-236-3134 (San Pablo)



People seeking Behavioral Health information, services and resources may call:

MENTAL HEALTH ACCESS
1-888-678-7277 (24-Hour services) ■▲

SUICIDE/CRISIS HOTLINE
1-800-833-2900 (24-Hour services) ■▲

ALCOHOL & OTHER DRUGS ACCESS
1-800-846-1652 (M-F 8 a.m.–4:30 p.m.) ■

HOMELESS HOTLINE
1-800-799-6599 (M-F; 8 a.m.–4 p.m.) ■

RESIDENTIAL TREATMENT—YOUTH

Thunder Road
510-653-5040 (Oakland)

R House
707-539-2792 (Santa Rosa)

DRUG COURT (County wide)
925-335-3336 ■

DRIVING UNDER THE INFLUENCE (DUI) AND PC 1000
925-335-3334 ■

PREVENTION SERVICES

Community Health for Asian Americans
510-233-7555 (Richmond) ■▲

Native American Health Center
510-232-7020 (Richmond)

Bay Area Community Resources Gateway Project
510-559-3012 (Richmond)

Center for Human Development
925-753-1004 (Antioch)
925-687-8844 (Pleasant Hill) ■

Discovery Counseling Center of
San Ramon Valley Inc.
925-837-0505 (Danville)

REACH Project
925-754-3673 (Antioch) ■
925-809-7920 (Brentwood) ■

Prenatal Support Program
925-335-3315 (Pittsburg & Martinez)

Community Partnership
Prevention Services
925-335-3313 (Countywide)

OTHER RESOURCES

HIV/AIDS/TB Testing & Services ■
925-313-6770 Español oprima 2

LEGAL AID Español (800) 551-5554 ■
510-250-5270 or (925) 219-3325 ▲

MENTAL HEALTH CRISIS SERVICES ■▲
925-646-2800 (24-Hour Service)

*Youth Services Available

■ Habla Español/Spanish Speaking staff available
▲ South East Asian language